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In this issue

Page 2: President's Message
Pages 4-7: 2017 Conference
Pages 9-10: AAWD's Heritage
Pages 11-12: Member News
Pages 13-14: Tales from the Dentist's Chair
Pages 16-19: Student News
Pages 20-21: Colgate Award Recipients
Page 23: Announcements
Page 24-25: AAWD's New Members
Page 26: Corporate Partners
Page 27: Calendar of Events
Page 28: Important Reminders

Dr. Maxine Feinberg Receives Distinguished Award



The American Association of Women Dentists is pleased to announce Dr. Maxine Feinberg as the recipient of this year's Lucy Hobbs Taylor Award.

"As a woman in dentistry, being recognized by other women in my field is extremely rewarding."

Read full story on page 11.

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AAWD
American Association of Women Dentists

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President's Message

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Karyl Patten, DDS, MPH, JM
2017 AAWD President

As we wind down 2017, let us pause and be thankful for the progress we have made as women in dentistry and women committed to oral health.

This year as I traveled across America representing female dentists, several themes recurred: work-life balance, income disparities, and women in leadership.

Work-Life Balance

Women continue to struggle—balancing a healthy family life with a successful dental practice. I am often stopped and asked, "How do you balance raising a family and practicing dentistry and holding it all together?" The short answer is, "Carefully, and with a great deal of support."

Juggling multiple schedules has been a fact of life for working women for some time. With the support of female dentists in AAWD, I have found answers and solutions to the many common issues women share while practicing dentistry. Homework, many times, was done in my

waiting room. Cooking dinner was performed *with* my children instead of *for* my children. CE trips doubled as family vacations. In short, I, and many other women dentists, and working women in general, have learned to integrate their families into their work world. AAWD continues to design learning venues that address many of these issues.

Income Disparities

Women now represent nearly 50 percent of the dental school classes. Upon completion, it is important to have the ability to negotiate sound partnership agreements. I have been awestruck at the level of negotiation skills many of our dental students have acquired. One student shared with me her success in garnering a compensation package that would help her pay her student loans, increase her skill set and put her into an employment trajectory that will lead her to ownership. She felt empowered to seek a higher-level package based on the increased levels of representation of women in dentistry. She queried her counterparts on their starting salaries to obtain a range of reasonable asking salary and benefits. With their increased representation, women dentists are no longer willing to accept second-class status when it comes to pay.

AAWD addresses income disparities by offering seminars in practice management, debt management and employment negotiations. This year our annual meeting sessions gave participants practical advice in practice management and wage negotiations.

Women in Leadership

As women continue to seek leadership opportunities, AAWD continues to support women, connecting female dentists through mentorship. Female dentists have led the charge to improve oral health in our communities, practices, institutions and organizations.

AAWD offers scholarships for women advancing the dental profession. This year we presented more than 10 awards designed to recognize women in leadership roles and promote women who are impacting the healthcare industry on the local, regional, national and international levels.

Building up and out has shaped us in 2017 making us stronger and ready for 2018. As we pause and reflect on our collective goal of supporting women in dentistry, from dental school to retirement, let us be thankful for the strides we have made, but let us not rest, for with vision comes opportunity.

Charge!

Karyl C. Patten, DDS, MPH, JM
2017 AAWD President

Want to contribute to the Chronicle?

"Tales from the Dentist's Chair" is your chance to share unique case stories of challenges and triumphs in your career and practice.

To be considered for the first issue of 2018, please submit your story or essay of 500 words maximum to chronicle@awd.org by January 2, 2018.

Please include a high-resolution color headshot and other photos, if applicable.

It's not just about fixing
one smile . . .

. . . it's about changing lives.



Smiles for Success

The Smiles for Success program offers cost-free dental care for women graduates of accredited job readiness and placement programs, thus helping those who are helping themselves. The dental care offered is meant to be a short-term solution for those who need treatment as they move from public assistance to the working world. A beautiful smile is truly an asset when interviewing for a job. Many women are self-conscious and embarrassed as they attempt to hide decayed, missing and damaged teeth on job interviews.

Smiles for Success provides an opportunity for the dental community to effectively assist women in reaching their goal to obtain employment by giving them a competitive edge in the job market by enhancing their appearance and self-esteem.

Volunteer dentists around the country participate by helping to restore oral health and a confident smile.

For more information, visit www.smilesforsuccess.org.

Questions? Call the Smiles for Success office at 800-920-2293.

Contribute to the success of a woman! Sign up as a volunteer today! Call us at 800-920-2293, fax us at 850-484-8762, or email us at info@smilesforsuccess.org.

2017 AAWD Conference



AAWD Board members enjoy the 2017 conference at Amelia Island, Florida. Pictured (from left) are Dr. Daphne Ferguson Young, Dr. Jodie Wing Lee, Student Representative Deeva Bhatt, Dr. Elizabeth Diaz Ramos, Dr. Kay Beavers, Dr. Puja Sangoi, Dr. Mary Martin, Dr. Karyl Patten, Dr. Tamara Berg, Dr. Margaret Scarlett, Dr. April Hearn, Dr. Mary Licking, Student Representative Katherine Sage, and Dr. Brittany Bergeron.

Thank you to all the AAWD Conference Speakers!



Casey Hiers, BS



Cornelia Outten, MHA



Kimberly K. Bray, RDH, MS



Eric J. Morin, MBA



AAWD members focus closely on one of many presentations, including a session by Janet Hatcher Rice, DDS, FAGD (AAWD Past President, 1997).

2017 AAWD Conference

AAWD Members enjoy networking and socializing during the Awards Dinner at the 2017 conference held in September at the Omni Amelia Island Plantation Resort in Florida. Thank you to Boston Photography for taking all of these amazing photographs.



AAWD conference attendees enjoy the Awards Dinner with Smiles for Success board member Dr. Trucia Drummond and other AAWD board members.

Thank you to all of our chapter representatives and students who attended the Awards Dinner!



2017 AAWD Conference Impressions

Member Reflects on Conference: “A Breath of Fresh Air”

Written by Judith M. Fisch



Pictured (from left) are Drs. Lindsey Robinson, Judith Fisch, Maxine Feinberg and Irene Marron-Tarrazzi at the 96th AAWD Annual Conference at Amelia Island.

As a longtime member of both AAWD and ADA, my life became busier in organized dentistry through the traditional chain of command. I became an officer in my constituent dental society and then my state dental society, becoming the first woman president of the Vermont State Dental Society in 2006.

But why did I go down this path, and what does it have to do with Amelia Island? Well, in a small state such as Vermont, a chapter for AAWD did not exist. I wanted to be involved in my profession, and the only option was the traditional pathway. I encountered very few women leaders along the way but persisted nonetheless. I kept my AAWD membership, read the monthly newsletter and wished for an easier way to connect with other women dentists. My path took me from Vermont to the chair of our ADA First District Caucus, to eventually becoming the ADA First District Trustee. With each step ahead, I encountered fewer women dentists in leadership positions. As a private practitioner, who has practiced with her husband since graduation, I reminded myself that “it can be lonely at the top” . . . whether the top is one’s own dental practice or one’s ascension in organized dentistry.

And then, something happened. Together with two other women on the ADA Board of Trustees, we made a decision to attend the 2017 AAWD annual meeting in Amelia Island to support and congratulate the Lucy Hobbs Taylor Award winner, Dr. Maxine Feinberg, past ADA president. Believe it or not, it was the first time, in all these years, that any of the three of us had attended an AAWD meeting. And guess what? It was a fabulous experience—a warm, welcoming and comfortable gathering for three newbies! It was empowering to meet so many other female leaders in dentistry and in the dental industry, as well as more than 30 female dental students. The enthusiasm and energy of these students was contagious and heartwarming.

While I enjoy my leadership in the ADA, I continue to push for women leaders at all levels and stress the importance and acceptance of the changing landscape of the next generation of dentists. I do not define myself as a woman dentist, but rather as a dentist who understands the need for companionship and camaraderie with others who have a similar path in life and in our profession. How wonderful to let the next generation know your tips on childrearing while practicing full time! Or managing the challenges of pregnancy and practicing full time, up until the ninth month! We need each other, and there is nothing wrong with that. We need to embrace it, support one another and stand strong on our own two feet, recognizing the differences we face as dentists who happen to be women!

The 2017 AAWD meeting at Amelia Island was a breath of fresh air and a wonderful time of friendship, camaraderie and rejuvenation!



Judith M. Fisch, DDS, is a 1984 graduate of Georgetown University School of Dentistry. In 1989, after five years active duty in US Navy, she began practicing general dentistry with her husband, David Heaton, in Rutland, Vermont, where they have raised their four children. Dr. Fisch is currently the American Dental Association First District Trustee.

Every Day is Ladies' Day at AAWD!



Dr. Rosalia Rey and Dr. Susan Nimmo are enjoying the 2017 AAWD Conference with representatives from the University of Florida's College of Dentistry, where the Student Chapter is about 80 members strong! Go, Gator Dental Gals! Chomp!



Above are AAWD board members Dr. Puja Sangoi (left) and Dr. Brittany Bergeron.



Meharry Medical College School of Dental Medicine students (from left) Solange Johnson and Kalimah Anderson with faculty member and AAWD board member Dr. Daphne Ferguson-Young at the 2017 AAWD Conference.



Pictured above are AAWD Past Presidents (from left) Drs. Jennifer Cornell, Anne Kossowan, Mary Martin, Mary Beth Aichelmann-Reidy and Margaret Scarlett.



Pictured at the 2017 AAWD Conference are (from left) Student Representative Deeva Bhatt, Dr. Jodie Wing Lee and Student Representative Katherine Sage .



Several students enjoy the AAWD Awards Dinner at the 2017 Conference.

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AAWD's Exquisite Heritage

Empowering Women Researchers and Entrepreneurs: The Legacy of the Gillette Hayden Memorial Foundation Research Award

Written by Mojdeh Dehghan



Pictured are Clinical Staff at the Transformation Center (Rehabilitation and Treatment Center for Patients with Eating Disorders) (from top left) Dr. Emily Cheek, Dr. Allyn Johnson, Dr. Angela Frantz, Dr. Janet Harrison, Dr. Mojdeh Dehghan, (from bottom left) Dr. Yanhui Zhang, Dr. Daranee Versluis, D4 student Shelly Gareiss, D4 student Holly Douglas and Mrs. Colette Stewart.

The Gillette Hayden Memorial Foundation (GHMF) Research Award is the official Charitable Trust of the AAWD and is awarded each year to support ongoing dental research that is designed to support innovative scientific discoveries that will advance women's oral health research and encourage the study of gender differences in oral health care delivery and its practice. I was honored to receive the Procter & Gamble/Gillette Hayden Memorial Foundation Research Award in 2014 to support me and my research team to launch a pilot clinical study to test a novel mouthwash designed for patients with high intrinsic acidic exposure (eating disorders, acid reflux, chemotherapy treatment, etc.) to enamel.

As a practicing dentist for many years, I had treated patients with eating disorders, acid reflux and other systemic diseases suffering from advanced erosion and, in some cases, required full mouth rehabilitation to restore their teeth to optimal form and function. According to the National Eating Disorder Association, over 30 million Americans, 20 million of whom are female, suffer from eating disorders (ED) sometime during their life time¹. Unfortunately, due to the secrecy and negative stigma associated with this disorder, most patients with ED are reluctant to disclose their condition to their dentists and dental hygienists, and as a result, many of them do not get the help they need from their dental professionals².

After joining the University of Tennessee College of Dentistry, I was able to establish a collaboration with faculty in the Biomaterials Department and start a series of research on the effectiveness of different treatment modalities on re-hardening of teeth after exposure to intrinsic acids. As a result of this research, Dr. Daranee Versluis and I were able to develop a mouthwash that we believed would minimize the rate of erosive wear in patients with recurrent acidic episodes. The University of Tennessee Research Foundation helped us submit a preliminary patent application for this technology. Our next step was to conduct a clinical pilot study to test the effectiveness of this mouthwash in patients with eating disorders. We had established a collaborative body of practicing female dentists, bioscience researchers, and clinical psychologists to conduct this clinical study but our biggest hurdle was securing a grant to proceed.

Receiving the AAWD GHMF Research Award was instrumental in helping us proceed with our project. We had received several small research grants from our institutions but the AAWD research grant was a crucial break through for my research and my career, bringing national recognition to our work. We developed a partnership with a local "Eating Disorder Rehabilitation Center," that graciously allowed us in their facility, which consisted of mainly female patients. We were able to utilize and train our AAWD students to help us conduct our clinical research on site and collect data on the behavioral patterns and the oral characteristics of these patients. Younger patients at this facility were very receptive to our AAWD students, as they could relate to their age and were more likely to accept home care instructions from them.

Results of this clinical study was published in the *Journal of Investigative and Clinical Dentistry* (Dehghan M, Tantbirojn D, Kymer-Davis E, Stewart CW, Zhang YH, Versluis A, García-Godoy F. Neutralizing saliva pH by mouthwashes after an acidic challenge and *Journal of Cosmetic Dentistry* (Fitzhugh AC, Dehghan M, Tantbirojn D, Simon, Effectiveness of a Neutralizing Mouthwash in rehardening Softened Enamel. *Journal Cosmetic Dentistry* 2014;30(3) Fall:72-79, 2014).

AAWD's Heritage (continued)



Above is Dr. Dehghan's Research Team at the University of Tennessee's College of Dentistry. Pictured (from left) are Dr. Anthony Versluis, Dr. Janet Harrison, D4 student Holly Douglas, Dr. Daltrai Lim, Dr. Angela Frantz, Dr. Emily Cheek, Mrs. Colette Stewart, Dr. Franklin Godoy, (bottom) Dr. Adiha Saleem, Dr. Mojdeh Dehghan, Dr. Daranee Versluis, Dr. Yanhui Zhang, and Jan Alderman, Henry Schein sales manager.

We were also able to receive a patent approval for our mouthwash from the U.S. Patent Office, *Patent No US 9,744,108 B2*, on August 29, 2017, and recently applied for a new continuation patent through the University of Tennessee research Foundation³. Since then we have been able to secure several much larger grants for our research and have received several awards and featured in several dental magazines for our work and innovation.

It is very challenging for young women researchers and academicians or entrepreneur dentists to secure grants and funds to launch their research or innovations⁴. The AAWD GHMF research awards can be instrumental in their careers and can lead to further grants and advancements of research and innovations for women by women. My story is an example of how a small grant from AAWD can solidify a pathway to research advancement and innovative product development. I hope AAWD can continue to help other female researchers and entrepreneurs launch their innovations and small ideas into reality.

References:

1. National Eating Disorders.org [homepage on the Internet]. Get the facts on eating disorders. [cited 19 Jun 2015]. Available from: <https://www.nationaleatingdisorders.org/get-facts-eating-disorders>
2. Conviser JH, Fisher SD, Mitchell KB. Oral care behavior after purging in a sample of women with bulimia nervosa. *J Am Dent Assoc* 2014;145:352-354
3. Dehghan M, Versluis-Tantbirojn D, inventors; University Of Tennessee Research Foundation, assignee. Methods and compositions for preventing and treating tooth erosion. World Intellectual Property Organization *Patent No US 9,744,108 B2* on August 29, 2017
4. Department of Health and Human Services; NIH. Funding: sex/gender in biomedical workforce



Mojdeh Dehghan, DDS, is an Associate Professor and Associate Director Division of Esthetic Dentistry, Department of Restorative Dentistry, at University of Tennessee Health Science Center College of Dentistry.

Member News

2017 Lucy Hobbs Taylor Award Presented to Dr. Maxine Feinberg

Amelia Island, Florida

To honor Dr. Lucy Hobbs Taylor, the first woman to earn a doctorate in dentistry, the AAWD recognizes a female dentist who, through outstanding achievements, exhibits qualities that positively reflect the image of women dentists and a commitment to the profession. The Lucy Hobbs Taylor Award is the highest honor given by the AAWD and was first presented in 1983. President Dr. Karyl Patten presented the 2017 Lucy Hobbs Taylor Award to Dr. Maxine Feinberg on September 23, 2017, during the 96th Annual Conference of the AAWD at the Omni Amelia Island Plantation Resort.

Dr. Feinberg is the 35th recipient of the Lucy Hobbs Taylor Award. She opened her periodontal practice 30 years ago in her hometown of Elizabeth, New Jersey. In 1995 she moved the practice to its current location in Cranford, New Jersey. In 2002 she was the first woman to serve as President of the New Jersey Dental Association. She was appointed to the New Jersey State Board of Dentistry in 2004 and served for 10 years, one term as President. Dr. Feinberg was on the American Dental Association (ADA) Board of Trustees, representing the Fourth District. In 2013 she was president-elect of the ADA, and in 2014-15, she was the third female President of the ADA. Dr. Feinberg is a member of the American College of Dentists, International College of Dentists, Pierre Fauchard Academy, American Academy of Periodontology and the Academy of General Dentistry.

In her nomination, Dr. Feinberg is described as knowing the challenges women have faced in dentistry, continually demonstrating her value to the profession, not being easily dissuaded and always encouraging younger women dentists to get involved.

As she accepted the award, Dr. Feinberg recalled 31 women out of 180 students in the class of 1980 at the New York University College of Dentistry. She shared the trials that her and her female classmates overcame.

She continued, reflecting on her professional achievements, “I had two mentors that encouraged me to get involved in organized dentistry Dr. Jean Leslie and Dr. Cecilia Dows. They told me, ‘It is really important to have women get involved in this profession.’ ”

Dr. Feinberg closed by saying, “I wish I could say that 40 years later we, as women dentists, don’t have a job left to do, but that just wouldn’t be true. We still have to be here to mentor, to help, to support the next generation of women dentists because it’s still not easy out there.” She then charged the women in attendance, “I’m going to ask everyone in this room to continue to mentor. Support the next generation because that’s what we do. Continue to support each other as dentists, as *women dentists*.”



Dr. Maxine Feinberg receives the Lucy Hobbs Taylor Award at 2017 AAWD conference.



“Receiving the 2017 Lucy Hobbs Taylor Award is definitely one of the highlights of my career. When I consider all the great women leaders who have preceded me in receiving this award, I am deeply humbled and appreciative.”

- Dr. Maxine Feinberg

Member News (continued)

Dr. Kathryn A. Kell Installed as the President of FDI World Dental Federation



Kathryn A. Kell, DDS, was installed as the president of the FDI World Dental Federation at the 105th FDI World Dental Congress held August 29-September 1, 2017, in Madrid, Spain. Dr. Kell served as AAWD President in 1988. She described her path to leadership and credited that her initial involvement in the American Dental Association (ADA) began when the ADA requested AAWD to require membership in both organizations.

To continue FDI's commitment to advance and promote oral health globally, Dr. Kell's two-year term as president will focus on membership, advocacy and knowledge transfer—the three goals of the FDI 2018-2021 Strategic Plan. “I will attend many meetings and visit many of our members on all continents but will continue to work part-time when I'm home,” Dr. Kell said. “I have a great staff. Dr. Rachael Martin is also working with me in the office and it's been a great experience working with her and knowing that the patients are being treated well when I'm gone.”



Kathryn A. Kell, DDS, (above) was installed as the President of the FDI World Dental Federation.



Women dental leaders from the United States (above) participate in the FDI World Dental Congress.

For more about Dr. Kell's presidency and her leadership path, visit:

FDI Letter from the President

<http://www.fdiworlddental.org/letter-from-the-president/201709/new-fdi-strategy-sets-the-scene-for-my-presidency>

ADA News Article

<http://www.ada.org/en/publications/ada-news/2017-archive/august/dr-kathryn-kell-to-assume-fdi-presidency>

Inaugural AAWD Federal Services Award Presented to Captain Renee W. Joskow



Pictured is Captain Renee W. Joskow, DDS, MPH, FAGD, recipient of the 2017 AAWD Federal Services Award.

Dr. Karyl Patten announced Captain Renee W. Joskow as the inaugural recipient on September 23, 2017, during the 96th Annual Conference of the AAWD at the Omni Amelia Island Plantation Resort. The AAWD Federal Services Award recognizes the lifetime achievements made by an AAWD member dentist who has made outstanding achievements in the Federal Services arena as an advocate or dental officer. Dr. Joskow has role model qualities that positively reflect the image of women dentists and commitment to the profession.

Currently at the rank of Captain in the U.S. Public Health Service, Dr. Joskow serves as the Senior Dental Advisor at the Health Resources and Services Administration. She earned both her doctor of dental surgery degree and her master of public health degree from Columbia University. She is board-certified in the specialty of dental public health and is a fellow in the American College of Dentists and the Academy of General Dentistry. Throughout her career, Dr. Joskow has received numerous awards and recognitions, including the Surgeon General's Exemplary Service Medal.

Due to hurricane relief efforts earlier this fall, Dr. Joskow was unable to attend the annual conference to accept the award. In her pre-recorded acceptance speech, which was shared during the awards dinner, she expressed her sincere gratitude for being recognized by her fellow women dentists. Dr. Joskow urged the women of all ages to continually inspire the next generation of dentists to take on leadership roles, to excel and to strive to be the best one can be. She also reminded the women in attendance of their responsibility as professionals “to serve, to give back, to pay it forward in [their] interactions, not only in the treatment room, but also in [their] everyday experiences.”

Tales from the Dentist's Chair

More Than Teeth

Written by Lisa Knowles



The diabetic, cane wobbly, 38-year-old patient entered my office due to pain in his lower right jaw. His medical history was long and included a previous wait list for a kidney transplant. His feet slowly flopped, right foot after left foot, as he made his way to my operatory.

He seemed way too young to be this disabled.

Since it had been a few years since his last dental office visit, he opted for the comprehensive exam but definitely wanted his lower right tooth removed, if necessary.

His health questionnaire indicated a lack of brushing, and during questioning my brain could not help but ask, “Ever?”

“No, it hurts when I brush,” he explained.

“So, you do not brush or floss?” I asked again.

“Not really,” he replied.

I asked him about his previous transplant list situation and also gave him an ear full of information regarding the latest research about the connection between oral health and overall health. He said he had two teeth taken out several years ago while waiting for a kidney transplant because they wanted his mouth to be as healthy as possible. I told him it would be best to get his mouth healthy again, even if a kidney transplant is not in the near future. His body would not have to work as hard if his mouth were more stable, and with diabetes, his risk of periodontal disease and infection is much higher.

Inside, my head was churning with concern. He was so physically worn down by the severe diabetes. In addition to a regular dialysis routine, he had to limit his fluid intake. He had to eat a very restricted diet. His protein levels were hard to maintain, and he said he hasn’t felt well in over a decade.

After reviewing his x-rays and completing my exam, I recommended the removal of his lower two right molars; one was broken to the gum line, and one was severely decayed. His physician agreed and gave us the go ahead with his treatment.

We opted to perform the extractions the day after his dialysis, when he said he felt the best. When he came back for the appointment, I noticed his teeth were brushed. And he wanted to fix a couple of his other cavities, in addition to the extractions.

I realized I did something for this patient far greater than getting him out of tooth pain. I gave him hope. I helped him connect his overall health to his oral health, and I challenged him at the end of his previous visit. I said, “Maybe if you can take care of your mouth again, it will give you a little bit of control over your whole health.” I saw the light bulb go off in his head.

No one ever told me I would have the ability to affect someone’s overall health like this, but it’s the most gratifying part of my daily activities as a dentist. Giving hope and believing in someone more than they believe in themselves is the gift we all have been given in this profession. Sometimes we take things out (like teeth) and sometimes we put things back in (like hope).

My patient may not live a long life, and he may not become the most amazing brusher and flosser, but then, again, maybe he will.



Lisa Knowles, DDS, is a dentist in East Lansing, Michigan, and is a national speaker. She speaks about oral and systemic health connections, as well as foundational communication aspects in dentistry. Visit <http://beyond32teeth.com> or write to her at IntentionalDental@gmail.com.

Tales from the Dentist's Chair (continued)

A Softer Touch

Written by Frances Emilia Sam



Generally speaking, people tend to think of me as confident and composed. This is especially true in professional settings being that the title of “oral surgeon” often precedes any interaction with the *real* me. After all, surgeons are usually characterized as bold and intense, and in some cases, arrogant.

Though we inhabit the spectrum of personality, the stereotype persists. Despite knowing better, even I adopted the pervasive myth of the hard-edged surgeon. It explains why I lived a double life for many years.

My alter ego was that of a writer in the realm of personal development and spirituality. Over a period of time, I had developed a body of work writing for massive platforms including *MindBodyGreen* and *Huffington Post*.

Tens of thousands had shown appreciation for that work yet in my professional life, nobody knew.

Why? Because I was afraid of being judged.

Despite the façade of quiet confidence, I had always felt a little left of center. That feeling only intensified through dental school, residency and beyond. How was I supposed to explain wanting to do this other thing when I had trained over a decade for surgery? Half of my time was spent in a world of precision and practicality. The other half was spent exploring the abstract world of purpose and compassion. As a result, I kept the two things separate, never feeling like I could fully inhabit either space.

Thankfully, time has brought greater perspective. That grace came in the form of understanding what it truly means to be aligned with my truth. It allowed me the opportunity to witness and express all aspects of my being without shame or apology.

As a result, I’ve come to discover the overlap in my two worlds. Dentistry effectively teaches us essential skills to acquire a level of proficiency, but like most other health professions, something very important has been left out. It’s the personal development piece that makes a difference when it comes to how we connect with ourselves and subsequently, our patients. It is this aspect that determines the experience of everyone involved.

Though I’ve written extensively through blog posts, articles and books, my latest publication will always hold a special place. *Compassionate Competency: Healing the Heart of Healthcare* offers the voice I kept silent for so long. Hopefully, its message is one that resonates and impacts practitioners for the better.

It took many years, but if I’ve learned anything, it is this. There is no one right way to “do” dentistry. Who is to say how you contribute to our field and outside of it? That is only for you to decide. You’ve acquired knowledge and experience, and you’ve been given a unique lens through which you see the world. Your story, no matter how it looks from the outside, has relevance. So, what are *you* here to do?

My work is to soften the hard edges. What’s yours?



Frances Emilia Sam, DDS, is a Clinical Associate Professor of Oral and Maxillofacial Surgery at Howard University. Originally from Edmonton, Alberta, Canada, she relocated to Washington, DC, for dental school and specialty training. Aside from the traditional world of academia, she spends her time speaking and writing messages of empowerment. Her mission is to bend the world toward compassion in personal and professional spaces. Visit www.emeliasam.com.



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Student News

AAWD Recognizes Maeve Daly as the Student of the Year



Maeve Daly (left) is presented with the Student of the Year Award by Dr. Jodie Wing Lee at the AAWD 2017 Conference.

Maeve Daly, DMD Candidate at University of New England College of Dental Medicine, Class of 2018, was presented with the AAWD Student of the Year Award at the 2017 Conference.

The positions Ms. Daly held in her AAWD student chapter include: founding member of UNE AAWD Student Chapter; 2016-17 Chapter Vice President; and UNE Graduate and Professional Student Affairs (GAPSA) Councilor.

“I wanted to help start the AAWD chapter on my campus and make it a great organization,” Ms. Daly said. “When we were trying to get students interested in becoming members, I overheard a conversation between two of my male classmates. One asked if there is a ‘women in dentistry’ organization, why isn’t there a ‘men in dentistry’ organization? The second responded, ‘There is; it’s called dentistry.’ That made me realize how important it is for women dentists to work together and share our experiences so that we can gain more respect and equality in our career field.”

Ms. Daly continued, “I also loved attending the annual meeting this year; I was able to meet so many dentists and students from across the country, as well as learn so much from the CE courses.”

AAWD Recognizes University of California San Francisco as Chapter of the Year



2016-17 UCSF AAWD Executive Board

President: Hailey Taylor (2019)
Vice-President: Hanna Brody (2019)
Secretary: Bronwyn Hagan (2019)
Treasurer: Pardis Lipkin (2019)
Historian: K.C. Hemstreet (2020)
D1 representative: Sophie Ballard
Lunch and Learn Coordinator: Tanya Varimezova (2019)
Faculty Advisor: Gwen Essex, MS, EdD



Highlights from academic year 2016-17

- ✓ Increased membership and attendance at club events by four times.
- ✓ Participated in twice as many outreach events in 2016-2017 as in previous years, many focusing on encouraging girls to consider STEM careers.
- ✓ Created a new series of lectures to explore different career paths and how women can be successful within each field.

Student Chapter News

AAWD Student Chapters Start Strong in Academic Year 2017-18

Meharry Medical College School of Dental Medicine

Kalimah Anderson (2019), AAWD Chapter President

This new school year, our goal at Meharry has been to increase our presence on campus and in the community. We are a relatively small chapter. We started with attending this year's AAWD conference at Amelia Island, Florida. We were able to hear from other student chapters about what they're doing at their schools. Our experience at the conference fueled our excitement for what was to come this semester. At our first general body meeting, we were able to gather a list of 30+ potential members!

We have been very active across campus this semester. October was a big month for us and was jam packed with events. We had a "Pack a Purse" event where students donated purses and others items to be donated to the local women's shelter. Happy Healthy Halloween, a safe event our school hosts for the local community, allowed the women of AAWD to engage with the community. In honor of breast cancer month, our event "Cancer Sucks" raised donations for a local charity. And to round off the month, baked goods were sold for our "Think Pink" event.

Over 400 baked goods were ordered. We'll finish the semester partnering with the Nashville Rescue Mission to feed the homeless of Nashville for Thanksgiving. We will also have a holiday raffle and a pampering social at a local nail salon and spa in order for new and current members to relax and connect!



Above are (from left) Solange Johnson, Angela Vie, Lakesha Richardson and Kalimah Anderson at the "Think Pink" baked goods drive at Meharry.



Above, AAWD students Surbhi Gupta (left) and Michel Collins participate in Happy Healthy Halloween 2017 at Meharry Medical College.



Rutgers School of Dental Medicine 2017-18 Executive Board (from left): Jasmine Singson, Erica Margolias, Zunaira Khan, Cassidy Verrier, Meaghan McCormick, Rhadara Escolin, and Rebecca Portnoff.

Rutgers School of Dental Medicine

Rebecca Portnoff (2020)

AAWD Chapter Communications Chair

This year we created many new positions due to the overwhelming interest from our members to get involved. Our school chapter started off the new academic year by participating in the schoolwide club fair, with the newly elected e-board reaching out to the student body about AAWD and our mission to connect and empower women dentists.

Beginning the semester on a high note, we hosted a happy hour open to members and non-members, which was a great way to encourage people to be involved and to get to know the newest first year students.

At our first e-board meeting we brainstormed new ideas for the year and solidified our fall semester events. For Halloween, we held our annual candy-gram fundraiser—giving brushing and flossing tips with each goodie bag, of course.

To help the first year students prepare for their first operative dentistry practical, we held a tutoring session, mentoring anyone who was struggling or wanted to learn some tips. We have had a successful fall semester and are looking forward to the rest of the year.

Student Chapter News (continued)

University of the Pacific, Arthur A. Dugoni School of Dentistry

Natalie Okuhara (2018)
AAWD Chapter President

This year our chapter launched a series of "Specialty Panels" so that our members could learn from the experiences of female practitioners in various dental specialties. Our first panel was an orthodontic panel, featuring three of our esteemed faculty: Dr. Aubert, Dr. Thodas, and Dr. Tolarova. They shared their journeys in research and practicing orthodontics, including the struggles they faced in becoming orthodontists when the field was mostly comprised of men.

Our members also loved hearing about the rewarding patient experiences that each of our panelists has had during her career. Our first Specialty Panel was a huge success and we are looking forward to future panels that will feature our female pediatric dental faculty, periodontic faculty, and oral surgery faculty.

One of the goals of UOP's AAWD chapter is to support not only women dentists, but also women in general. On Wednesday, October 25, UOP AAWD members, UOP DETOX members and UOP students came together for a relaxing yoga session as a fundraiser for Take Back the Night (TBTN), a nonprofit organization that seeks to end all forms of domestic and sexual violence through awareness events and initiatives. Our yoga event was held in honor of TBTN's global, biannual Points of Light event.

To learn more about TBTN and their Points of Light event, please visit <https://takebackthenight.org/>.



The first of a series of "Specialty Panels" was held recently at the University of the Pacific. Pictured above are (from left) Natalie Okuhara, Sonal Anand, Divleen Bains, Mia Tittle, Hilary Parsons, Krunali Kapadia, Mega Patel, Madee Pasimio, Aly Aly Ochiai, Dr. Tolarova, Dr. Thodas, Dr. Itaya, Dr. Aubert, and Grace Chung.



Pictured above are participants in the University of the Pacific Fundraiser for Take Back the Night.

Dental College of Georgia

Jessica Anderson (2020)



Founding members at the Dental College of Georgia along with their faculty advisors following the organization's first general body meeting. Pictured (from left) are Dr. Nancy Young, Britney Lewis, Asita Vinayagalingam, Jessica Anderson, Jennifer Reynaud and Dr. Monica Chana.



DCG Class of 2020 students, along with microbiology professor Dr. Babak Baban, show their support by wearing pink for AAWD's Breast Cancer Awareness Week.

Student Chapter News (continued)

Western University Health Sciences

Lina Raffo (2019), AAWD Chapter President



AAWD members at WesternU enjoy the recent Wine and Paint Night social.



Above, WesternU's AAWD and AO student chapters with Dr. Maxine Feinberg, who gave a presentation about the history of women in dentistry.



Above are pictures from Fall Club Day, during which AAWD members at WesternU recruit incoming students to join the chapter.

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Colgate Research Awards Announced



Class of 2019



Karen Ben-Elazar

Nova Southeastern University, College of Dental Medicine

“A study to measure awareness of prenatal dental development in expectant and current mothers”

Principal Investigator: Sharon Crane Siegel, DDS, MS, MBA



Nameeta Gupta

Case Western Reserve University, School of Dental Medicine

“Social determinants of health and periodontitis in postmenopausal women”

Principal Investigator: Leena Palomo, DDS, MSD



Quynh Nguyen

University of Mississippi Medical Center, School of Dentistry

“Effective drug release from extracellular matrix protein based composites”

Principal Investigator: Amol V. Janorkar, PhD



Ayeh Nourikhorasani

Western University of Health Sciences, College of Dental Medicine

“Anxiety reduction and oral health promotion for children with autism disorders in a dental office through an electronic toothbrush behavior modification”

Principal Investigator: Yawen Peng, DMD, MA



Chijioke Ulasi

University of Alabama at Birmingham, School of Dentistry

“Identification of WNT10A mutation in spontaneous oligodontia cases”

Principal Investigator: Mary MacDougall, PhD

Colgate Research Awards (continued)

Class of 2018

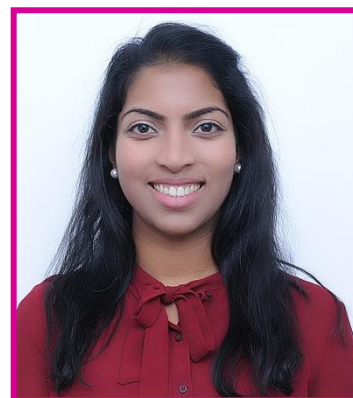


Ritika Bansal

Indiana University School of Dentistry

“Effect of quercetin and nicotine on biofilm formation and lactate dehydrogenase activity of cariogenic bacteria”

Principal Investigator: Richard L. Gregory, PhD



Shylon Mathew

University of Buffalo, School of Dental Medicine

“Determining the fate of phagocytosed *Porphyromonas gingivalis*”

Principal Investigator: Jason Kay, MSc, PhD



Jennifer Dolan

University of Michigan, School of Dentistry

“Gender disparities in oral and maxillofacial surgery leadership positions”

Principal Investigator: Hsiao Hsin Sung, DDS, MS



Lori Donnelly

University of Michigan, School of Dentistry

“Gender inequality in oral and maxillofacial surgery research publications”

Principal Investigator: Hsiao Hsin Sung, DDS, MS

Congratulations



Sangita Murali

Tufts University, School of Dental Medicine

“The effect of pH on demineralization prevention around orthodontic brackets using a bioactive restorative”

Principal Investigator: Gerard Kugel, DMD, MS, PhD

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AAWD Announcements



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Joseph L. Henry Oral Health Fellowship in Minority Health Policy

The Harvard Medical School and Harvard School of Dental Medicine, Boston announces an academic degree-granting program beginning July 2018. The Joseph L. Henry Oral Health Fellowship program prepares the next generation of leaders in minority health, health policy and oral epidemiology to improve the capacity of health care and to address the health needs of vulnerable populations.

Requirements:

- Participate in fellowship activities, including leadership forums, seminar series, site visits, journal club, and practicum, and receive mentoring from senior faculty and health leaders.
- Complete the course work leading to a 45-credit MPH degree from the Harvard T.H. Chan School of Public Health.

Qualifications:

- DDS or DMD and an active dental license required
- Experience with addressing and improving health needs of minority, disadvantaged and vulnerable populations
- Interest in minority health, health policy and public health
- U.S. citizenship or U.S. permanent residency

Application Deadline: December 1, 2017

Contact: Joan Y. Reede, MD, MPH, MS, MBA
Dean for Diversity and Community Partnership

Harvard Medical School

164 Longwood Ave. 2nd floor

Boston, MA 02115

Phone: 617-432-2922 | Email: mfdp_cfmf@hms.harvard.edu | Website: http://www.mfdp.med.harvard.edu/oral_health

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The **University of Pittsburgh** invites applications and nominations for the Dean of the School of Dental Medicine (SDM). The successful candidate will be a nationally and internationally visible leader in dental medicine, who has a demonstrable commitment and skills relating to inclusion and diversity. The Dean will collaboratively develop and implement a strategic plan for the SDM that incorporates a strong vision for the future of dental medicine and will positively impact the goals of the University-wide strategic plan.

Visit <https://www.pittsource.com/postings/144982> for full position information. Inquiries and applications (including curriculum vitae and cover letter of interest) should be submitted electronically to the search committee via Joanna Getting, getting@pitt.edu (412-648-2088). All correspondence will be treated confidentially.

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NORTHWEST

Vy Vy Vu Alivia Stoddard	North Pole, AK Kirkland, WA	Post Graduate Student	Lindsey Yap	Federal Way, WA	Student
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SOUTHWEST

Daphne Velazquez Laura Ousley	Phoenix, AZ Edmond, OK	Faculty Active	Angela S. Wilson Ashley Johnson	Mesa, AZ Tulsa, OK	Post Graduate Student
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MIDWEST

Aurora Hart Ritika Bansal Cherice Hollingsworth Lorenza Donnelly Kasey Cowser	Evanston, IL Indianapolis, IN Lexington, KY Ann Arbor, MI Steubenville, OH	Active Student Active Student Post Graduate	Sara Viernes Mary Shields Janelle Mcqueen Josetta Defrancisco	Indianapolis, IN Louisville, KY Bloomfield Hills, MI Kansas City, Mo	Active Faculty Student Post Graduate
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WEST

David Perez Ivana Younan Marissa Best Angela Li Lala Grigori Gloria Luong Jihae Cho Jeung Cho Heidi Abraham Regina Delacruz	Pomona, CA Canyon Country, CA Pomona, CA Pomona, CA La Crescenta, CA Pomona, CA Marina, CA Los Angeles, CA Corona, CA Pomona, CA	Student Student Student Student Student Student Student Student Student Student	Hannah Baik Cristina Cisneros Anne Tran Shelby Maurice Leanna Lahham Daphne Dincer Eunice Sang Sandra Shenouda Sydney Honnlee	Diamond Bear, CA Agua Dulce, CA Pomona, CA Pomona, CA Chatsworth, CA Pomona, CA Pomona, CA Corona, CA Pomona, CA	Student Student Student Student Student Student Student Student Student
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NORTHEAST

Frances Emelia Sam Laura Vorrias Michelle Kalil Shylon Mathew Erin Ransom	Washington D.C Boxford, MA Windham, NH Amherst, NY Cromwell, CT	Faculty Active Student Student Post Graduate	Brittany Bressler Chia-Cheng Li Veronica Mathis Nameeta Gupta	Franklin, MA Boston, MA Deptford, NJ Plainview, NY	Post Graduate Faculty Active Student
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SOUTHEAST

Emily Stephens Alexis Delrosario Lindsay Scott Nicole Elia Rachel Suarez Charlene Fosteris Yulissa Alvarez Megan Leyva Jenna Vandewater Twyla Roberts Asita Vinayagalingam Sharon Daniel Britney Lewis Adriane White Lana Jabaji Wendy Song Jennifer Reynaud Alexa Carmichael Kelsey Perry Claire Runde Snena Monan Mckenzie Thomas Ashley Kate Cauthen Caitlin Null	Birmingham, AL Crestview, FL Coconut Creek, FL Davie, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Gainesville, FL Augusta, GA Atlanta, GA Augusta, GA Zachary, LA Flowood, MS Chapel Hill, NC North Augusta, SC Charleston, SC Charleston, SC Charleston, SC Charleston, SC Charleston, SC Charleston, SC Charleston, SC	Student Post Graduate Student Student Student Student Student Student Student Active Student Active Student Active Student Student Student Student Student Student Student Student Student Student	Chijioke Ulasi Jila Mahajan Marissa Solares Alissa Brewer Christina Rios Liuvis Martinez Viviana Rojas Sara Moghul Marcela Patterson Jade Carter Alva Starling Keysra Washington Jessica Anderson Quynh Nguyen Marinee Cabrera Jessica Shamberger Sawsan Bitar Brenda Manzanares Blair Mirmow Barbara Allison Moore Alexis Ruber Julia Filler Elizabeth Pilcher Shuna Fletcher	Hoover, AL Jacksonville, FL Miami, FL Destin, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Fort Lauderdale, FL Tampa, FL Conyers, GA Conyers, GA Augusta, GA Flowood, MS Greenville, NC Aberdeen, NC Easley, SC Charleston, SC Columbia, SC Charleston, SC Charleston, SC Charleston, SC Charleston, SC	Student Active Student Post Graduate Student Student Student Student Student Active Active Active Student Student Post Graduate Student Active Student Post Graduate Student Student Student Faculty Student
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Kelley Quinn	Charleston, SC	Post Graduate	Mary Alice Cummings	Mt. Pleasant, SC	Student
Ivy White	Charleston, SC	Student	Kelsey Fierstein	Charleston, SC	Student
Kathnn Dundewill	Charleston, SC	Student	Stephanie Jean George	Mt. Pleasant, SC	Post Graduate
Josephina Silva	SC	Post Graduate	Haley Leslie	Charleston, SC	Student
Ashley Fox	Mt. Pleasant, SC	Post Graduate	Courtney Bullard	Easley, SC	Post Graduate
CreAndria Thompson	Nashville, TN	Student	Tatyana Penn	Nashville, TN	Student
Keturah Richardson	Nashville, TN	Student	Solange Johnson	Pleasant View, TN	Student
Zelexis Morse	Nashville, TN	Student	Tiara Marshall	Nashville, TN	Student
Asia-Bryanne	Nashville, TN	Student	Kalimah Brown	Nashville, TN	Student
Greenleaf					
Kalimah Anderson	Nashville, TN	Student	Cecilia Akintonde	Nashville, TN	Student
Michele Collins	Nashville, TN	Student			

Top Reasons to Become a Part of AAWD

Founded in 1921, AAWD dedicates itself to enhancing and promoting unique participation and leadership for women in dentistry by seeking to mentor and support women dentist professionals academically and personally.

Members can enjoy discounts on services and products through our Corporate Partner Members, as well as:

- Access to the online membership directory with patient locator for women dentists.
- Awards and scholarship programs.
- Assistance with local chapter start-up.
- AAWD's quarterly newsletter, the *Chronicle*.
- Speaker's Bureau—AAWD actively promotes women speakers on a variety of topics.
- Opportunities throughout the year to connect with and learn from women dentists throughout the United States.
- Educational programs—Annual meeting and regional seminars.
- Strength in numbers—Become part of the growing community of women dentists that is helping to shape the future of dentistry.

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Are you thinking about becoming a partner of AAWD but haven't made the commitment yet? NOW is the time! Women dentists are the future of dentistry and AAWD is growing – join us now and show women dentists your support. Contact AAWD HQ at info@aawd.org for more information or click [here](#) for info on partnering with us.

Calendar of Events



November 2017

November 10

Science Day for Peace and Development

November 11

Veterans Day

November 23

Thanksgiving Holiday

November 24

National Flossing Day

November 25

International Day for Elimination of Violence against Women

November 27

Cyber Monday

November 28

Giving Tuesday

December 2017

December 3

Advent Begins

December 3-9

National Handwashing Awareness Week

December 12

Hanukkah begins

December 12

National 12-Hour Fresh Breath Day



December 21

Winter Solstice

December 25

Christmas Holiday



December 26

Kwanzaa begins



January 2018

January 1

New Year's Day



January 2

Submissions for AAWD Chronicle Due

January 6

Epiphany

January 7

Orthodox Christmas

January 14

Orthodox New Year

January 15

Dr. Martin Luther King Jr. Day

January 31

Tu B'svat





It's time to update your Local Chapter information!

Access your new chapter forms by visiting the chapter resources section of our website at:
<https://aawd.org/local-chapters>

Chronicle Deadlines

The AAWD *Chronicle* is published four times per year.

Submissions for the February Issue (Q1) are due by January 2, 2018.

Be sure to follow us on Facebook!

<https://www.facebook.com/womendentists/>



The American Association of Women Dentists Is Updating Its Chapter Information

We want to say thank you to all our students and dentists for supporting AAWD by being a member of a local chapter. You can identify which chapter you belong to by updating your online profile.

If you are the president or an officer of your chapter, we kindly request that you provide your annual updates to the AAWD national office.

For your convenience, all of the documents required to update your chapter are provided on our website at <https://www.aawd.org/local-chapters/>.

You may submit this information by email to chapters@aawd.org or by mail.

AAWD National Office
ATTN: Chapter Services
7794 Grow Dr.
Pensacola, FL 32514

Happy Holidays From AAWD!

