December 11, 2018 Vol. 13, Issue 4



AAWD 2019 Board of Directors' Executive Committee members are installed during the Awards Dinner at the Annual Conference. Pictured are (from left) Dr. Jodie Wing Lee, vice president; Dr. Tanya Gibson, secretary; Dr. Brittany Bergeron, president; Dr. Tamara Berg, immediate past president; Dr. Elizabeth Diaz Ramos, treasurer; and Dr. Daphne Ferguson Young, president elect.

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Dr. Leslie Grant was presented the AAWD 2018 Lucy Hobbs Taylor Award at the 97th Annual Conference November 6. *Story on page 8*.

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American Association of Women Dentists 7794 Grow Drive Pensacola, FL 32514-7072 800-920-2293

To become a member of AAWD,

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President's Message



Tamara Berg, DDS 2018 AAWD President

What a fabulous weekend we shared at the 2018 AAWD conference in Savannah! Our planning chair, Dr. Brittany Bergeron, is to be congratulated on the achievement. We had many sponsors and exhibitors, and I challenge you to reach out and thank these companies for supporting women dentists.

If you attended the Saturday lectures, you are probably like me today—trying to remember to get a focal point, look down through your loupes and not alter your head position. It was such a fun lecture for a dentist of any level of her career. Are you doing your stretches every time you put on a pair of gloves? Another highlight of the weekend was the SPA'rty event, during which many of us had an amazing foot scrub and chair massage. We even left the event with our own shower misting fragrances. So much fun, and definitely NOT like any other continuing education conference!

Save the dates now for the 2019 AAWD conference, September 26-28, in Phoenix, Arizona. It will be another weekend for celebration. Our theme is "Oasis of Collaboration," and we will have some great speakers and fun networking events. More details will be coming in the months to come, so please watch your email. And if haven't joined us on social media yet, now is the time.

It's been a wonderful 2018 to serve as your President. One of my 2018 goals was to increase membership, and we are thrilled to report our numbers are increasing. New local and student chapters are being added. We want you to share with other female dentists about this fabulous organization so we can keep building on that success. If you know some female dentists in your area you would like me to reach out to, please send me a list. I would be happy to include them on my invites.

The 2019 Board was installed and will begin working for your organization in January. It was so meaningful that our new board members were ALL in attendance, and even though we each have very busy lives, they made the journey to Savannah to meet one another. As I finish out the year and move into the Past President role, I wish you blessings over the holidays and look forward to working with you in 2019.

Want to contribute to the *Chronicle*?

Our section "Tales from the Dentist's Chair" is your chance to share unique case studies, personal essays and stories of challenges and triumphs in your career and practice. To be considered for the next issue, please submit your story or essay (500 words or fewer) to chronicle@aawd.org by January 2, 2019.

Please include a high-resolution color headshot and photos.



Smiles for Success is not just about a smile; it's about transforming lives! Smiles for Success was established in 1995 by a group of AAWD members who wanted to help other women who were helping themselves. This is still true today.

Smiles for Success offers cost free dental work for women who are enrolled in programs to prepare them to transfer from welfare to work. Many of these women need a confidence boost for job interviews in order to reenter the work force. The dental care offered is intended as a short-term boost to those who need treatment unavailable to them through government programs and traditional insurance. Smiles for Success coordinates this care—matching the volunteer with the patient, overseeing the treatment plan process, and covering lab costs.

Just like every other charitable foundation, Smiles for Success is in need of funding to stay relevant. We are researching opportunities for grants and donations, but in the past, AAWD members have been counted on for donations. I feel that is still true today. We also need volunteer dentists and new leads on job training programs. We hope to work with volunteer dentists in their own communities to find these programs so that we can reach more areas than ever before.

AAWD dental students are the future of the organization, and there is no better way for students to experience charitable dental work than through our foundation, right in their own academic environment. To keep these programs going and start new programs in other dental schools, we need AAWD members in the academic setting to serve as liaisons for treatment planning and coordination. This is yet another way for AAWD members to contribute to Smiles for Success.

Our foundation is about women helping women. After all, isn't that what AAWD is all about? AAWD has helped so many other women dentists navigate the hectic world of juggling a profession and a business, along with the roles of wife and mother, and all the other hats we wear. But we can't forget about reaching out to help those less fortunate. We hope you will be a part of the "100 by 100 Campaign" and help introduce Smiles for Success into the lives of more women who are helping themselves!

The Smiles for Success Foundation is a 501(c)(3) tax-exempt, charitable organization and as such, this donation to the Foundation may be tax deductible.

AAWD turns 100 years old in 2021!

Help make Smiles for Success
one of the most outstanding contributions
to dentistry in the last 100 years!

DREAM BIG!!!

Donate Online

97th Annual Conference of the AAWD

AAWD members enjoyed the exciting sessions and events at the 2018 annual concerenfece held November 4-6 in Savannah, Georgia.



Merrill Lynch's Melissa Spickler (far left) and Denise Meulebrouck (far right) added several special touches to the Savannah Supper Club held at Vic's on the River during the AAWD annual conference.



The Savannah Supper Club provided an opportunity for shared ideas for the future of AAWD. From left are President Dr. Tamara Berg, Merrill Lynch's Melissa Spickler, President Elect Dr. Brittany Bergeron, Student representative Dr. Sangita Murali and Secretary Dr. Jodie Wing Lee with student members.



From left, Immediate Past President Dr. Karyl Patten, Vice President Dr. Daphne Ferguson-Young, and Director of Archives Dr. Mary Licking enjoy the Savannah Supper Club.



Above and below, Posturedontics' Dr. Bethany Valachi shares information with conference attendees to assist with pain prevention/management and fitness in their dental practices.



Left: AAWD President Dr. Berg (right) passes the gavel to 2019 President Dr. Bergeron during the AAWD Awards Ceremony held November 6.



97th Annual Conference (continued)

MGE Management Experts' Dr. Leslie Pasco leads a conference session on effective case acceptance.





Dr. Anne L. Koch (back, center) presents sessions on new endodontic procedures and instrumentation at the conference, which includes a hands-on session. Dr. Koch was sponsored by Brasseler USA, whose district manager Tom Robertson is kneeling (left).

AAWD Board of Directors Works Diligently During Annual Meeting





Above: AAWD President Elect Dr. Brittany Bergeron (standing) leads a breakout session to address the future communications needs of the organization.

Top right: (from left) Immediate Past President Dr. Karyl Patten, Treasurer Dr. Tanya Gibson, and Secretary Dr. Jodie Wing Lee discuss the meeting agenda.

Right: (from left) Dr. Bergeron reviews Board materials with President Dr. Berg and Executive Director Donna Deans.



97th Annual Conference (continued)



Dental College of Georgia, Augusta University Britney Lewis has demonstrated leadership, service and a strong commitment

to serve her community. Recognized by her nominators for her "passion for service and for bringing this organization as a resource for her fellow female classmates and faculty members," Britney Lewis helped to launch her school's first chapter of the American Association of Women Dentists.

AAWD's 2018 Student of the Year Britney D. Lewis (2020)

As the founding president of her campus AAWD chapter, Britney has worked diligently to lead an organization that upholds the mission of AAWD to advance and enrich the lives of women dentist through events, mentorship, and service. By introducing AAWD to the Dental College of Georgia, Britney led her team to establish a resource for students, faculty, and staff to collaborate, encourage, mentor and share collegiality while making advancements in the fields of dentistry.

AAWD Board members Dr. Mary Martin (left) and Dr. Kady Rawal (right), present Britney D. Lewis the 2018 AAWD Student of the Year Award.

AAWD's 2018 Chapter of the Year Arthur A. Dugoni School of Dentistry **University of the Pacific**

The student chapter at the Arthur A. Dugoni School of Dentistry was recognized for "the positive impact it has had on the dental school community this year through the many unique events that the chapter has organized."

These events included:

- Hosting 16 successful events, raising more than
- Donating over \$1000 to nonprofit organizations and charities.
- Hosting multiple educational and social events (seminar discussions, health and wellness events, networking socials and philanthropic events).
- Conducting a school-wide survey to better connect and mentor Pacific AAWD members with community dentists.
- Developing their own study to assess how students feel about recognizing and responding to domestic violence.
- Organizing an oral health fair for the families of a nonprofit organization in San Francisco.
- Performing free dental screenings and provided a referral list of community dental clinics.

Although this was the first year the Pacific AAWD student chapter has been recognized as an official chapter of the national AAWD, the chapter "has opened opportunities for leadership and mentorship, not only among female dental students, but for the dental school community as a whole. In all, the work the chapter has done this year has been very noteworthy to supporting the AAWD mission."

From left are Dr. Lisa Itaya (faculty advisor), Caitlin Ha (treasurer), Hilary Parsons (secretary), Sammy Lee (president), Caitlin Konicek (social events chair), Shivali Bhatt (wellness chair), Victoria Saykally (advocacy and community service chair), Sarah Osborne (public relations chair), and Michelle Comroe (membership chair). Not pictured: Sonal Anand (Vice President), Sarah Baik (social events chair), James Ichiuji (public relations), and Lizzie Santos (mentorship chair).



Director of Student Chapters Dr. Kady Rawal (far left) and President Dr. Tamara Berg (below, right) pose with national student representatives Dr. Sangita Murali (far right) and Lauren Arguelles (back row), along with student attendees during the annual conference. Page | 6

Additional conference photos can be found at https://www.aawd.org/2018-conference-

AAWD 2018 Federal Services Award: Lt. Jane Han, DMD

The American Association of Women Dentists (AAWD) awarded Lt. Jane Han (U.S. Navy), DMD, with the 2018 Federal Services Award on October 6, 2018, during the 97th AAWD Annual Conference. The Federal Services Award recognizes the achievements made by an AAWD member dentist in the Federal Services arena. The award is presented to a woman dentist who exhibits role model qualities that positively reflect the image of women dentists and commitment to the profession.

Dr. Jane Han grew up in Jacksonville, Florida, where she attended the University of North Florida. She gained a deep appreciation for the opportunities given to her and wanted to give back to our country, so she joined the U.S. Navy through the Health Professions Scholarship Program. Dr. Han earned her Doctor of Dental Medicine degree from the University of Pennsylvania School of Dental Medicine. Upon graduation, she commissioned as a lieutenant and worked as a general dentist at Marine Corp Recruit Depot Parris Island in Beaufort, South Carolina. Dr. Han currently serves aboard the *USS New York*, homeported in Mayport, Florida. She has taken a special interest in tobacco cessation among the sailors and marines.

In her nomination, Dr. Han was praised for being a "role model for all sailors to aspire to become. Along with providing the best dental care to her crew, she always volunteers for extra duties to foster teamwork and inclusiveness." In addition to providing dental care, Dr. Han has demonstrated her commitment to dentistry by mentoring U.S. Navy corpsmen and Marines, who plan to apply to dental school in the future.

As the only female department head, Dr. Han is a role model for other women in the Navy, as she encourages and inspires them to higher leadership positions.



Director of Federal Services Dr. Carol Wong (right), presents the 2018 Federal Services Award to Dr. Jane Han.

AAWD Announces Best New Product: Ultradent's Uveneer System



Dr. Brittany Bergeron congratulates Ultradent's Kristin Verdone.



AAWD is pleased to announce Ultradent's Uveneer Direct Composite Template System as the 2018 Best New Product. The award was presented by AAWD President Elect Dr. Brittany Bergeron to Ultradent's representative Kristin Verdone during the 97th Annual Conference of AAWD held at the Westin Savannah Harbor Golf Resort & Spa.

The Uveneer system is a unique, minimally invasive template system that creates beautiful direct composite veneers with predictable shape and symmetry—all in one visit. Each template mimics natural dentition and is designed to create high-quality, natural-looking anterior composite restorations. The Uveneer template system uses innovative technologies that help dentists achieve a refined, anatomically correct, high-gloss restoration in a fraction of the time than if done free-hand. Results are reproducible and predictable. It can also be used for mock-ups and shade selection, as well as temporaries.

"As a woman dentist with a busy practice, I found that traditional freehand direct composite veneers were artistically challenging, unpredictable, and not always cost-effective. Being passionate about conservative dentistry, I knew there had to be a better way to create long-lasting, esthetic composite veneers more efficiently and easily. I spent years creating and perfecting a template system that any dentist could rely on, which resulted in the Uveneer system," says Dr. Sigal Jacobsen, the creator of the Uveneer System. "Ultradent and I are so honored that the Uveneer system is being recognized by the AAWD and hope it can make the lives of the clinicians that use it easier!"

The Uveneer system is also affordable. "Being able to meet the patient in the middle, when she couldn't afford the porcelain veneers, has made a life-long relationship with this patient, leading to referrals, etc.," says Dr. Brittany Bergeron, AAWD president elect and 2018 conference chair. "If you're looking to simplify your technique for predicable and esthetic direct composite restorations check out the Uveneer composite veneer template kit—you won't be disappointed!"

President Elect Dr. Bergeron shares a case on page 10.

2018 Lucy Hobbs Taylor Award: Leslie E. Grant, DDS, MSPA



Above (from left) AAWD's Director of Member Benefits Dr. Mary Martin presents the 2018 Lucy Hobbs Taylor Award to Dr. Leslie Grant, who is accompanied by Drs. Mary Teddy Wray and Winifred Booker.

During the 97th AAWD Annual Conference, the American Association of Women Dentists presented the Lucy Hobbs Taylor Award to Leslie E. Grant, DDS, MSPA. This is the highest honor given by the AAWD and was first presented in 1983. The award recognizes a member who exemplifies a true professional with accomplishment in one or more areas of dentistry, organized dentistry, academia, government, anthropology, archeology, philanthropy and consulting.

At the AAWD Awards Dinner October 6, Drs. Mary Teddy Wray and Winifred Booker recounted stories about Dr. Grant and the impact she has had on the profession and the community as well as the inspiration she had provided to them personally. Dr. Grant humbly credited the many people who have supported her throughout her life. She was joined by her family, mother, Gwendolyn James; sister and brother-in law, Dr. Carol and Col. Philip Wilkerson; brother, Philip Wilkerson; Brother, Ken Rule; and close friends, Mary Teddy Wray and Judy Greenlea Taylor. She humbly credited the many people in her life who have supported her throughout her life.

Dr. Grant, a native of Charlotte, North Carolina, graduated Cum Laude with a Bachelor of Science Degree from Boston University. She obtained her Master of Speech Pathology and Audiology Degree from the University of Washington. She continued her career at the Washington State Cerebral Palsy Center, The Kennedy Hospital for Children in Boston and for the North Jersey Developmental Center in New Jersey. Dr. Grant entered the University of Maryland Dental School in 1982. Following graduation, she completed a General Practice Residency at Saint Joseph's Hospital in Paterson, New Jersey (1987).

For more than 20 years, Dr. Grant provided dental care in her Baltimore City office, Dentally Speaking. Most recently, Dr. Grant worked for the Maryland State Board of Dental Examiners as the Chief Dental Officer. In her nomination, her nominator shared Dr. Grant's achievements, including previous service on the Maryland State Dental Association's Forensic Dentistry and Legislative Committees, and volunteering on the Bright Smiles/Bright Futures Colgate Palmolive Van. Dr. Grant has given testimony several times before Maryland State Legislative Committees regarding Medicaid Dentistry in Maryland, to solicit expanded access to dental care for underserved and uninsured residents. Dr. Grant has donated a day of gratis dentistry to "Healthcare for the Homeless" and served for six years on the Board of Directors of "HERO" (an HIV services organization).

An NAACP life member, Dr. Grant has also been a World Vision child sponsor since 1977. She is a member of the League of Women Voters and a Life Member of Jack and Jill of America. Her spiritual affiliations include Presbyterian Elder (1988-1992), and she is presently a member of Govans Presbyterian Church in Baltimore.

Dr. Grant served on the Board of Directors of the Organization for Safety, Asepsis and Prevention, from 2010-2017, and currently serves on the Boards of the Dr. Edward B. Shils Entrepreneurial Fund, Baltimore County League of Women Voters, and Oral Health America. In 2015 she was named as one of Maryland's "Top 100 Women" by the *Maryland Daily Record*, and in 2006 she was named as one the "One Hundred Most Influential African Americans" by *Ebony* magazine.

Dr. Grant is a member of the National Dental Association, the Academy of General Dentistry, the American Association of Women Dentists, the American Dental Association and the American Speech, Language, Hearing Association. She is a Fellow in both the American and the International College of Dentists. She served as Secretary of the Maryland Dental Society for six years and as a delegate for six years. Dr. Grants' NDA activities include serving on the Reference Committee, Chairing the Committee on Constitution and By-Laws and serving as Speaker of the House for five years. She was the President of the National Dental Association in 2006, and served as Legislative Chair from 2007 through 2012. Dr. Grant is passionate about advocating for children and young adults who are in foster care. Twice the Baltimore County Council for her support and engagement with foster care initiatives and programs has recognized her.



Celebrating with Dr. Grant is her family: (back row, from left) Carol Wilkerson, sister; Ken Rule, brother; Philip Wilkerson, brother-in-law; (front row) Mary Teddy Wray, friend; Dr. Grant; and Gwendolyn James, mother.

Tales from the Dentist's Chair

Residency Reflections

Written by Katherine Frimenko, D.D.S.



My pager's inaugural, high-pitched beep, as well as my inadvertent startled jump in response, remains fresh in my mind's eye as vivid memories. In July 2017, as I navigated new responsibilities in my first days as a dental GPR resident on call, the year ahead stretched before me as a great unknown. Reflecting on the months that followed, I recognize that challenging cases and interesting patient presentations allowed me to stretch and hone my clinical skills. Clinical technique was only the starting point, though; out of the many lessons I learned beyond the handpiece, three insights emerged.

- 1. Financial literacy and management Through conversations with co-residents, seminars, and several online resources, the first year of residency highlighted my desire to increase my financial knowledge. The immense amount of information available seemed overwhelming at first, but as a bridge between school and entering practice, residency provided a key opportunity for me to more fully understand and manage my financial landscape, while also actively planning for the future. It is a grossly antiquated perspective for women to rely on others for financial decisions, and taking charge of our money and educating ourselves on financial management can help pave the way for continued female empowerment in both personal and professional life.
- 2. "Help me help you" In residency, I recognized that building relationships while focusing my clinical practice on patient experience and outcome is key. Working and communicating with patients empathetically and effectively to understand how I can facilitate a positive care experience is paramount to the high level of care I strive to deliver. From asking insightful questions to listening to a patient's words with full attention and consideration, aiming to convey the message "help me help you" to patients has focused my efforts in positive, beneficial communication.
- 3. We are a TEAM Dentistry is not a spectator sport, nor is it a solo effort. As a dentist, I am a member of a team with the goal of delivering optimal care to patients. Working together with front desk staff, assistants, coresidents, specialists, and faculty, I have come to appreciate and value the importance of multiple efforts adding up to a greater whole than any one person could accomplish. In the larger scope of healthcare, working alongside physician residents and other medical professionals has helped me realize my potential impact in the greater team of care providers. Together, we can elevate and deliver exemplary patient care.

The term lifelong learning comes up in many conversations and lectures. As I finish residency and enter practice, I realize there is so much yet for me to learn, and I look forward to putting lifelong learning into action. Each day my patients and colleagues offer new opportunities to build to my knowledge base, and I think embracing the challenge and choice to continue learning is the real lesson of dentistry.

Dr. Katherine Frimenko is a graduate of the University of Michigan School of Dentistry. She is currently a PGY-2, serving as chief resident for General Practice Residency (GPR) at The Ohio State University.



Patient Case

Written by Brittany Bergeron, DDS

AAWD 2018 President Elect

If you haven't tried the AAWD 2018 Best New Product yet, you're missing out! The UVeneer by Ultradent Products Inc. has completely changed the way I do anterior composites. After a hands-on session I decided to "take the plunge" and purchase the kit. I felt like I could actually do this with good results, unlike other hands-on systems I've fallen for in the past. I think we have all been sucked into purchasing products at meetings, only to get them in the office and have that flood of "What was I thinking?!" when we can't replicate what was shown in the demonstration.

The UVeneer was marketed as a way to perform composite veneers with more predictability and faster treatment time. As we all know, patients who opt not to do porcelain veneers tend not to do any treatment and are then stuck in this weird limbo: they want to change their smile but are unable to commit to the thousands of dollars associated with the treatment. I have quickly learned that in addition to doing composite veneers, this kit can really assist with more elaborate anterior restorations due to gross decay or fracture.



















ent Name:

Anterior Composites

Date: 09/25/2018

Brittany Bergeron, DDS

I'm sure we have all been there—you finish taking out the decay and are looking at a large amount of missing tooth structure resembling "Swiss cheese"—this can be daunting to restore. This patient presented to my office: 27-year-old female, 10+ years since her last dental visit, works in the food and beverage industry, admits poor home care and high sugar diet. She states that her smile is starting to affect the way she feels at work when she is serving and talking to patrons. The patient was on a limited income but still wanted to be able to make her teeth healthy and have a cosmetic improvement. After discussion of various treatment options, the patient opted to proceed with direct composite restorations.

Teeth 6-11 were prepared for composite restorations to rid of decay: 6MF, 7MDFL, 8MIDFL, 10MDFL, 11MF (see photos). Then using the UVeneer kit as a template to improve anatomy, teeth were restored using a layered composite shade technique. The patient was thrilled with the final result (also pictured)! We have not yet seen that patient back for a follow-up for final photos, but even from the immediate post-op photos, you can see the dramatic difference this made for this young woman.

Being able to meet the patient in the middle when she couldn't afford the porcelain veneers has made a life-long relationship with this patient leading to referrals, etc. If you're looking to simplify your technique for predicable and esthetic direct composite restorations, check out the UVeneer kit; you won't be disappointed!



Brittany Bergeron, DDS, is the 2018 President Elect. She is a graduate of the University of Maryland, School of Dentistry in Baltimore, where she currently practices.

Tales from the Dentist's Chair (continued)

Show Up and Feel the Buzz in the Room

Written by Ruchika Khetarpal, DDS

I will not forget my first day walking into the meeting room at the American Dental Association (ADA) building in Chicago. *The room was a buzz!* (Most definitely too exciting for me at 8 a.m., before my coffee.) About 30 dentists were in the room, half were from the graduating Institute for Diversity in Leadership program (IDL). It was the close of the 15th year and the start of the 16th year of the program. The graduating class was there to mentor the incoming class and to present their leadership projects. I had a small idea for my project, and I could not imagine turning it into a reality within a year, like the class members before me.

I applied to the program after reading the ADA news, which highlighted a faculty member from my dental school. The program sounded like a great experience, an opportunity to meet dentists from around the country and have lectures from educators at Northwestern University, Kellogg School of Management, and Duke University, Fuqua School of Business.

With the lectures that were given, support of class members and the framework of thinking taught by the ADA, I was able to bring my idea to fruition. After pitching my idea to anyone who would listen, I obtained partial sponsorship and administrative support for my project, DATPath Accelerator, from The HealthPath Foundation of Ohio. DATPath Accelerator aims to increase diversity in the field of dentistry. The project provides a free Dental Admissions Test (DAT) prep course through Kaplan and is awarded via application to a historically underrepresented pre-dental student. Our first application cycle started October 1 and will end on January 31, 2019. The goal is to present the award to 10 to 12 students in 2019. Although only a few Ohio undergraduate schools are currently participating, I hope to stretch this project as far as possible. To find out more information and to donate please visit: https://www.healthpathohio.org/DATPath-Accelerator.

So, what was everyone in that room so excited about? They were excited about the relationships they made throughout the year and the individual successes of their classmates. It wasn't my expectation to become so close to my class members after only three formal meetings, but at the end of the year, I was astonished at the valuable relationships I had fostered.

Like most things in life, you can't place a value on it until you experience it. *You have to show up!* If you have leadership aspirations within organized dentistry or in your community I highly encourage you to apply to this wonderful program. You can find more information on www.ADA.org, contact Susana Galvan galvans@ada.org, or contact me directly.

We are all busy individuals, but my recommendation on getting the most out of our wonderful profession is to Show Up and Feel the Buzz in the Room!





Dr. Ruchika Khetarpal is graduate of the University of Detroit Mercy (2007). After completing a GPR program in New York, she moved back to the Midwest and started practicing in Cincinnati, Ohio. She purchased a practice in 2009, which continues to expand and grow. Her most recent practice acquisition was in 2017. Dr. Khetarpal is passionate about organized dentistry and the relationships and the impact it has on the profession.







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Winifred J. Booker, DDS, was presented the Maryland State Dental Association Arthur C. Fridley Humanitarian Award on Friday, September 21, 2018, during the Chesapeake Dental Conference in Ocean City, Maryland.





On August 31, 2018, **Sharon M. Gordon, DDS, MPH, PhD**, became the first woman to serve as Dean of the University of Connecticut School of Dental Medicine in its 50-year history. Prior to joining UConn, Dr. Gordon served as the inaugural dean of research at Eastern Carolina University, School of Dental Medicine. For more on the new dean, visit https://www.courant.com/hartford-magazine/healthy-living/hc-hm-closeup-sharon-gordon-20181125-story.html.

Lisa Knowles, DDS, a dentist, public speaker and business consultant from East Lansing, was recognized for her service contributions to Alma College during the 2018 homecoming celebration. The Smith Distinguished Service Award is named in honor of Alma College alumni Art (1938) and Carra Jones (1942) Smith. It is presented annually to a graduate who believes in Alma College and has assisted with student recruitment; provided career steps through offering internships or employment or visiting the campus to attend events or speak to a class; or served on a College council or board.

A 1994 graduate of Alma College, Dr. Knowles is a past member of the Alma College Alumni Board. She continues to actively refer prospective students, participate in career services events and support the softball program.



From left are Matt vandenBerg, Vice President for Advancement; Dr. Lisa Knowles; and Dr. Jeff Abernathy, President of Alma College.



Dr. McShan accepts her 2018-2019 Distinguished Exemplary Teacher's Award from James E.K. Hildreth, PhD, MD, President of Meharry Medical College, at the 143rd Convocation Ceremony.

Valencia McShan, DDS, MA, Assistant Professor of Operative Dentistry and AAWD Student Chapter Advisor at the Meharry Medical College School of Dentistry, was awarded the 2018-2019 Distinguished Exemplary Teacher's Award at the 143rd Convocation Ceremony in October. This prestigious award is presented annually to a Meharry professor who demonstrates excellence in teaching, civility, concern for students and colleagues, and service to the institution. Dr. McShan is also one of the leading professors in research at Meharry. She has definitely been a great advisor and mentor to the members of the Meharry AAWD Student Chapter. Dr. McShan continues to display her passion for teaching by bringing Meharry's mission, "Worship of God through Service to Mankind," to fruition.

AAWD Member News (continued)



Karyl Patten, DDS, **MPH, JM** (Immediate Past President), and **Tawana Lee-Ware, DDS**, **MSD** (Past President, 2015), were inducted as Fellows into the American College of Dentists.

In the photo at left, Dr. Patten (left) and Dr. Lee-Ware (right) are with Dr. Walter Owens, associate dean, Meharry Medical College, School of Dentistry.

Frances Emelia Sam, DDS, clinical associate professor in the department of Oral and Maxillofacial Surgery at Howard University, presented at the American Dental Association's annual meeting in Honolulu, in October. She was one of 10 professionals selected for the *New and Emerging Speaker Series*.

Her presentation, "Transforming Healthcare: The Rise of Compassionate Clinicians," addressed the prevalence of burnout and possible strategies to counter its devastating effects. The importance of emotional intelligence and mindfulness were discussed within the context of clinician well-being.





On behalf of the North Carolina Department of Health and Human Services, **Sarah E. Thomlinson, DDS**, and her team created a newsletter based on a 20-year old newsletter from the national-level Office of Minority Health, *The Road to Oral Health Equity in North Carolina*. The newsletter was launched in celebration of her program's 100th Anniversary as the nation's first state-funded dental public health program, which began in 1918. This publication, a partnership between the North Carolina Department of Health and Human Services' Division of Public Health and the Office of Minority Health Disparities, solicited articles from prominent North Carolina dental and dental public health practitioners, academicians, policy makers, and community leaders. The goal of this publication, the first of its kind in the state, is to highlight the activities and research of state experts, all working to overcome oral health disparities in North Carolina. By working together, the program hopes to increase access, improve outcomes and work toward health equity for our vulnerable populations. The oral health equity newsletter is online and can be accessed here.

Collaborating with internal and external partners on this document brought a new perspective to the value of communications, especially the importance of sharing our successes. Dental Public Health is an important facet of dentistry, one that every private practitioner can link into locally to improve oral health in their communities. Please consider highlighting the newsletter I spearheaded, the 100th anniversary of dental public health, and the importance of collaboration to improve "Oral Health for Every Body!"

AAWD Board Members Advancing







Jodie Wing Lee, DMD (left), has been named Director of Dental Services at The University of Kansas Health Systems.

Carol Wong, DDS (center), AAWD's Director of Federal Services, was recently promoted to the rank of Commander, U.S. Coast Guard.

Mojdeh Dehghan, DDS (right), was recently appointed the Interim Chair of the General Dentistry Department at the University of Tennesseee College of Dentistry. She appreciates the mentorship and support from her fellow AAWD Board members.

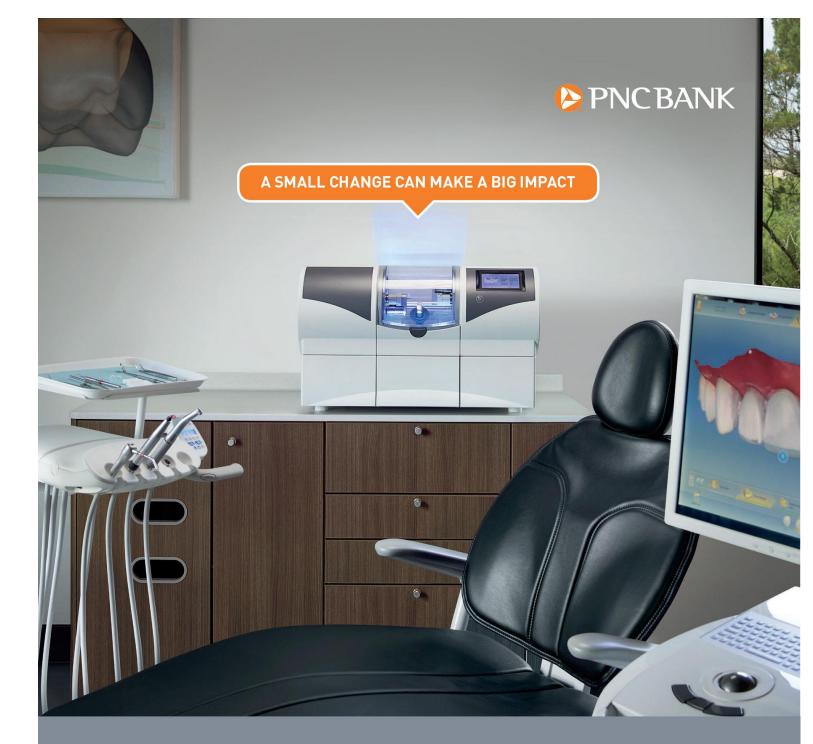
2018 Lucy Hobbs Taylor Award (continued from page 8)



Dr. Leslie Grant delivers her acceptance speech October 6, 2018, during the AAWD annual conference. In her speech, she acknowledged all who have helped and encouraged her and challenged the audience to retain their enthusiasm for the dentistry profession.

Of Dr. Grant's award, AAWD President Dr. Tamara Berg states, "I am thrilled with the selection of Dr. Leslie Grant to receive our organization's highest honor, the Lucy Hobbs Taylor Award. Dr. Grant exemplifies the female leader, mentor, educator and humanitarian, in one outstanding voice for females in dentistry throughout the country. I offer my sincere congratulations to her on receiving this recognition by her colleagues."

In her acceptance remarks, Dr. Leslie Grant challenged all those in attendance. "As women in leadership we face multiple realms of purpose We know that it is important to recognize the power of advocacy to implement positive change. The depth of our integrity is evident through our professionalism, mentorship, and volunteerism. Maintaining excitement about our wonderful profession spreads the word, and gets other individuals curious about the impact of good oral health status and access to care Our voices, efforts and our influential outcomes will continue to make certain that we are at the table in a variety of meaningful ways and in critical organizations."



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Every Day Is Ladies Day at AAWD

AAWD was well represented at the American Dental Association's meeting October 18-22, in Honolulu, Hawaii. Members participated in continuing education sessions and collaborated with colleagues at the annual event, which was attended by more than 16,000 dentists, members of the dental team, students and exhibitors.



From left are Dr. Tamara Berg, President; Dr. Karyl Patten, Immediate Past President; and Dr. Mary Martin, Director of Member Benefits. Berg.



From left are Dr. Krista Jones, Dr. Lindsey Robinson (ADA Board of Trustees) and Dr. Tamara Berg.





Dr. Karyl Patten participates in the ADA Diversity and Inclusion Panel September 23, 2018. Pictured are (back row, from left) Dr. Cole and Dr. Crowley and (front row) Dr. Morell, Dr. Nguyen, Dr. Patten and Dr. Smith.

Left: The Women in Perio initiative launched on October 28 during the Annual Meeting of the American Academy of Periodontology. AAWD Editor Dr. Elizabeth Ramos (second from right) was appointed to the AAP WIP Task Force. Pictured are Drs. Gaydos-Daniel, Marron-Tarrazzi, Salcetti, Doobrow, Kumar, Geisinger, Finney, Ramos and Boyesen.



Right: (from left) AAWD President Elect Dr. Brittany Bergeron, President Dr. Tamara Berg, LHT recipient Dr. Leslie Grant and AGD President Dr. Manuel Codero, at the AAWD Awards Dinner during the 2018 Annual Conference.

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Ladies Day in Savannah, Georgia



Pictured above are AAWD Past President (1996) Dr. Jane Estes Tindol with Mary Anderson at the annual conference.



Students enjoy the photo booth props at the 2018 annual conference.



AAWD students members pose with the Ladies Day banner during the annual conference.



Above are 2019 AAWD Board members Dr. Karen Irani (far left), and Dr. Maria Maranga (front, center) posing with dental students at the annual conference.

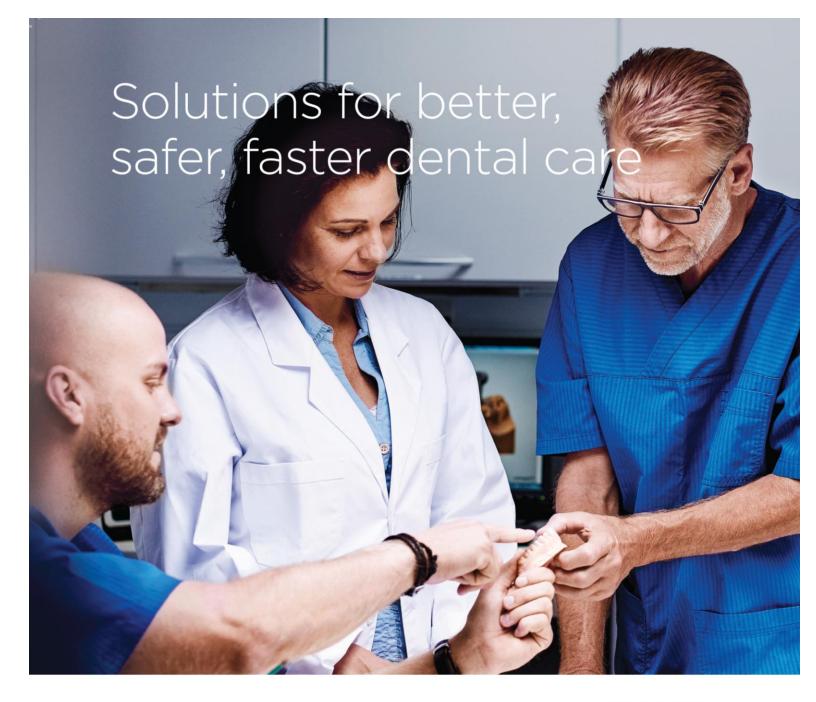


Dr. Brittany Bergeron (center) is with Dr. Rachel Baylin and Dr. Lauren Wronksy, 2019 Director of Member Benefits.



Above are 2018 Lucy Hobbs Taylor Award winner Dr. Leslie Grant, Dr. Judy Greenlea Taylor, AAWD Vice President Dr. Daphne Ferguson-Young and Dr. Anna Munne, Hispanic Dental Association President.

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AAWD/Colgate Research Awards



Colgate^{*}

Congratulations!



Nancy Epstein

Tufts University School of Dental Medicine
Brand Matched Effect on Fluoride Release of
Restorative Materials through Bonding Agents
Principal Investigator
Steven Eisen, DMD

Eugenia Monaghan

University of North Carolina School of Dentistry

Effects of a Caspase-1 Inhibitor on the Inflammatory

Process in Experimental Periodontitis

Principal Investigator

Julie T. Marchesan, DDS, PhD

The awardees are pictured above receiving their Colgate Research Awards during the 97th Annual Conference from Dr. Mary Martin (left), AAWD Director of Member Benefits, and Colgate's Jodie Bacon, Oral Health Consultant with Colgate Pharmaceuticals.

Colgate Awards continued on next page.

Student Chapter News

Touro College of Dental Medicine

Heather Rowlands (2022), Public Relations Chair

Touro College of Dental Medicine's chapter of AAWD participated in the local Races for Faces hosted by myFace at Randall's Island on September 16. Our members volunteered at the event, while our advisor, Dr. Melissa Levine, participated in the 5k. We helped with set up, and members acted as course marshalls and ran the children's carnival. Despite the incredibly hot weather, we had a great time and can't wait to volunteer again next year!





Dr. Melissa Levine (front) welcomes AAWD members and potential members to her home for the annual TCDM AAWD Wine & Cheese party.

Pictured (from left) are Lea Chernoff (2020); Jillian Grant, treasurer (2020); Maddy Maas (2021); Sneha Tammareddy (2020); and Arlyn Fraim, president (2020).

AAWD/Colgate Research Awards (continued)



Devon Allison
University of Maryland
School of Dentistry
Investigation of the Application of RNA-Seq
in Quantitation of Gene Expression by
Microbial Populations in Patients with
Agressessive Periodontitis
Principal Investigators
Mark Shirtliff, PhD
Kuei-Ling Hsu, DDS





Brittney Ciszek
University of North Carolina at
Chapel Hill School of Dentistry
Implementation of a Prenatal Oral Health
Program: Benefits, Barriers, and
Goals for the Future
Principal Investigator
Rocio Quinonez, DMD, MS, MPH





Ariana Dela Cruz

Boston University Henry M. Goldman
School of Dental Medicine

Decoding Early Molecular Changes in
Sjögren's Syndrome
Principal Investigator
Maria Kukuruzinska, PhD



Anusha Etikala
University of Michigan School of Dentistry
Epigenetic Regulatory
Mechanisms in Human Periodontitis
Principal Investigator
Rogerio Castilho, DDS, MS, PhD

AAWD/Colgate Research Awards (continued)



Savannah Lancaster

University of Tennessee Health Science Center College of Dentistry Effect of Hydrochloric Acid on Surface Roughness on Glazed CAD/CAM Ceramics

Principal Investigators Alexander Dozier, BS James Simon, DDS, MS Mojdeh Dehghan, DDS Brian Morrow, BS Mohammad Shafter, PhD Franklin Garcia-Godoy, DDS, MS, PhD





Ji Yoo Lee
Indiana University School of Dentistry
Effect of Various Concentrations of
Double Antibiotic Paste on Biofilm Formation
Induced by Oral Bacterial Species and Nicotine
Principal Investigator
Richard L Gregory, PhD





Chrystopher Perez
Western University of Health Sciences
College of Dental Medicine
Anxiety Reduction and Oral Health Promotion
for Children with Autism Spectrum Disorder
Principal Investigator
Yawen Peng, DMD



Mengyi Shi
University of Alabama at
Birmingham School of Dentistry
Periodontal Inflammation Changes in
Women with Pregnancy Gingivitis
Principal Investigator
Mia Geisinger, DDS, MS

Meharry School of Dental Medicine

Tiara Marshall, President (2020), and Cre'Andria Thompson, Vice President (2020)

Pow Wow Community Service

Members of the Meharry AAWD Student Chapter along with other women dentists and student doctors volunteered at the 37th Annual Native American Indian Association (NAIA) Education Pow WOW and Fall Festival on October 21 at the Long Hunter State Park in Hermitage, Tennessee. The Pow Wow is a spirited event where Indians of different Nations gather each October to share part of their culture. It also gives the community the opportunity to personally experience the culture and spirit of the American Indian people. During this event, we provided the attendees of the festival with free oral health screening, preventative dental education, and distributed goody bags containing a toothbrush, toothpaste, and floss.

Community Day

Community Day at Meharry Medical College is an annual event that brings all the school's organizations together to give back to the community. This year the school had a "Carnival" theme. The Meharry's student chapter of AAWD created a game called, "Knocking Out Caries!" The game consisted of 6 cans that were beautifully decorated with carious teeth and 3 balls used to knock down the cans, similar to a game played at the carnival. Before starting the game, players were asked 3 simple dental education questions about dental hygiene. All players were given dental goody bags equipped with a toothbrush, toothpaste, floss, as well as candy.

Meet & Greet

To kick off the 2018-19 academic school year, Meharry's AAWD Chapter hosted a Meet & Greet to welcome the first year students to Meharry and to socialize with current members. The theme for the social was "Wine and Dine."

AAWD Student Chapter Advisor, Valencia McShan, DDS, MA, was awarded the 2018-2019 Distinguished Exemplary Teacher's Award. Dr. McShan is also one of the leading professors in research at Meharry. She has definitely been a great advisor and mentor to the members of the Meharry AAWD Student Chapter. Dr. McShan continues to display her passion for teaching by bringing Meharry's mission, "Worship of God through Service to Mankind," to fruition.



Above: Meharry AAWD members welcome first-year dental students to the campus.





Above: Pictured are (from left) Tiara Marshall, president of Meharry's AAWD Student Chapter; Cre'Andria Thompson, vice president; Dr. Daphne Ferguson-Young, AAWD vice president; Krystal Holford, member; Dr. Shaza Dafalla and Dr. Rachel Rosario, GPR residents; and Dr. Claudia Appiah. At center is Jacinta Leavell, PhD.

Left: Pictured are Cre'Andria Thompson (left), vice president, and Tiara Marshall (right).

Right: Keturah Richardson, Miss School of Dentistry and AAWD Member, plays a game created by the student chapter during Meharry's Community Day.



University of New England College of Dental Medicine

Yalda Rostamnezhad (2020), President

As the first event of the semester, the AAWD chapter at University of New England College of Dental Medicine hosted a Powder Puff football game, which we named the "Brush Rush". The goal for organizing this event stemmed from a few factors. First and foremost, the chapter wanted to host a fun and light-hearted event that gave the new first year class an opportunity to learn more about our club and connect with our members. Next, we wanted to empower our members by encouraging them to bond through a game of football which is largely known for being a "man's" sport. Finally, we wanted to generate more involvement in our chapter from the D2, D3 and D4 classes by specifically including everyone in the teams which consisted of one D1/D2 team and one D3/D4 team. Our event had an incredibly turnout, with more than 40 students participating in the game and over 30 spectators. We are so excited about the success and cannot wait to make this an annual affair!

Right and below left: The University of New England College of Dental Medicine's Powder Puff football game.

Bottom right: AAWD Student Chapter Vice President Sheila Trangchiu and President Yalda Rostamnezhad pose before the game begins.







Student News (continued)







University of Florida College of Dentistry

Lauren Arguilles (2020) National Student Representative

The UF AAWD chapter has had an eventful fall semester thus far! To start off our semester, we had a wonderful display at the annual organization fair to gain membership of the new 1st year women dental students. After the fair we held an ice cream social after school in the professional student lounge for new dental students to meet some of the current members and officers of our organization! Our chapter is very proud to have been able to successfully send eight of our members to the national meeting in Savannah, Georgia this year. This was a goal that took a lot of fundraising and planning.

We have hosted two excellent lunch and learn events where we provided lunch to our members while they got to learn about dentistry from a female periodontist working in private practice, as well as learning valuable tips on how to deal with sensitive topics such as domestic violence with patients!

UF AAWD is a very social organization that takes pride in the networking we provide within our own chapter. We held a yoga social at a nearby park in Gainesville, a corks and colors painting social, and celebrated the initiation of our new members! Our initiation ceremony has been our biggest event of the year as inducted 46 new national members. We've had many fantastic events this semester and are looking forward to many more in the upcoming weeks!

Top left: University of Florida AAWD Chapter hosts a Yoga Social.

Middle left: University of Florida AAWD Chapter hosts a lunch and learn for its members with a local periodontist.

Bottom left: University of Florida AAWD Chapter hosts a paint party.



Right: University of Florida AAWD Chapter initiates new members for 2018.



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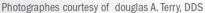
A New Spin on Snap-On Polishers

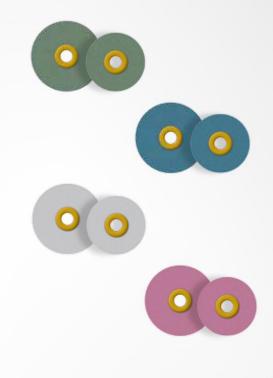
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Student News (continued)

Western University of Health Sciences

Sandy Ku (2020), President



Pottery Night (right)

At the beginning of fall semester, we hosted a welcome back pottery party with our wonderful members and first year students. We learned hand building and wheel throwing skills with professional artists and practiced our hand skills by making lots of amazing pottery pieces.



Self-Defense Workshop (left)

October is Domestic Violence Awareness month. In our effort to raise awareness, we hosted a self-defense workshop with our director of campus security and experienced SWAT team instructor Dave Sevesind. Students not only learned about self-defense techniques but also practiced strategies to get out trouble situations. We love learning new skills and growing stronger together.





Wine, Cheese and Chocolate (left)

On October 13, our faculty advisor hosted our annual Wine, Cheese, and Chocolate event. She welcomed our members, along with faculty and staff, into her home to enjoy cheese fondue, a chocolate fountain, countless baked goods, and wine! We also had a dental terminology ABC's challenge and played a Bingo game to help first year students get to know upperclassmen members and faculty a little better.



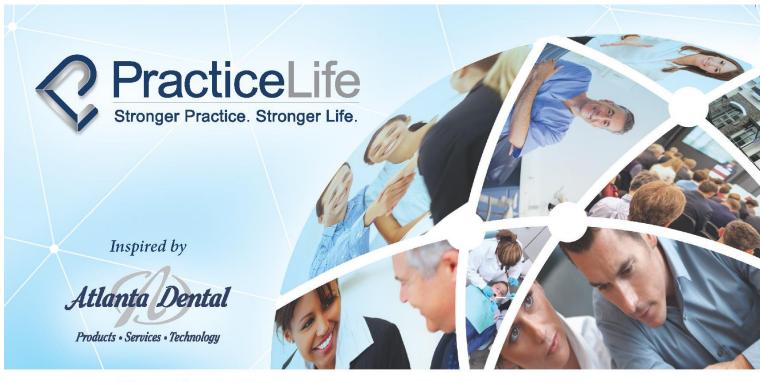
Hosting Girl Scouts

On September 27, we hosted 50 girl scouts from troops in Los Angeles area as a part of the "Women in Healthcare" program. We showed the girls proper oral hygiene and let them practice brushing with plaque disclosing index. We taught them all about coronal polishing and let them do some hands on practice. The girls even got to fill some prepped teeth with composite. The girl scouts had an amazing time and we also loved inspiring young girls to pursue a career in healthcare.



AAWD Welcomes Its Newest Members

WEST						
Tiffany Hung Chrystopher Perez Fibronia Georges Chiara Lewis Philip Tagatac Emma Carpenter Preet Kaur	Cerritos, CA Chino, CA Chino Hills, CA Chino Hills, CA Chino Hills, CA Claremont, CA Claremont, CA	Student Student Student Student Student Student Student	Hicret Islam Ariel Juarez Jin young K Margaret Sc Michael Yo Hae Jin Han	z Kim oh	Pomona, CA Pomona, CA Pomona, CA Pomona, CA Pomona, CA San Francisco, CA	Student Student Student Faculty Student Student
SOUTHWEST						
Valarie Pinkerton Vanessa Garcia Dayna Duke Susan Whiteneck Amanda Akkari	Tuscon, AZ Albuquerque, NM Edmond, OK Norman, OK Oklahoma City, OK	Active Post Graduate Active Faculty Student	Uzma Haji Julie Storm Victoria Ti Anna Muni	n indol	Oklahoma City, OK Oklahoma City, OK Abilene, TX Houston, TX	Student Active Student Active
MIDWEST						
Maria Gomez Chino Erokwu Maame-Ama Antwi	Coralville, IA Alton, IL Chicago, IL	Active Student Student	Jeyanthi Bł Kristen Leł	haheetharan hner	Indianapolis, IN Ann Arbor, MI	Post Graduate Student
Northwest						
Anusha Etikala	Seattle, WA	Post Graduate				
SOUTHEAST						
Mengyi Shi Sushma Chaudhari Sydney Geary Zayda Reyes Sierra Zarate Rashondia Gaines Azadeh Manafi Katharina Buckley Michelle Thomas Lily Delanoval Anabel Torres Krisha Amin Chandlor Bearden Jessi Brooker Kaitlin Burton Sydney Bush Meaghan Cleary Megan Davidson Jacqueline Delash Sarah Dickey Rocio Jacobo	Birmingham, AL Bradenton, FL Bradenton, FL Bradenton, FL Davie, FL Fort Lauderdale, FL Fort Lauderdale, FL Gainesville, FL Gainesville, FL Miami, FL Miami, FL Orlando, FL Plantation, FL Augusta, GA	Student Student Student Student Student Faculty Student Student Post Graduate Student	Elizabeth G Allison Aug Anthony Bl Candace Co Fatima Has Elizabeth A Anne Hill Savannah I Emily Swar Christine D Emily Farri	dan mmy ord ermuth Arnold 'hite Kamoh iszek issey-Williams Galloway-Dextraze igusta ihandsali ook ssan Abell Lancaster inson	Buford, GA Macon, GA Marietta, GA Marietta, GA Maritinez, GA Savannah, GA Lexington, KY Zachary, LA Cary, NC Chapel Hill, NC Shelby, NC Hilton Head Island, SC North Augusta, SC North Augusta, SC North Augusta, SC North Augusta, SC Memphis, TN Memphis, TN Nashville, TN Richmond, VA Richmond, VA	Post Graduate Active Student Faculty Active Student Post Graduate Faculty Student Active Active Active Student Student Student Student Student Student Active Faculty Student Active Faculty Student Active Faculty Student Post Graduate Student Student
NORTHEAST						
Laura Callan Ariana Delacruz Kerin Gustafson Deepti Karhade Ambika Kumaran Haley Harris Rachel Baylin Allison Marmon Nahid Shahry Rita Okolo Erin Norcross Isabel Rambob Isabel Biernacki	Boston, MA Boston, MA Boston, MA Boston, MA Boston, MA Everett, MA Baltimore, MD Baltimore, MD Bel Air, MD Brentwood, MD Darnestown, MD Hanover, MD Edison, NJ	Student Student Student Student Student Student Active Post Graduate Faculty Student Student Student	Genevieve Samantha Y Madeleine Maria Vitor Heather Ro Haele Dixo Jinyoung Ju Susan Koh Abigail Sch Ethel Esian Juliette Mar	You Maas ovsky owlands on ung hwart nor-Mitchual	Marlboro, NJ Ramsey, NJ Ridgewood, NJ Buffalo, NY Elmsford, NY New York, NY New York, NY New York, NY White Plains, NY Mt. Joy, PA Philadelphia, PA Pittsburgh, PA	Faculty Student Active Student Active



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AAWD Members Appointed to Gillette Hayden Memorial Foundation



Dr. Maxine Feinberg (left) and Dr. Tawana Ware (right) will join the Board of the Gillette Hayden Memorial Foundation (GHMF) as of January 1, 2019. Their enthusiasm for philanthropy will enhance the efforts of the GHMF to support the Mission and Vision of AAWD.

Drs. Feinberg and Ware will join current GHMF Board members in 2019 will be Drs. Trucia Drummond, Cissy Furusho, Mary Hayes, and Mary Martin. This year the Gillette Hayden Memorial Foundation granted Smiles for Success \$20,000 and plans to support AAWD student members with funds from the June Warren Lee Dedicated Leadership Fund by the end of 2018.

The mission of the GHMF is to support educational, research and leadership programs of the American Association of Women Dentists and its membership.

Tax deductible donations are accepted at any time to continue GHMF's work on behalf of AAWD and its members. For more information, please contact Dr. Trucia Drummond, GHMF Treasurer, 3150 North Lake Shore Drive, Chicago, IL 60657. You may also reach her at

truciadrummond@sbcglobal.net.

AAWD Launches Exclusive Members Only Facebook Page

AAWD now has an exclusive Members Only Facebook Group! This group is a platform for conversation, networking and mentoring, in addition to sharing awesome member only benefits. After requesting to join, your membership will be verified and membership access granted. Please feel free to let us know any ideas you may have or things you would like to see on this page as a member! Find the group using the link below or through our existing Facebook page.

https://www.facebook.com/groups/AAWDMembersOnly/



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Calendar of Events

November 2018

October 31-November 3

American College of Prosthodontists Baltimore, Maryland

November 22

Thanksgiving Holiday

November 23-28

Greater New York Dental Meeting New York, New York

December 2018

December 21-25

AAWD's National Office will close at noon CST, December 21, and will reopen at 8 a.m. CST, December 26.



Chronicle Deadlines

The AAWD Chronicle is published four times per year.

Submissions for the first issue of 2019 (Quarter 1) are due by January 2, 2019, and should be sent to chronicle@aawd.org.



January 2019

January 1

New Year's Day

National Office closed.

January 2

Submissions for AAWD Chronicle are due.

January 21

Dr. Martin Luther King Day

January 17-19

Rocky Mountain Dental Convention Denver, Colorado

January 31-February 2

Yankee Dental Congress Boston, Massachusetts

