

Chronicle



Registration for AAWD's 2019 Annual Conference is now open. Visit aawd.org/conference to register with the early bird rate until June 16. For more information on conference sessions, see page 14.

In this issue . . .

- Page 2 President's Message
- Page 3 Smiles for Success
- Page 4 Board Meeting
- Page 5 Member Benefits
- Page 6 Meet the 2019 Board
- Page 9 Tales from the Dentist's Chair
- Page 10 Member News
- Page 15 Ladies Day
- Page 16 Exquisite Heritage
- Page 17 Student News
- Page 22 Announcements
- Page 23 New Members
- Page 24 Corporate Members
- Page 25 Calendar of Events



AAWD's Board of Directors met March 1 at the Arizona Grand Resort & Spa, site of the 2019 Annual Conference, to plan for the organization's growth, as well the upcoming conference. The group is pictured above in the Conference Center. For more on the Board meeting, see page 4.

To become a member of AAWD,
visit www.aawd.org,
email info@aawd.org,
or call 800-920-2293.



<https://www.facebook.com/groups/AAWDMembersOnly/>



Instagram [@womendentists](https://www.instagram.com/womendentists)



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Brittany Bergeron, DDS
2019 AAWD President

As the 2019 President of the American Association of Women Dentists, I want to personally welcome you all to what I know will be a fantastic year for our organization! 2019 is already off to a great start and that momentum will continue to build as the year goes on. I am delighted and honored to serve as the 2019 President of this organization that means so much to me. I am truly looking forward to giving back to AAWD on a higher level this year.

One of my main goals for this year is to increase membership value. I am delighted to see our membership numbers increasing and want our members to feel value for their membership dues. As a result, we have been working very hard on bringing some great new member benefits your

Our partnership with Armoire is a great example of a new and different member benefit! Armoire offers clothing rental services and personal styling at a deeply discounted rate for AAWD members. I myself have tried this service and am loving it. I just renewed my subscription for six months! If you missed our most recent webinar with them, it is available for replay on our website.

I encourage each and every one of you to reach out to me or anyone on the Board of Directors if you have ideas for new member benefits. As women are about to dominate our industry, we have a great need for AAWD. Without our members' support, we cannot reach our goals. I hope each of you will encourage your friends to join our organization and to be actively involved this year. Don't forget to save the date for our 2019 Annual Meeting: An Oasis of Collaboration, which will take place September 26-28, at the Arizona Grand Resort & Spa in Phoenix. Hope to see you there!

Want to contribute to the *Chronicle*?

Our column "Tales from the Dentist's Chair" is your chance to share unique case studies, personal essays and stories of challenges and triumphs in your career and practice. To be considered for the next issue, please submit your story or essay (500 words or fewer) to chronicle@awwd.org by July 1, 2019.

Please include a high-resolution color headshot and photos. For a complete list of submission requirements, [click here](#).





Mary Beth Aichelmann-Reidy, DDS
Smiles for Success Vice President, Director of Student Chapters

One avenue for the Smiles for Success Foundation to support and provide dental care to women transitioning into the workforce has been the dental school-based programs. Since 2009 the University Of Maryland, School Of Dentistry has been helping women in need of urgent dental care and ensuring they will have a presentable smile for job interviews and to enter the workplace with confidence. Often women with the greatest needs are located in metropolitan areas and lack adequate transportation to reach our network of Smiles for Success AAWD member dentist volunteers.

The student program of Smiles for Success was created to address this deficiency. Our program runs through the AAWD student chapter at the University of Maryland, as have other school-based programs, to address the unmet needs of women affiliated with local community centers in our metropolitan and suburban areas. The University of Maryland student chapter has always had a strong commitment to community service, with activities at women's shelters and community centers affiliated with the Smiles for Success Foundation in the Baltimore region, performing oral health screenings, oral health education, serving meals and even participating in 5Ks to support the transition of these women from dependency to independence.

The Smiles for Success program has allowed us to take the connections our student members have established in our community and help these women, who would not otherwise be able to get the care they need to gain employment. The experiences with this program over the years have enriched not only the patients served, but also the students. They have found the experience invaluable and have developed skills to network and connect with social workers as future community leaders.

So often I hear the students' stories of these women working hard to strive for change in their lives and for their families and wish we could serve more. Our students have reinforced how they have benefited from their involvement with the program and learned valuable lessons.

Leah Romay, DDS (2016), has developed stronger clinical and patient skills by volunteering with Smiles for Success. "I've also learned about the importance of the dentist-patient relationship," she says. "These women are entering the workforce again. As dental care providers, we can give them confidence in their smiles and in themselves."

For Maricris Mangasi, DDS (2015), watching the women progress was extremely rewarding. "When the patients first begin treatment, it can be challenging to gain their trust," she says. "At the end, when you've finished their treatment plan, they feel new and ready to go out and get a job," she says. "It's great to feel like I'm part of that progress."

We have changed the lives of many in Baltimore and need your help to support the foundation and allow for expansion of the school programs.

AAWD turns 100 years old in 2021!

Help make Smiles for Success one of the most outstanding contributions to dentistry in the last 100 years!

[Donate Today](#)

AAWD Board of Directors Holds Spring Face-to-Face Meeting

AAWD's Board of Directors met for their annual spring face-to-face meeting March 1, at the site of the 2019 Conference, the Arizona Grand Resort & Spa in Phoenix. With AAWD's goals and mission in mind, the directors shared their individual and committee reports and discussed the organization's strategic plan. This meeting also provided the Board the opportunity to preview the property and finetune plans for the 2019 annual conference, scheduled for September 26-28.



PROPOSED AMENDMENTS TO AAWD'S BYLAWS: PREPARE TO VOTE!

One important outcome of the March 1 Board meeting was the proposal of amendments to AAWD's Bylaws. The Board concluded these amendments are necessary in order to streamline the group and transform it into an even more powerful and effective leadership unit.

As an AAWD member in good standing, you have both the right and the responsibility to review these proposed amendments and to vote to accept or reject them. Please examine the linked document (below) carefully. At the beginning of May, you will receive an eblast containing a link to record your final decision.

As you study the attached Bylaws, please give careful attention to *Articles VI, VII, and IX*, as these are the areas of the document that encompass the proposed amendments. If you have any questions about the proposed amendments, please send your questions to info@awd.org on or before May 6.

Your board thanks you for your membership in and commitment to AAWD!

[ACCESS THE PROPOSED AMENDMENTS TO AAWD'S BYLAWS HERE.](#)

AAWD Membership Benefits



Membership Benefits Everyone! Dr. Lauren Wronsky, Director of Member Benefits, and your entire Board of Directors have been very busy lately **WORKING TO BENEFIT YOU!**

One new benefit available to AAWD members is our Practice Resources folder. Found on the website, these resources provide members with a collection of consent forms and practice management forms for your customization and use. We also invite you to forward any forms you have that are not already included in our online collection. Members helping members—that's what AAWD is all about!



AAWD's Job Board has been active since 2018. Members are welcome to post jobs on the site and to browse for available jobs. Information about the Job Board is on the Member Benefits page of the AAWD website.

Missed a webinar? Did you know we store podcasts and webinars on our website for up to one year? That's right! You can earn CEUs while sitting in the comfort of your own home. And you don't have to worry if your busy schedule interfered with attending the live event. Please check out our library on the AAWD website.



ARMOIRE Armoire, one of AAWD's newest partners, offers highly discounted clothing rental services. Open the door to a whole new wardrobe! Log on to Member Benefits to see what exciting new styles could be hanging in your closet within a few short days.

**CLICK HERE to
JOIN or RENEW**

Meet the 2019 Board of Directors



AAWD President Brittany Bergeron, DDS

Although I have met many of our members, I wanted to introduce myself for those of you I don't already know. I graduated from the University of Maryland, School of Dentistry in 2013 and have been in private practice since graduation, currently practicing in Baltimore, Maryland. My husband Perry and I live in Baltimore with our puppy Luna. Some of you may remember Perry from our 2018 Annual Meeting; he was the tall man with the camera at our events. I am thrilled to have the opportunity to lead this wonderful group of women dentists in 2019!



Favorite Quote
She believed she could, so she did.

Brittany Bergeron, DDS, obtained a Bachelors of Arts in Chemistry from the College of the Holy Cross and completed her Doctor of Dental Surgery Degree from the University of Maryland, School of Dentistry. Dr. Bergeron lives and practices as a general dentist in Baltimore. In her free time, she enjoys mentoring and networking with other dentists through AAWD, cooking, knitting, spending time with family, and traveling.

Meet the 2019 Board of Directors (continued)



AAWD President-Elect

Daphne Ferguson-Young, DDS, MSPH, FICD, FACD

Dr. Ferguson-Young is the current Program Director of Meharry Medical College's General Practice Residency Program. As an active dental faculty member, one of the activities that she has directed for the last eight years is the college's Jamaica international mission trip. Dr. Ferguson-Young is very involved in local, state and national dental societies. Other activities she enjoys are traveling, reading, and engaging in family time.

Favorite Quote: *No matter what accomplishments you make, somebody helped you.* Althea Gibson

Favorite Advice Received: *Don't let anyone dictate the altitude of your dreams.* My Grandmother

Favorite Advice Given: *Don't burn your bridges. Believe me, you will cross that road again and more than likely need the person you casually dismissed.*

AAWD Treasurer

Elizabeth Diaz Ramos, DDS, MSD

Dr. Ramos is the Director of Integrated Curriculum Initiatives and a Clinical Associate Professor in the Department of Community Dentistry and Population Health and the Department of Surgical Dentistry at the University of Colorado School of Dental Medicine. After more than 10 years in Ohio (first as a general dentist, then as a periodontist), Liz made a full-time commitment to dental education. From 2011-2018, she was on the faculty at the Indiana University School of Dentistry and served as the Director of Program and Institutional Assessment during her last two years. In 2016 she was recognized as one of two "Outstanding IUPUI Woman Leaders" in the Newcomer Faculty category. She currently serves on the Women in Periodontics Taskforce in the American Academy of Periodontology and the Scientific Advisory Board for *JDR Clinical & Translational Research*.



Favorite Quote: *We never know how high we are;/Til we are called to rise;/And then if we are true to plan,/Our statures touch the skies—*

Emily Dickinson

Favorite Advice: *Think about this phrase we've all heard on a plane: "Please make sure to secure your own mask before assisting others." Before you can be a positive mentor to others, you must first be confident in who you are and the values you live.*

AAWD Secretary

Tanya Marie Gibson, DDS

Dr. Gibson is an assistant professor in the Department of Oral Pathology, Radiology and Medicine at the University of Missouri Kansas City (UMKC) School of Dentistry. She graduated from Meharry Medical College School of Dentistry in 2001 and completed her residency in Oral and Maxillofacial Pathology at Long Island Jewish Medical Center in 2004. She is a Diplomate of the American Board of Oral and Maxillofacial Pathology and a Fellow of the American Academy of Oral and Maxillofacial Pathology.

Favorite Motto: *Teamwork!*

Favorite Advice Received: *Continue to be you, no matter what.*

Favorite Advice Given: *Never let anyone tell you you're not worth it. Know your value!*



Immediate Past President

Tamara Berg, DDS

Dr. Berg served as the 2018 President of the American Association of Women Dentists and has moved into the Immediate Past President role for 2019. She is currently also serving on the ADA Council of Membership and serves as an alternate delegate to the ADA for her state. She maintains a private practice outside of Oklahoma City in Yukon, Oklahoma. She is married and has two sons.

Favorite Inspiration: *My favorite verse is Colossians 3:23: "Whatever you do, work at it with all your heart, as working for the Lord and not for man."*

Favorite Advice Received: *Get involved; it's too easy to complain about what others are or are not doing from the sidelines.*



Meet the 2019 Board of Directors (continued)



Editor

Kadambari Rawal, BDS, CAGS, MSD, FASGD, FICD

Dr Kadambari Rawal, “Dr. Kady,” is currently a Clinical Assistant Professor at the Boston University Henry M. Goldman School of Dental Medicine. Since 2010 she has been part of BU Dental Health Center's Faculty Practice, where she provides full mouth rehabilitation and esthetic dentistry services to older adults and differently-abled patients. She practices geriatric dentistry at the long-term care facilities of Hebrew Senior Life, a Harvard Medical School Affiliate. She serves on boards of several organizations, is involved in research and outreach on a global platform, and lectures on geriatrics, nationally and internationally.

Favorite Quote: *Don't look back, but give back.*

Favorite Advice Received: *Always ask for help when you need it.*

From the Editor's Desk

“Thank You, Doctors!”

Recently, my close childhood friend (and a female physician) sent me a very interesting write-up about an accomplished engineer and scientist from MIT, who was referred to as “a young lady” in the article; she was also addressed only by her first name. One of the readers had taken it upon herself to make some much-needed corrections. She crossed out the words “young lady” in red and replaced them with “engineer” and “computer scientist.” The first name references now had the rightful abbreviation of “Dr.” in front of them. The corrected article (with all the red scratches) was circulating and being liked by thousands of readers on social media platforms. When I read it, I thought to myself, “Finally!”



I read and re-read the corrected article almost a dozen times that day, each time realizing how, intentionally or unintentionally, the author had taken away so much honor from the scientist, as if to maim her accomplishments by not addressing her with all the respect that she so very well deserved. The title “Dr.” before our names has been earned with much hard work, yet often it remains undervalued. How often do we see this happen in a work setting to female colleagues and even ourselves, for that matter? It might be by another colleague, by a patient or by the media. I know that I have let it slide way too often, thinking, “I don't think they meant disrespect.”

I have also discussed this with other colleagues across the country, who have experienced it themselves and have decided not to say anything, thinking, “I don't want to bother correcting the patient yet again,” or, “I'm not a confrontational person; its fine; I know I'm a doctor, and I don't need to hear it from my peers or patients to confirm my credentials.” All these conversations really made me think, while it may be the norm to not be addressed as “Dr.” in a casual setting with family, friends or colleagues, outside of our work environments, how much does it matter to us how we are addressed and perceived by our patients, students or peers at work?

It's been over a century and a half since Dr. Elizabeth Blackwell and Dr. Lucy Hobbs Taylor became the first women in the United States to be awarded doctorates in medicine and dentistry, respectively, in spite of multiple rejections from schools. They even received reasons for the rejections like, “intellectually inferior,” or, “. . . have you forgotten your womanhood so as to want to study dentistry?” In the face of unimaginable adversities, these women strived and succeeded in completing their education and became successful doctors, authors and activists. They were hoping against hope that they would pave the way for the next generation of women. They dedicated years of their lives to earn their titles; thereby, earning the respect of society and their peers. As we continue in their legacy today, we shouldn't let ourselves forget their fight.

I have been in the practice of dental medicine for only a short time, yet I feel as if I have seen and read about enough bias faced by women in our profession. I feel sometimes we all need a reminder to stand up for ourselves and other women in our profession, whenever we get the chance. If we collectively decide to respect each other and correct those who don't give us the respect that we deserve, then we stand a better chance of changing attitudes. Just the other day, I overheard a patient address the postdoctoral residents as “girls” and at the end of the appointment, said, “Thank you, ladies.” “You mean, ‘Thank you, doctors’?” a colleague immediately suggested with a smile. “*Thank you, doctors, indeed!*” the patient responded.

Tales from the Dentist's Chair

Hot Chocolate, Lattes and Vision Boards

Written by *Chineze Enwonwu, DMD*



A trend these days, especially around the holidays, is the idea of vision (dream) boards, and vision board parties. I caught onto this trend about three years ago and have had fun creating a vision board each year since then.

According to Wikipedia, “A dream board or vision board is a collage of images, pictures and affirmations of one's dreams and desires, designed to serve as a source of inspiration and motivation, and to use the law of attraction to attain goals.”

Personally speaking, creating a vision board is a fun yet powerful way to say “YES” to the many things you want to receive or accomplish in your life or in a particular area of your life, over a particular time period, or within a specified period of time.



In late December 2017, I hosted my first vision board party, with a small group of six professional females, mostly relatives and two friends (one a dentist, as well). Although I knew most of the ladies fairly well on a personal level, it was fun and exciting getting to listen to dreams and aspirations of other female professionals. However, I thought it'd be more interesting to gather around more women to join in this creative process.

In late December 2018, on a sunny Saturday afternoon, at a local coffee store in Shaker Heights, Ohio, I hosted a slightly larger gathering of about 12 ladies from different professions—pharmacy, dentistry, law, accounting, medicine and business, and two students—for another vision board party. Over mugs of hot chocolate, lattes, light music and conversations, we scoured through tons of magazines, and we clipped images, phrases, and/or words that represented our dreams and aspirations, or that were simply motivating and inspiring. We created our dream boards and shared our dreams and aspirations for the coming year: 2019. The comradery was great, and everyone left feeling highly motivated.

For me, there's something about the creative process of making a vision board that stimulates the mind. Going through magazines and cutting out pictures allows me to get into “visualization mode.” Visualization is often necessary to accomplishing things. The process helps me clarify my aspirations and get proactive. Not to mention, going through magazines over a cup of hot chocolate (or glass of wine) is a great bonding experience with other ladies. The end product, the vision board itself, serves as great visual reminder and motivator of my hopes and dreams.

My 2019 vision board included personal goals, like reading a book a month, daily exercise, trying new things, new experiences. It included professional goals, such as getting more involved in community service, like mentoring dental students through a local dental society. I also included faith affirmations across the board. What are your 2019 aspirations? Perhaps a vision board can help you get clear on what you want to accomplish.

Cheers to vibrant 2019! And I hope to share this experience with more dental colleagues and team members in the future.

Note: If you've found this article interesting or helpful, or would simply like to know more about vision board or hosting a vision board party, feel free to contact me at chineze.enwonwu@yahoo.com.



Dr. Chineze Enwonwu is a 2010 graduate of Case Western Reserve University School of Dental Medicine. She practices general dentistry in Cleveland, Ohio.



AAWD Member News



Janis Moriarty, DMD, was included in a new ADA series, “The Changing Face of Dentistry.” The articles examine the changing demographics and increasing diversity of dentistry. The first article in the series focuses on the highest number of female state president-elects in the ADA’s 160-year history. AAWD’s Dr. Moriarty, President-Elect of the Massachusetts Dental Society, is pictured above with other president-elects. A link to the entire story can be found [here](#) (shared with permission from ADA).



Lisa Knowles, DDS, a dentist, public speaker, and business consultant from East Lansing, Michigan, has been very busy recently with speaking engagements.

Dr. Knowles has already presented at several shows this year, including the Western Regional Dental Experience in April, and the Midwinter Meeting in Chicago in February. She also recently led a session on human trafficking for the Michigan Dental Association.

Dr. Knowles has also been preparing for her session at the AAWD annual conference, “Don’t Just Survive It! How to Work, Play, Love, Lead and Last in Dentistry!” This session will take place from 11 a.m. to 1 p.m., Saturday, September 28, at the Arizona Grand Resort & Spa in Phoenix. For additional information about Dr. Knowles’ session and the AAWD the conference, please visit <https://www.aawd.org/2019-aawd-conference/>.



AAWD President Dr. Brittany Bergeron participated in a panel recently at the Penn Dental School Course Elective. A variety of topics were discussed, including challenges faced in dental school, in private practice, as well as in life. The discussion was attended by both male and female dental students with an important take-away message of empowering women in dentistry. Pictured is Dr. Bergeron (second from left), along with the other panelists.

AAWD Member News (continued)

Cheryl Billingsley, DDS, was recently elected as Trustee of Southeast United States, representing the Pierre Fauchard Academy, an international honor dental organization. She is one of 11 Trustees throughout the world. Dr. Billingsley is a graduate of The Medical College of Virginia (1990, DDS) and the University of North Carolina Chapel Hill (1981, RDH). She represented the United States at a world dental organization meeting in Cologne, Germany, in March.



Lea El Hachem, DDS, MSD, recently lead a group of dental students on a Boston University mission trip to Guatemala. Her story follows.

Dentistry is all about helping others—through treating pain, bringing back the joy of food, and reviving smiles. Being part of this profession, we all made a conscious decision to be helpers in our daily lives.

I enjoy my everyday job; however, I was recently part of an experience that made me truly realize the reason I chose this profession. Earlier this year, I had the opportunity to lead a group of dedicated dental students on a Boston University mission trip to Poptún, Guatemala.



Dr. Lea Hachem with Guatemalan girls.

Boston University Dental team with the local Guatemalan team.

As a young woman early in my career, on my very first dental mission trip, leading a group of people in a new country, I wholeheartedly stepped into this challenge. And it was one of the most rewarding experiences of my life. We embraced the culture and learned a lot from the lifestyle differences of the Guatemalan people. Despite the lack of resources, they are happy people, living simple lives, but to the fullest. They had no access to dental treatment, and the need for dental work was heartbreaking. Their dietary habits, high in carbohydrates, predisposed them to a higher caries risk. While we had limited supplies, no water, electricity or suction, we did our best to treat as many patients as possible and restore any teeth we could save, extracting only hopeless teeth.

At the end of the day, nothing is more rewarding than seeing a patient finally out of pain after tolerating it for a long time. Nothing is more gratifying than seeing people who were covering their faces when they smiled, smile publically again. Nothing is more satisfying than knowing that we used our knowledge and expertise to make a difference in this community. I am thankful to be in this profession, and I hope to continue providing dental care to the best of my abilities every single day.



Frances Emelia Sam, DDS, was featured on the ADA's brand new podcast, "Beyond the Mouth," in February. The series covers topics outside of the usual clinical subject matter. Host Dr. Betsy Shapiro, of ADA's Center for Professional Success, interviewed Dr. Sam on the current wellness revolution in healthcare. While patient-centered care is of the utmost importance, the well-being of practitioners is now also a primary concern. Their conversation explores this quickly emerging area of focus.

AAWD Member News (continued)

Dr. Carol Anne Murdoch-Kinch Named First Women's Dean of the Indiana University School of Dentistry at IUPUI

On July 1, 2019, Carol Anne Murdoch-Kinch, DDS, PHD, will become the first female dean in the 140-year history of the Indiana University School of Dentistry at Indiana University-Purdue University Indianapolis. She previously served as associate dean for academic affairs and professor of integrated special care dentistry at the University of Michigan School of Dentistry. Dr. Murdoch-Kinch also served as a clinical professor in the school's Section of Oral and Maxillofacial Surgery/Hospital Dentistry.

Dr. Murdoch-Kinch received a clinical certificate in dental diagnostic sciences in 1991 and a PHD in 1996 from IUPUI, where her dissertation involved clinical research on gene expression of Crouzon syndrome in families. Dr. Murdoch-Kinch also attended the University of New Brunswick in Fredericton, New Brunswick, Canada, and received a Doctor of Dental Surgery from Dalhousie University in Halifax, Nova Scotia, Canada.



Dr. Kadambari Rawal Honored with ADA's 10 Under 10 Award



AAWD Editor Kady Rawal, *BDS, CAGS, MSD, FASGD, FICD*, was recently selected to receive one of the American Dental Association's 10 Under 10 Awards. This award recognizes dentists who are making an impact on the profession less than 10 years after graduating from dental school. Dr. Rawal was chosen from more than 120 nominations due to her leadership in dental education, research, and vast community service efforts. Her nominator describes Dr. Rawal as "an amazing woman and dentist . . . there won't be another like her."

AAWD POLICY STATEMENT ON PATIENT TREATMENT DURING PREGNANCY

The American Association of Women Dentists recognizes the safety and importance of providing preventative, diagnostic, and restorative treatment throughout a patient's pregnancy and would like to highlight the following:

- Delaying treatment during pregnancy may result in more complex issues, especially in dental emergencies;
- Pregnant patients have increased risk for certain oral conditions and, therefore, should be counseled on proper oral care throughout pregnancy; and
- Working alongside a patient's obstetrician to coordinate care in a safe and comfortable manner is recommended.

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2019 AAWD Annual Conference An Oasis of Collaboration

September 26-28, 2019

Arizona Grand Resort & Spa | Phoenix, Arizona



Registration Is Now Open for the 98th Annual Meeting of the AAWD

Make a "Date with the Desert" and plan to join us for the 2019 conference at the stunning Arizona Grand Resort & Spa in Phoenix, Arizona's only AAA Four Diamond all-suite resort.

Experience our lineup of expert speakers, valuable sessions, and relevant topics. Network and collaborate with the most accomplished women in the dental profession. Earn more than 15 hours of CEUs against a stunning desert backdrop in America's fifth most populous city. Motivating sessions include:

Shift Happens: The Critical Role of Women Dentists in Redefining and Rescuing the American Healthcare System
Jacqueline Russo, DDS, RN

Managing the Osteonecrosis At-Risk Patient
Leslie Halpern, MD, DDS, PHD, MPH, FACS

Sleep Disordered Breathing: A Silent Epidemic
Diana Batoon, DMD

Yoga Can Help! De-Stress, Relieve Pain, Calm Your Mind
Beth Burns, DDS

How to Control Success and Grow Your Practice in Your Own Economy
Emily Letran, DDS, MS

Don't Just Survive It! How to Work, Play, Love, Lead and Last in Dentistry
Lisa Knowles, DDS

Control, Protocol, and Risk Management Seminar for Dental Professional Liability
Jill Baskin, DDS

Navigating the Tightrope of Dental Leadership
Amisha Singh, DDS

There is also a hands-on lunch and learn for active dentists, sponsored by Straumann and the Women's Implantology Network. This session, Implant Temporization and Peri-Implant Soft Tissue Management for the Restorative Dentist, will be led by Britany Matin, DMD, MS. Legally Mine will sponsor a lunch and learn, as well, under the direction of popular author Natalyn O. Lewis, BS.

This year's AAWD Supper Club has a Southwest Spin as we celebrate the opening of the conference with a Phoenix Fiesta. Take a lovely desert-evening stroll on the "clearest day of the month" to this award-winning restaurant. Aunt Chilada's has special seats reserved for AAWD members on its spacious, floral-framed patio. Enjoy authentic Mexican food and sip a purple margarita, custom-made for AAWD. Get to know your AAWD leadership while relaxing under the starry Southwest sky and discover the bold and innovative plans this organization has for the future.

You also don't want to miss the fashion show by Twice as Nice Uniforms, which will commence our Conference Welcome Reception with Exhibitors on Friday night. Additionally, award-winning Haute Media will be onsite with photographers, backdrops and equipment, ready to give you the professional headshot experience you need and deserve. For only \$30, you will have unlimited access to lightly-edited images from several different poses during your session.



Early registration prices of only \$450 (active members) and \$125 (student members) are in effect TODAY through June 16. Register now and secure your spot in Phoenix!

For information on the 2019 Conference and to register, please go to <https://www.aawd.org/2019-aawd-conference/>.

Every Day Is Ladies Day at AAWD



(Left) Baltimore AAWD members hosted a local chapter launch event on December 5, 2018. Members in attendance were Drs. Mary Beth Reidy, Isabel Rambob, Rachel Baylin, Brittany Bergeron and Ms. Ellen Dörner.



AAWD has been participating in several trade shows recently. (Above) Dr. Lauren Wronksy (left) and Dr. Brittany Bergeron (right) visit with Dr. Stephanie Houseman (AAWD Past President, 2009) during the Midwinter Meeting in Chicago.



Dr. Brittany Bergeron (left), and Director of Member Benefits Dr. Lauren Wronsky met to discuss 2019 member benefits for AAWD members. Exciting things are coming for our valued members!



(Left) Dr. Bergeron represents AAWD at the Hinman Dental Meeting in Atlanta, where she is pictured with AAWD Student Representative Tiara Marshall (above) and Dr. Rachel Baylin (below).



AAWD's 2019 Board of Directors relax on the patio after working very hard during their March 1 meeting in Phoenix, Arizona. The Arizona Grand Report & Spa (pictured) is the site of the 98th annual AAWD conference, September 26-29.



AAWD's Exquisite Heritage



Dr. Gillette Hayden: The “Soul” of AAWD

The American Association of Women Dentists was formed in 1921. The organization is dedicated to enhancing and promoting unique participation and leadership for women in dentistry by mentoring and supporting women dentists, both academically and personally. AAWD was started, however, primarily for the social benefits of the few women attending dental meetings at that time. Of course, it did not take long for those social meetings to turn into deep friendships, which became the lifeblood of the group. As Dr. Margaret Dickerson stated in a speech for AAWD's 50th anniversary in 1971, it was Dr. Gillette Hayden who ultimately gave the association a soul.

Dr. Gillette Hayden, a 1902 graduate of Ohio State University, served as AAWD's third president. Devoted to the advancement of periodontia in dental practice, she founded the American Academy of Periodontology in 1914, along with Dr. Grace R. Spaulding, AAWD's sixth president.

She served as the second president of AAP and was the second person to receive the academy fellowship. After Dr. Hayden's death in 1929, AAWD established a loan fund, the Gillette Hayden Memorial Foundation, to aid promising women dental students. The American Academy of Periodontology dedicated its journal to her memory: “The present status of periodontia is largely due to her vision and unceasing labors . . . Few have made more notable contributions to its progress, and no one was ever more interested in its success or gave it a more unselfish service.”

Dr. Hayden was an inspiration to all who knew her. She inherited her activism and her humanitarianism from her mother, a feminist in those difficult days when women were first seeking a status higher than that of chattel. Her great-grandfather, Dr. Horace Hayden, along with Dr. S. S. Harris, were the founders of the Baltimore School of Dental Surgery, now the University of Maryland, School of Dentistry, the first chartered dental college in the world. Dr. Hayden was a professional woman of the highest order. She dignified dentistry and was proud of her profession. Her skill level and love of humanity yielded an extremely successful clinical practice, with patients calling her their “best friend” after her death.

She did not confine her interests to dentistry, however. Dr. Hayden was a pioneer in many movements for the betterment of women. She was active in many civic organizations and business groups. During the years when American women were seeking the right to vote, Dr. Hayden continued the feminist activities of her own pioneer suffragette mother. When the amendment of the U.S. Constitution providing universal women's suffrage was yet to be ratified by her own state of Ohio, Dr. Hayden relinquished her office to representatives from the National Women's Party so they would have a space in which to work and lobby members of the Ohio Legislature for ratification. In 1920 the Amendment was ratified by the Ohio Legislature and by three-fourths of the states; finally, women had the right to vote.

Dr. Hayden's death in 1929 left AAWD members wanting to do something to keep the memory of this vivacious member alive forever. At the 1930 annual meeting in Denver, Colorado, with Dr. Mildred Dickerson as president, the Gillette Hayden Fund was born. Two hundred dollars was taken from the AAWD treasury to start the fund, and each succeeding president urged members to make voluntary contributions. The original purpose of the fund was to make loans to women dental students in their junior or senior years. The first loan was made to Helen Hayes Harmon, a junior at the University of Michigan. Dr. Harmon graduated in 1935, became an AAWD member, built a successful practice in Grand Rapids, Michigan, and promptly repaid her loan.

In the 1960s, the Internal Revenue Service urged us to separate the Gillette Hayden Fund from the AAWD. It is now the Gillette Hayden Memorial Foundation, a 501c(3). The monies are managed by trustees, who must be members of AAWD and are often past presidents of the organization and, thereby, familiar with its history. The memorial foundation no longer has a student loan program. Recently, the foundation has been involved in research grants and securing donations to a sister program, the Smiles for Success Foundation. Although the GHMF is a separate entity from AAWD, the foundation has as its mission to support educational, research and leadership programs of the AAWD and its membership.

Over the last nearly 100 years, there have been many strong and inspiring women in our association; however, Dr. Hayden was the first to put down the root system for this enormous tree that we have been growing. Without her and the Gillette Hayden Fund, I am not sure the association would have evolved from a social organization into the powerhouse networking and professional support association that it is today.

If you would like to donate to GHMF, please mail a check to Dr. Trucia Drummond, 3150 North Lake Shore Drive, #33E, Chicago, IL 60657.

**Written by Mary Martin, DDS, MED
Smiles for Success President (2019)
AAWD Past President (1995 and 2016)**



Dr. Mary E. Martin has gone full circle in dentistry, with degrees in dental hygiene, dentistry and education. She started her career teaching Oral Diagnosis and Radiology and left after 20 years, at the level of Professor Emeritus, for a successful career in private practice with her husband, Dr. Steve Carson, as owners of Eagle Dental in Edmond, Oklahoma. In 2019 Dr. Martin will return to academia once again at the Professor level at the University of Oklahoma.

AAWD Meet and Greet at 2019 Yankee Dental Congress

AAWD's student chapters from the New England area met at Tufts Dental School during the Yankee Dental Conference. In the photos below, AAWD 2019 President Dr. Brittany Bergeron inspires the nearly 50 students who attended to continue working toward their goals and aspirations and to passionately follow their dental career paths.



AAWD POLICY STATEMENT ON STUDENT DEBT

The American Association of Women Dentists supports long-term legislative solutions for growing student debt crisis. AAWD encourages expansion of loan repayment opportunities for working in National Health Services Corps appropriate sites and underserved areas. Advocacy measures should include federal graduate student loan programs, loan forgiveness, faculty loan repayment, tax deductibility of interest on student debt, tax exemptions for scholarships and stipends, and reduction of student loan interest rates.

Student News (continued)



Dr. Berg is pictured with representatives from Patterson Dental, who assisted with Creighton's program.

AAWD's Newest Student Chapter: School of Dentistry, Creighton University Omaha, Nebraska

Immediate Past President Dr. Tamara Berg recently assisted with the start-up of a new AAWD chapter at the School of Dentistry, Creighton University, in Omaha, Nebraska. Almost 50 students turned out to join the organization and to get to know the other chapter members. Students also enjoyed creating mugs during the event.



(Left) Students from Creighton bond during a crafts activity. (Above Center) From left are Jessica Noreen (2020); Dr. Jenn Hasslen, faculty mentor; and Dr. Tamara Berg. (Above Right) Creighton students are proud to offer Dr. Berg a tour of their state-of-the-art facility.



AAWD President Dr. Brittany Bergeron recently participated in a panel at the University of Pennsylvania School of Dental Medicine. Pictured is Dr. Bergeron (back row, third from left) with other panelists and members of the AAWD student chapter at Penn Dental.

Student News (continued)

University of Michigan School of Dentistry Ladies of Ann Arbor, Michigan, Meet & Greet Shirley Ye (2020), President

Our AAWD members bond outside of the classroom and clinic through various social and volunteering activities in 2019.



Our chapter recently spent a morning volunteering at the Breakfast Program at St. Andrew's, Ann Arbor, Michigan. From left are Jina Kim (2020), Jennifer Hsu (2021), Amanda Beck-Slumka (2019), Shyrie Patel (2020), and Kim Chen (2019), Amanda Beck-Slumka (2019), and Marisol Seys (2019).



(Above Left) Our bake sale fundraiser was a success. From left are Jennifer Hsu (2021), Jina Kim (2020), Lisa Pan (2020), Sonya Choi (2021), and Amanda Beck-Slumka (2019).



(Above Right) Our members and their friends enjoy the fall weather at Plymouth Orchards and Cider Mill.

(Right) We enjoyed our annual Paint 'n Pour Senior Send-off. From top left are Jennifer Hsu (2021), Shirley Ye (2020), Amanda Beck-Slumka (2019), Kim Chen (2019), Marisol Seys (2019), Michelle Jang (2020), (bottom row) Jina Kim (2020), Lyndsey Isenhart (2018), Andrea Price (2019), and Tiffany Kimmel (2020).



Student News (continued)

University of New England College of Dental Medicine

Yalda Rostamnezhad (2020), President

This semester our AAWD student chapter hosted its first "Prosecco & Pearls Panel." Our goal was to create an open environment between our exemplary female faculty and student members, allowing the opportunity to discuss difficult issues regarding being a woman in dentistry. It was truly a pleasure to spend time with our female faculty members outside of the classroom and clinic and to hear their experiences and advice, especially because they can all relate to our struggles in different ways!



From left are chapter officers Lindsey Berndt (Treasurer), Sameera Bhandari (Secretary), Sheila Trangchiu (Vice President), and Yalda Rostamnezhad (President).



Panelists from Prosecco & Pearls with our AAWD student chapter members.



Prosecco & Pearls panelists interact with student chapter members.

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Announcements

Dr. Lucy Hobbs Taylor Award: Call for 2019 Nominations

AAWD has opened nominations for the 2019 Lucy Hobbs Taylor Award. In honor of Dr. Lucy Hobbs Taylor, the first woman to earn a doctorate in dentistry, the American Association of Women Dentists has presented the Lucy Hobbs Taylor Award for many years to an AAWD member who:



- Is a willing example of a true professional and one who has a record of accomplishment in one or more areas of dentistry [for example, clinical dentistry (including fields of specialization), organized dentistry, academia, government, anthropology, archeology, philanthropy (includes community involvement), and consulting (for example, to the insurance industry)].
- Has a record of at least 10 years membership in AAWD to include current membership, as verified by AAWD. (The AAWD membership must be stated on the resumé with the exact years being claimed. AAWD Board of Directors are not eligible for the LHT Award unless it has been two years since they served on the AAWD Board of Directors.)
- Has had a career as a licensed dentist for at least 20 years, as stated on the resumé, to include jurisdiction and the exact years being claimed.
- Has a record of mentoring women dentists and/or service to organizations that further the cause of women in dentistry.

The Lucy Hobbs Taylor Award is the highest award given by our organization. It will be presented September 28, 2019, during the AAWD 98th Annual Conference in Phoenix, Arizona.

Please see attached instructions for nominating an outstanding candidate and submit your paperwork to the National Office by **May 10, 2019**. More information can be found here: <https://www.aawd.org/2019-lucy-hobbs-taylor-award-nominations/>.

AAWD 2019 STUDENT AWARDS: NOMINATIONS NOW OPEN

Nominations are now open for American Association of Women Dentists 2019 Student of the Year Award and Student Chapter of the Year Award.

Student of the Year Award nominations should be made for a student in good standing, who has demonstrated an outstanding and unique leadership style throughout the year that has positively impacted her chapter and AAWD; supported the AAWD mission; and participated in oral health research targeting women issues, a variety of community service activities, several fundraising campaigns, and numerous chapter activities/events.

Student Chapter of Year Award nominations should be made for a student chapter in good standing that has collectively demonstrated support for the AAWD mission and has participated in oral health research targeting women issues, a variety of community service activities, several fundraising campaigns, and numerous chapter activities/events.

Both Student of the Year and Student Chapter of the Year Awards will be presented during AAWD's 2019 Annual Conference, September 26-28, in Phoenix, Arizona.

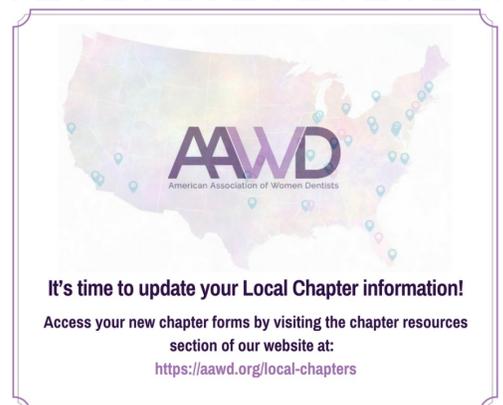
Please click on the attached nomination forms, complete them, and submit all materials to the AAWD National Office no later than **Friday May 17, 2019**. Contact the National Office at 800-920-2293 if you have any questions.

[Click here for AAWD Student of the Year and Student Chapter of the Year information and applications.](#)



When is the last time you logged on to your member profile and updated your email address, phone number, and other personal data? Without an up-to-date profile, AAWD cannot reach you with important information about member benefits and upcoming events. Did you know you can also add your photo to the profile, so that members can identify you more quickly and easily?

Log on to AAWD's website to update your profile today!



AAWD Welcomes Its Newest Members

WEST

Dominique Ancona	Alto Loma, CA	Student	Brittany Self	Rancho Cucamonga, CA	Student
Iliana Hernandez	Bakersfield, CA	Post Graduate	Sigal Jacobson	San Diego, CA	Affiliate/International
Jessica Sin	Pleasanton, CA	Student	Roxana Maciejewski	North Las Vegas, NV	Student
Sara Hosseini	Pomona, CA	Student	Anusha Etikala	Seattle, WA	Post Graduate

SOUTHWEST

Josylin Freeman	Little Rock, AR	Post-Graduate	Joy Beckerley	Edmond, OK	Retired
Valerie Pinkerton	Tucson, AZ	Active	Kristy Yang	Sachse, TX	Student
Morgan Feldpausch	Mesa, AZ	Student	Alma Garza	San Antonio, TX	Active
Mieke Hampton	Addis, LA	Student	Adriana Segura	San Antonio, TX	Active
Rhonda Pruitt	Ruston, LA	Active	Bekki Patton	St. George, UT	Active

MIDWEST

Elizabeth Heckler	North Liberty, IA	Post Graduate	Caroline Henderzah	Noblesville, IN	Student
Tabitha Hanson	Alton, IL	Student	Dottie Ruhlig	Ann Arbor, MI	Active
Jennifer Mihalopoulos	Carbondale, IL	Active	Lindsay Isenhardt	Grand Rapids, MI	Active
Christine L. Culp	Glenview, IL	Active	Sarah Pasek	North Branch, MI	Student
Zaineb Jafry	Hanover Park, IL	Active	Angela Hastings	Maple Grove, MN	Faculty
Lisa Reust	Hoffman Estates, IL	Active	Anne Kent	New Brighton, MN	Active
Nikki Lakaris	Hanover Park, IL	Active	Natalie Droel	North Oaks, MN	Active
Rebecca Shembarger	Beech Grove, IN	Student	Alexandria Schreiner	Hastings, NE	Faculty
Merna Soliman	Carmel, IN	Student	Sarah Alkhashram	Omaha, NE	Student
Erica Chhokar	Dyer, IN	Student	Lauren Booth	Omaha, NE	Student
Christin Ahmad	Indianapolis, IN	Student	Kelsie Jack	Omaha, NE	Student
Brianne Freeman	Indianapolis, IN	Student	Alicia Karczewski	Omaha, NE	Student
Jamelyn Goodpaste	Indianapolis, IN	Student	Mariam Makram	Omaha, NE	Student
Angela Ritchie	Indianapolis, IN	Faculty	Heather Petroff	Broadview Heights, OH	Active
Alexandra Sargent	Indianapolis, IN	Student	Danielle Dey	Etna, OH	Active
Emily Young	Indianapolis, IN	Student	Rena Christman	Chippewa Falls, WI	Post Graduate
Anastasia Zagordo	Indianapolis, IN	Student	Ashley Walsh	Shawano, WI	Active
Hannah Paluch	Muncie, IN	Student	Jennifer Peglow	Waupaca, WI	Active

SOUTHEAST

Minal Sampat	Sarasota, FL	Active	Penny Reed	Oakland, TN	Affiliate/International
Carol Kirkwood	Tampa, FL	Active	Leslie Suzanne Wallace	Lebanon, TN	Active
Rocio Jacobo	Augusta, GA	Student	Sharon Carter	Nashville, TN	Faculty
Marlen Robles-Moreno	Augusta, GA	Faculty	Mi Hoang	Jackson, MS	Student
Oluyemi Workman	Buford, GA	Post Graduate	Mary Mabry	Jackson, MS	Student
Tonique Reynolds-Morgan	Lawrenceville, GA	Active	Julie McMahan	Jackson, MS	Student
Patricia Homer	Stockbridge, GA	Active	Danna Nobile	Jackson, MS	Student
Laura Asbill	Flora, MS	Faculty	Ingeborg Dekok	Chapel Hill, NC	Faculty
Awbrey Landon	Clarksville, TN	Faculty	Daria Diaby	Charlotte, NC	Post Graduate
Brittney Levsey	Clarksville, TN	Active	Sara Mandell	Fayetteville, NC	Federal
Sabrina Porcher-Fennell	Hendersonville, TN	Active	Maggie Pafford	Greenville, NC	Faculty
Kelsey Knight Cody	Knoxville, TN	Active	Sarah Woods	Chapin, SC	Affiliate/International

NORTHEAST

Samantha Matus	Berlin, CT	Active	Caroline Kearney	West Milford, NJ	Student
Sarita Arteaga	Farmington, CT	Faculty	Meelin Chinkit-Wells	Buffalo, NY	Faculty
Erin Bibber	West Hartford, CT	Student	Monica Ashok	Manhattan, NY	Post Graduate
Haemin Chin	Boston, MA	Post Graduate	Rena Smith	Monroe, NY	Student
Lea Hachem	Boston, MA	Faculty	Jennifer Stachel	New York, NY	Active
Vasiliki Maseli	Boston, MA	Faculty	Alexandria Catallano	Staten Island, NY	Student
Brittany Bressler	Franklin, MA	Post Graduate	Allyson Brennan	Stormville, NY	Post Graduate
Betsy Disharoon	Quincy, MA	Retired	Olivia Sheridan	Philadelphia, PA	Faculty
Tanya Greenfield	Baltimore, MD	Faculty	Cara Maloney	Pittsburgh, PA	Student
Marcia Henson	Baltimore, MD	Active	Catherine Shao	Richboro, PA	Student
Ellen Dorer	Hunt Valley, MD	Affiliate/International	Sarah Grafton	Wexford, PA	Faculty
Moizza Rajan	Hyattsville, MD	Student	Terri Dolan	York, PA	Active
Cheryl Y. Lee	Upper Marlboro, MD	Active	Cheryl Billingsley	Manakin Sabot, VA	Retired
Shaista Rashid	Cape Elizabeth, ME	Faculty	Bridget Byrne	Midlothian, VA	Faculty
Amber-Lise Meyers	Portland, ME	Student	Lynne Leggett	North Chesterfield, VA	Affiliate/International
Michelle Tsao	Portland, ME	Faculty	Emily Farris	Richmond, VA	Student
Kendra Mendez	Westbrook, ME	Student	Milca Mendoz-Ceballos	Richmond, VA	Student
Kim Fenesy	Newark, NJ	Faculty	Lena Ogiwara	Virginia Beach, VA	Student
Divya Thakor	Springfield, NJ	Student	Yemisi Thomas	Washington, DC	Student

AAWD Corporate Members

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FOR DENTISTS



Gold Level Corporate Member



Bronze Level Corporate Members



Calendar of Events

May 2019

National Osteoporosis Month
Preeclampsia Awareness Month
Save Your Tooth Month

May 2-4

Texas Dental Association Meeting

May 3-7

American Association of Orthodontists Annual Session

May 5-11

Root Canal Awareness Week

May 10

Lucy Hobbs Taylor Award Nominations Due

May 12

Mother's Day

May 12-18

National Women's Health Week

May 13-June 13

National Smile Month

May 15-18

California Dental Association Meeting
Anaheim, California

May 17

AAWD Student Awards Nominations Due

May 23-26

The American Academy of Pediatric Dentistry Meeting
Chicago, Illinois

May 27

Memorial Day

May 31

World No Tobacco Day (WHO)



June 2019

June 16

Early Registration Prices for AAWD National Conference:
Available Until Midnight

June 16

Father's Day

June 19-22

IADR in Conjunction with the AADR & CADR
Vancouver, Canada

June 21

First Day of Summer

June 27-29

Florida Dental Association
Kissimmee, Florida

July 2019

National Cleft and Craniofacial Awareness & Prevention
Month

July 1

Submission Deadline for Chronicle, Issue 2

July 4

Independence Day

July 17-20

ADEA Summer Program for Emerging Academic Leaders
Washington, DC

July 17-21

National Dental Association Convention
Washington DC

July 18 – July 20

Academy of General Dentistry Annual Meeting
Mohegan Sun, Connecticut

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- Leadership & Having a Seat at the Table
- Networking with Women Dental Professionals
- Winery Dinner & Presentation on Entrepreneurship
- Morning Yoga
- A-Dec Facility Tour

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* space is limited to 100 attendees

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