

AAWD 2019 Conference

An Oasis of Collaboration

September 26-29, 2019

Arizona Grand Resort & Spa
Phoenix, Arizona



Have you registered for AAWD's 98th Annual Conference yet? Visit aawd.org/conference to register today. Sessions are filling up quickly! For more information on conference events, see page 14.

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AAWD Announces Lucy Hobbs Taylor Award Recipient for 2019



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AAWD
American Association of Women Dentists

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Meharry Medical College
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President's Message



Brittany Bergeron, DDS
2019 AAWD President

2019 has been an extremely busy year for AAWD! As promised, your board of directors have all been working diligently to bring better membership benefits and value to our amazing members. Due to these efforts, we are seeing our organization grow and evolve. In case you missed some of the new AAWD partners in 2019, a few of my personal favorites include Bayshore Dental Studio, Weave, Hopetown Dental Lab, and Dental Advocacy group, all of which I use in my office. This is only a sample of the many member benefits we are now offering, so make sure to check out the member benefits page on our website for the full listing and details!

As you all know, we are gearing up for our #AAWD2019 Annual Meeting: An Oasis of Collaboration, to be held at the Arizona Grand Resort and Spa in Phoenix, Arizona. This meeting is sure to

impress all who attend; I would argue that it's our biggest and best meeting yet!

We have packed in numerous different types of CE, fun, and networking events to ensure there is something for everyone. I'm personally looking forward to the hands-on implant temporization course sponsored by Straumann's Women Implantology Network and the Friday night Twice as Nice Uniforms Fashion Show taking place during the exhibitor reception.

If you've never been to an AAWD annual meeting, this is your year! Our dynamic female-only speaker line up and the stunning location make for a great weekend away. If you're looking to bring your families, the resort offers many amenities, including a 7-acre water park! In addition to the conference fun and activities, we will be unveiling a surprise for our members regarding our 100-year celebration in 2021. I can guarantee you don't want to miss this event, so join us in Phoenix and be part of our movement to bring women together so that we can rise up together!

Want to contribute to the *Chronicle*?

Our column "Tales from the Dentist's Chair" is your chance to share unique case studies, personal essays and stories of challenges and triumphs in your career and practice. To be considered for the next issue, please submit your story or essay (500 words or fewer) to chronicle@aawd.org by November 1, 2019.

Please include a high-resolution color headshot and photos.
For a complete list of submission requirements, [click here](#).



Mary Martin, DDS
Smiles for Success 2019-20 President

I am excited to tell you that Smiles for Success is working in three major areas this year in order to move forward with our plan to reactivate several SFS Programs. We have a new Board of Directors and will have an exhibit table at the AAWD Annual Meeting to introduce many of our new members to our story.

First, let me introduce our 2019-20 board.

- **Dr. Mary Martin, President**
- **Dr. Mary Beth Aichelmann-Reidy, Vice-President and Director of Student Chapters**
- **Dr. Karyl Patten, Secretary/Treasurer**
- **Dr. Lilia Larin, Director**
- **Dr. Trucia Drummond, Director**
- **Dr. Oluyemi Workman, Director**
- **Dr. Marinee Lees, Director and AAWD Board Liaison**
- **Dr. Kady Rawal, Director and AAWD Board Liaison**
- **Dr. Brittany Bergeron, Ex-Officio Board Member**

During our June board meeting, we established working groups to divide and conquer all that needs to be done. Dr. Rawal and Dr. Martin are working on the grants and donations group. Dr. Bergeron and Dr. Workman are heading up the marketing group, and Drs. Reidy, Drummond, Larin, and Patten are working on a long-needed policy and procedure manual.

We will soon have a new Facebook page and an updated website. We hope to have the Facebook page up by annual meeting for photos during that time. We were fortunate to have a hand piece donated to Smiles by NSK, which will be raffled off during the AAWD annual session, along with a few other goodies. So please make sure you are present!

Our team is working hard and putting in many hours. We already have four or five dental schools wanting to start a program. THIS TAKES MONEY. I know you all want to help. If you have ideas for fundraisers, please let us know. For example, Dr. Bergeron raised a fairly good amount on Facebook by asking for birthday donations for SFS. And, of course, don't forget the 100 by 100 Campaign! This will make it all happen. The greatest needs are located in metropolitan areas, where women lack adequate transportation to reach our network of Smiles for Success AAWD member dentist volunteers.

The student program of Smiles for Success was created to address this deficiency. Our program runs through the AAWD student chapter at the University of Maryland, as have other school-based programs, to address the unmet needs of women affiliated with local community centers in our metropolitan and suburban areas. The University of Maryland student chapter has always had a strong commitment to community service, with activities at women's shelters and community centers affiliated with the Smiles for Success Foundation in the Baltimore region, performing oral health screenings, oral health education, serving meals, and even participating in 5Ks to support the transition of these women from dependency to independence.

The Smiles for Success program has allowed us to take the connections our student members have established in our communities and help these women, who would not otherwise be able to get the care they need to gain employment. The experiences with this program over the years have enriched not only the patients served, but also the students. They have found the experience invaluable and have developed skills to network and connect with social workers as future community leaders.

AAWD turns 100 years old in 2021!

Help make Smiles for Success one of the most outstanding contributions to dentistry in the last 100 years!

Donate Today

Meet the 2019 Board of Directors



AAWD Director of Federal Services
Carol Wong, DDS, MS, USPHS

Dr. Wong is currently assigned as the Deputy Area Regional Dental Consultant at the U.S. Coast Guard Base Portsmouth Clinic, Virginia. Her main duties include maintaining the dental readiness and oral health of USCG active and reserve members. She also serves as the Infection Control Officer, Quality Improvement Coordinator and Training Officer for the medical facility. CDR Wong received her undergraduate degree from Cornell University and Doctor of Dental Surgery degree from New York University College of Dentistry, and she completed a General Practice Residency at the Brooklyn Veterans Administration Medical Center.

Favorite motto: *This, too, shall pass.*

Best advice received: *The water that is thrown out in the morning cannot be retrieved in the night. So do not look at life as I should have done this but as what I will do going forward.*

Best advice given: *Even if you consider what you have done a disaster, use it as a learning experience.*

AAWD Director of Member Benefits
Lauren Wronsky, DDS

Dr. Wronsky graduated from the University of Maryland School of Dentistry, where she also received her endodontic certificate and master's degree. Dr. Wronsky currently practices in beautiful Charlottesville, Virginia. When she is not working, she enjoys being outdoors, traveling, and spending time with her pets: Wadsworth, Edeline and Captain Quint.

Favorite slogan: *Friends are like thighs; they always stick together.*

Best advice received and given: *Fake it until you make it.*



AAWD Director of Local Chapters
Puja Sangoi, DMD, MPH

Dr. Sangoi is a recent graduate from dental school and is currently working as a researcher in the field of dental public health. After graduating, Dr. Sangoi was accepted to Johns Hopkins Bloomberg School of Public Health's accelerated Master of Public Health degree program, with a concentration in U.S. Health Systems and Policy. She is continuing her passion for oral health policy by conducting research at Johns Hopkins in the area of sugar-sweetened beverages. Dr. Sangoi is fluent in four languages, and in her free time, she enjoys spending time with family, Bollywood dancing, and traveling.

Favorite quote: *I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel. (Maya Angelou)*

Best advice received and given: *Life is 10% what happens to you and 90% how you react to it!*

AAWD Director of Archives
Mary Licking, DDS, MS

Dr. Licking received her dental degree from the University of Illinois College of Dentistry in 1977. Her practice background includes service as a dental officer in the U.S. Army Reserve for 28 years, a dentist at other levels of government for 8 years, and private practice. For 10 years, Dr. Licking has been a member of the American Dental Association Standards Committee on Dental Informatics and has served as Chairman of Working Group 10.3 Dental Information Systems Security and Safeguards. Dr. Licking is retired from the practice of clinical dentistry.

Favorite quotes: *The most difficult thing is the decision to act; the rest is merely tenacity. The fears are paper tigers. You can do anything you decide to do. You can act to change and control your life; and the procedure, the process is its own reward. (Amelia Earhart)*

If you think you are too small to be effective, you have never been in bed with a mosquito. (Betty Reese)

Best advice received: *Doing for others is a great orientation to have.*

Best advice given: *A variety of types of work in a job is a path to satisfaction.*



Meet the 2019 Board of Directors (continued)



AAWD Director of Academic Affairs
Maria Maranga, DDS

Dr. Maranga is an endodontist and current President of the NYS Association of Endodontists. She is a former AAE board director and immediate past chair of the ADA Council on Membership, and she is on staff at several GPR and post endo programs. Dr. Maranga is also the Co-creator of the national award winning women's conference called Scrubs and Stilettos. In her spare time, she enjoys mentoring young women for leadership positions and remains active with the Institute for Diversity and Leadership of the ADA.

Favorite quote: *If your actions inspire others to dream more, learn more, do more and become more, you are a leader.* (John Quincy Adams)

Best advice received: *Have pride in our past and keep faith in our future.*

Best advice given: *Stick to what you know best.*

AAWD Director of Student Chapters
Marinee Lees, DDS, MS

After graduating from Lehigh University in 2005 with a degree in bioengineering, Dr. Lees obtained her master's degree from New York University's College of Dentistry in Biomaterials Science. After working as a product development engineer at a dental implant company, she decided to switch careers and obtained her Doctor of Dental Surgery degree from the University of Texas Health Science Center. Dr. Lees graduated with a certificate in Advanced Education in General Dentistry from East Carolina University and is now a practicing general dentist in Wake Forest, North Carolina.

Favorite motto: *Good, better, best. Never let it rest. Until your good is better, and your better is best.* (Tim Duncan)

Best advice received: *Keep going.*

Best advice given: *You must learn to become comfortable with being uncomfortable. There is no growth in your comfort zone, and no comfort in your growth zone!*



AAWD Student Representative

Haley Harris, BS, BM; Boston University Henry M. Goldman School of Dental Medicine (2020)

Haley Harris is a DMD Candidate at Boston University. She currently lives in Everett, Massachusetts, with her fiancé Jonathan and their 2-year-old pug Piper. Ms. Harris loves to cook, bake, and run, and she completed her first marathon in April of 2018 with her father. She is enjoying serving on the 2019 Board of Directors for AAWD.

Favorite quote: *Well behaved women seldom make history.* (Anne Boleyn)

Favorite advice received: *Do your best, be kind, and always follow your dreams.*

Favorite advice given: *Anything worthwhile is going to be work; don't give up; keep pushing.*



AAWD Student Representative

Tiara Marshall, MHS, BS; Meharry Medical College School of Dentistry (2020)

Tiara Marshall is a first-generation, soon-to-be dentist from Atlanta, Georgia. She is a 2015 graduate of Alabama State University with a Bachelor's of Science in biology as Summa Cum Laude. She is the current AAWD student chapter president at Meharry and former fundraising chair. Ms. Marshall's hobbies include crafting, baking, and kickboxing. She plans to return to Atlanta to practice dentistry, to be with family and friends, and to mentor others who are interested in the dental field.

Favorite quote: *Do NOTHING without intention.* (Solange Knowles)

Best advice received: *When I was in high school trying to figure out my career choices, I finally decided that I wanted to explore dentistry but was unaware of the process. My mentor told me to go straight to the top and be the doctor! Not that it is a waste of time being an assistant or hygienist, but there was no need, because I was smart. And when you work hard for what you want, you can do it!*

Best advice given: *When I am given the opportunity to talk to the incoming freshman classes, I always tell them I am a firm believer of getting rest. Sleep is very important, because you cannot focus or function without sleep, and it also keeps the stress levels down (slightly).*





**Kady Rawal, BDS, CAGS, MSD,
FASGD, FICD
AAWD Board Editor**



The Climb to the Top

“Women are doing such great things nowadays,” a 90+-year-old patient said to me right after I introduced myself as the new dentist. This happened almost a decade ago, when I first started working in Boston. The statement took me by surprise. “What did the patient mean by ‘nowadays’? Weren’t women always doing great things? Are we just now getting acknowledgement for our ‘great’ deeds? If this is how I feel, I wonder what previous generations of accomplished women would feel if they heard this?” I had so many questions that I went home with that day.

Some time has passed since that incident, and yet it often feels like not much has changed in people’s attitudes. Then there are days when I read and hear about amazing women and their outstanding achievements, and I want everyone to know about them. I hope that as you look through the pages of this issue of the *Chronicle*, you will agree that women are indeed doing “great things,” just like they always have and always will.

These pages are filled with stories of some exemplary member dentists, like the incredible volunteers serving on the AAWD board, working tirelessly to make sure that the voices of women dentists are heard and helping other women through the Smiles for Success program (pages 2-5). The women in these stories will be sure to inspire you. These include dentists in federal services, who have given their all to serve this country and its people (page 7). Be sure to read the uplifting story about pioneers in their respective specialties, making life more fulfilling for their female colleagues and their students (pages 8, 15); outreach program planners, who put public health above all else (page 10); and born leaders, who have been elected to boards of important institutions that guide the future of our profession (pages 9, 12, 16), following the path of women who came before them and determined to pave the way for the next generation of women leaders. You will also be touched after reading the interview conducted by a selfless philanthropist, who is helping her colleague in a country across the globe—giving her a voice and hope for the future (page 17), and you will be enamored by our students, who are actively seeking mentors and creating their mark in the world, even before they receive their dental degrees (pages 18-21).

Reading these pages during our editorial meetings always fills me with pride to call all of you (our readers and contributors) my contemporaries. So let’s pledge together to keep climbing to new heights and to keep shattering the glass ceiling, until there isn’t one left to shatter. I hope you enjoy this issue as much as our editorial team enjoyed creating it!



Keep sending your stories to chronicle@aawd.org, and be sure to attend our upcoming conference, September 26-29 in Phoenix, Arizona, to meet some of these incredible women.

**Click the image (right)
to register for the 2019
AAWD Conference.**



Tales from the Dentist's Chair

Citizen Airman

Written by Jennifer Hasslen, BA, DDS



Serving as a dentist in the United States Air Force has been an honor and privilege over the past 16 years—first on active duty for nine years and then with the Nebraska Air National Guard for the past seven. My adventures have been many—from completing an AEGD-1 year, to traveling throughout Europe for two years while stationed in England, and coming full circle to where it all started, with my Health Professions Scholarship Program at Creighton University School of Dentistry. I am grateful for every assignment and every challenge that brought me to my current adventure.

About a year and half ago, my commander said she needed to speak with the dental staff. The last thing on my mind was what came next: a dentist and assistant had to deploy in early 2019. As a traditional drill status guard member (one weekend a month, two weeks in the summer), I was not exactly expecting a deployment. But I voluntarily raised my hand, swore my pledge, and here I am.

In April 2019, I found myself on a plane with 500 or so of my closest brothers and sisters in arms, arriving in the great Middle East “sand box”. I am working out of a hardened facility with two dental treatment rooms. I am the only dentist for 8,000-plus members from all branches of service. It sounds like a lot, but many of you have likely completed one of those forms to clear a military member for deployment or her annual exam. These are a great help, as many of the members deployed have little need for routine dental care. So thank you, as collectively, you have helped our military members and your fellow AAWD members by completing that form!

I’m here for those who deployed with something in their mouth that now becomes an emergency—think aggressive perio, undiagnosed caries on the mesial of #15 due to overlap on the bitewing, lost crowns and restorations, and third molars! I keep busy with “chipped tooth” complaints, which range from wondering where the “chip” is to “Wow, half your tooth is missing!” I’ve quickly diagnosed and treated patients that were aero-evacuated to this base to have a fractured restoration repaired so they can get back and fight the fight at a forward operating location. I average a little over 200 patient encounters a month.

In all, I will have been gone a bit over 100 days. I have missed my family and the sight of green grass. I have loved getting real mail, and I have been challenged to “MacGyver” my way through some challenging dentistry. My knowledge of dental materials has been very useful, and my time in the USAF, and as an instructor in dental education, has made me very adaptable to new surroundings and equipment. Although it’s been hard at times, I am grateful for this experience. And from those who have served or are currently serving, we thank you for your support!



Dr. Jennifer Hasslen enjoys a package she receives from home while deployed in the Middle East.



Dr. Jennifer Hasslen is currently deployed with the U.S. Air Force in support of Operation Inherent Resolve. She is an assistant professor at Creighton University School of Dentistry, serves as the faculty mentor for the student AAWD chapter, and has been a member of AAWD for one year.

Tales from the Dentist's Chair

Morning Glory Women Dentists Network of New Jersey

Written by Cathy Hung, DDS



In the past 20 years of attending AAOMS meetings, I found the attendees to be mostly homogeneous, of one gender: male. The 10 percent female oral surgeon statistic has not changed significantly over the past 20 years since my residency. I was usually assumed to be either a dental assistant or perhaps another oral surgeon's wife or girlfriend.

Going into an elevator filled with testosterone was uncomfortable and always made me feel that I didn't belong. When my husband walked the convention floor with me, he was coveted by sales representatives and was joined by other oral surgeons into conversation, despite the fact that my name stated, "Dr. Cathy Hung, Fellow."

As a solo practitioner, I host a study club. I've found a large number of female practitioners in my area. When we have had events in the past, there was an unspoken understanding and comfort level among the female practitioners, a safe environment for us to share and interact. This year I've decided to name my study club "Morning Glory Women Dentists Network of New Jersey." We had a launching event on June 8, 2019. It was well-received, and everyone got to speak on the microphone about their best attributes and their goals for the year.



Morning Glory is a flower vine of pink and purple flowers that is abundant in Taiwan, my home country.

This flower vine needs very little water to survive and re-blooms after brief withering. In Chinese layman terms, we call them "trumpet flowers". To me, this flower vine symbolizes triumph and resiliency, and the flower vine represents connection, sisterhood and strength.

The Morning Glory Women Dentists Network of New Jersey celebrated their launch event June 8, 2019, in South Brunswick, New Jersey, with Dr. Cathy Hung (front, center).

My goals are to provide education and social networking events for women dentists in my area—for them to form new friendships and to grow as professionals and human beings. I am honored to be included in ADA's Institute for Diversity in Leadership program Class 2019-2020. I hope to spin more ideas and design a program for women dentists in my area to strengthen our power and perhaps to provide community outreach programs in the future.



Dr. Y. Cathy Hung is a full-time practicing oral and maxillofacial surgeon in Monroe Township, New Jersey. She is the Founder of Morning Glory Women Dentists Network of New Jersey. Dr. Hung has been accepted into ADA's Institute for Diversity in Leadership Class of 2019-2020.



Announcement

AAWD Announces 2020-21 Board of Directors Slate

President

President Elect

Treasurer/Secretary

Immediate Past President

Director of Corporate Relations

Director of Member Benefits* (Interim)

Director of Academic Affairs

Director of Membership and Chapters

Director of Uniformed Services

Student Representative (2020)

Dr. Daphne Ferguson-Young

Dr. Lauren Wronsky

Dr. Elizabeth Ramos

Dr. Brittany Bergeron

Dr. Brittany Bergeron

Dr. Lauren Wronsky

Dr. Maria Maranga

Dr. Maeve Daly

Dr. Tina Chang

TBD at Annual Meeting

**AAWD is still accepting nominations for 2020-21 Director of Member Benefits.*

If you or someone you know is interested in serving in this position, please click here for nomination information.

AAWD Member News



Cissy Furusho, DDS, was elected to the Delta Dental of Illinois Board of Directors.

AAWD Past President (2005) Dr. Furusho recently completed her term as Director on the Board of Directors of the Chicago Dental Society. She is the past president of the American Association of Women Dentists and the University of Illinois College of Dentistry Alumni Board, and she is also past chair of the Illinois section of the American College of Dentists.

To read more about Dr. Furusho's recent election, please click here:

<https://www.chicagotribune.com/business/promotions/chi-ugc-article-delta-dental-of-illinois-elects-four-new-boar-2019-01-24-story.html>.

AAWD Immediate Past President **Tamara Berg, DDS**, recently received the Distinguished Dental Service Award from the Oklahoma Dental Association, one of the association's highest honors. This award recognizes a career of service and devotion to the advancement of the science and art of dentistry.

"Her list of achievements is long, but her devotion to this profession at the local, state and national levels is one that has directly impacted so many of us," states Oklahoma Dental Association Immediate Past President Dr. Shannon Griffin.

Dr. Berg is pictured with Dr. Mary Martin, also an AAWD Past President (1995, 2016), at the event held in May in Tulsa, Oklahoma.



AAWD Member News (continued)

Lucy Hobbs Taylor Award Recipient for 2019

Dr. Mary Elizabeth Aichelmann-Reidy

The American Association of Women Dentists recently awarded Mary Beth Aichelmann-Reidy, DDS, with the Lucy Hobbs Taylor Award, the organization's top honor.

Dr. Aichelmann-Reidy is currently Division Chief of Periodontics in the Department of Advanced Oral Sciences and Therapeutics at the University of Maryland School of Dentistry and resides in Ellicott City, Maryland, with her family. She is embedded in periodontal education, directing pre-doctoral and postgraduate courses in periodontics, and she mentors periodontics resident research projects. Dr. Reidy has been recognized for her role in education as a recipient of the 2018 American Academy of Periodontology Educator Award, for outstanding teaching and mentoring in periodontics. She maintains a practice specializing in periodontology and implant surgery at the University of Maryland Faculty Dental Practice.

Dr. Reidy obtained her dental degree with honors from the State University of New York at Stony Brook in 1987 and was inducted into Omicron Kappa Upsilon, the national dental honor society. In 1989 she completed her certificate in periodontics at the University of Pittsburgh. She is board certified as a Diplomate of the American Board of Periodontology and has served as a director on this board since 2015 and is currently the co-vice chair.



Dr. Mary Elizabeth Aichelmann-Reidy named AAWD's 2019 Lucy Hobbs Taylor Award recipient.

Furthermore, Dr. Reidy is recognized as a Diplomate and Fellow of the International Congress of Oral Implantologists and a Fellow of the American College of Dentists. In addition to her role as an educator and researcher in periodontics and implant dentistry, she has represented women in dentistry and served on the board of the American Association of Women Dentists between 2003 through 2014. In 2013 she was president of the organization. Dr. Reidy has long been committed to mentoring women students and advocating the role of women in dentistry, serving in a variety of national roles, such as on the Women's Affairs Advisory Committee of the American Dental Education Association, and as a women's liaison officer.

As the faculty advisor to the student chapter of AAWD at the University of Maryland, Dr. Reidy has mentored women dental students and guided the development of the first national program of student-based donated dental care for women, Smiles for Success, at the university. On the board of directors of the Smiles for Success Foundation since 2004, she has developed the national student chapter program and is currently serving as vice president and the director of student chapter programs of Smiles for Success. She is continuing this effort by running a dental clinic at the University of Maryland, mentoring women dental students to communicate and coordinate dental care with case managers from community centers to help uninsured women in the community of Baltimore and Prince Georges County, Maryland, who are seeking independence.

AAWD President Dr. Brittany Bergeron states, "I am honored to present Dr. Reidy with this award. She has been mentoring students and women in our organization for years, and I cannot think of a more deserving candidate."

The Lucy Hobbs Taylor Award is the highest honor given by the AAWD. The organization presents this award to a member who exemplifies a true professional with accomplishment in one or more areas of dentistry, organized dentistry, academia, government, anthropology, archeology, philanthropy and consulting. Plan to celebrate with Dr. Reidy during the AAWD 98th Annual Conference, September 26-29, in Phoenix, Arizona.

FEATURED MEMBER BENEFIT



Dental Advocacy Group was formed to help independent dental practices achieve better profitability. We accomplish this through our proprietary network, PFS Dental Network. Our dentists are paid, on average, 20 percent more than standard market fees offered by the insurance companies. To find out if you are eligible for participation, please [click here](#).



Let's Talk Teeth with Parents

Written by Cissy K. Furusho, DDS



According to the National Retail Federation, Americans spent \$20.7 billion on Valentine's Day gifts in 2019. Of that total, \$1.8 billion will be spent on candy. Last Halloween, Americans spent \$2.6 billion on candy. No doubt, we love candy! With all that candy floating around, talking to our patients about hygiene is a top priority. February was National Children's Dental Health. Let's establish a dental health year and continue the conversation!

One of the best parts of being a pediatric dentist is I get to talk to kids all day long. During the month of February, we visited many schools in our area, and I enjoyed speaking to students about good oral hygiene and diet. But the real education starts with the parents!

From a pediatric dentist, here are the top 10 things for you to talk to parents about concerning how to maintain good oral health for their kids, from before birth to teenagers! Share this with your pediatricians, too!

So, let's start at the beginning . . .

10. **If a patient is trying to conceive or is pregnant, good oral care is important to overall body health.** If you are nervous caring for a pregnant woman, educate yourself on what is safe. The ADA and the American College of Obstetrics and Gynecology are great resources.
9. **Wipe down the gums after breast/bottle feeding, even before the teeth erupt.** Start brushing with a soft infant toothbrush as soon as you see the first tooth!
8. **Once infants are eating table food/baby food, brush their teeth after every meal.** We recommend keeping several toothbrushes around the house, including at the kitchen sink. A great place to brush the kiddos' teeth is in the highchair after meals. It is even more important to remove all the plaque after eating table food if they are still using a bottle or breastfeeding.
7. **Yes, the first dental visit is at 1 year old!** This visit is not all about the toddler. It's about educating the parents!
6. **Water! Water! Water!** A little juice with water is still juice. If your child is playing sports, stay away from sport drinks, or at least drink water after. Many energy drinks are filled with tons of sugar; 20 ounces of a very popular sport drink has 8 teaspoons of sugar.

5. **Once all 20 baby teeth have erupted, it may be time to floss.** Spaces between baby molars can close as early as 3 years old.
4. **No! Your 2-year-olds cannot brush their teeth by themselves!** No matter how smart your children are, parents should continue to monitor and assist with brushing until 7 or 8 years old, depending on the maturity level of the child.
3. **Harder is not better!** Always use a soft bristle toothbrush and do not press hard. If the bristles on your toothbrush are smashed, then you are brushing too hard.
2. **There's an app for that!** Find a brushing app or YouTube to help encourage kids to brush. If brushing in front of the 52" TV in the living room is easier, then do it!
1. **Who has time to brush and floss?** Teenagers stay up late and sleep late. Here are some ideas to help. Brush and floss in the shower. Floss while waiting for Fortnite to load. Set an alarm on their phone to brush every night at a specific time. Regardless of what they are doing, they should stop and brush.

The list could go on and on and on. If you have a great tip that you'd love to share, please post it on the AAWD Facebook page!



Dr. Cissy Furusho is a pediatric dentist in private practice on the North Side of Chicago. She is a past-president of the AAWD (2005) and has been a member since 1996.

AAWD Member News (continued)

Bridging the Mentorship Gap

Written by Solange Johnson, DDS

The 2019 President Elect of the American Association of Women Dentists, Dr. Daphne Ferguson-Young, has mentored me for the past three years. Dr. Young was there through my student leadership, as vice president of the Meharry AAWD student chapter; through my clinical experiences in dental school; and now, as I start the Meharry General Practice Residency Program, of which she is director. Her mentorship has even extended into my personal life. She helped me cope with the tragic loss of my grandfather and the overwhelming stress of the last year of dental school, and she introduced me to the Jamaica Awareness Association of California (JAAC), with which we have served the underserved together.

Every year Dr. Young takes a group of Meharry School of Dentistry students and alumni to partner with the JAAC in its mission to serve the underprivileged communities in Jamaica. This summer I was able to travel with Dr. Young to Jamaica for the second year in a row. Last year I served as a student, and this year I was privileged to serve as an attending. In my duties as an attending, I took what I learned from my first-year experiences and mentored the dental students in my team. I also worked with two young ladies: a pre-dental student from Tennessee State University and a high school student, who ultimately decided to pursue a career in the dentistry after serving with us.

While serving with the JAAC, my husband and I decided to donate an educational scholarship to a child in Jamaica. Every year the JAAC selects outstanding primary school students and provides them with five-year scholarships to assist the children and their families with covering school-related expenses during high school. One day during this year's mission, we chose to travel with the educational team during the interview process for potential scholarship candidates. Kaidranae Dallas, 11, stood out among the candidates. Her application essay began with a song about education to "capture the reader's attention," which she sang to us during the interview. Kaidranae has been at the top of her class throughout primary school, held positions of increased responsibility, like Head Girl and Prefect, and has far exceeded the class average of her student body. She aspires to be a pediatrician, and after meeting me and hearing about Meharry, says she wants to attend Meharry's School of Medicine one day. Since the trip, Kaidranae and I have kept in touch weekly, and I hope to encourage and mentor her throughout her education.

As a member of both the AAWD and the JAAC, I have been given the opportunity to mentor many young women, as I have been mentored myself. Mentors are instrumental in helping to foster the goals and dreams of their mentees. They coach, support, motivate, and challenge their mentees. As successful professional women, we have the opportunity to mentor other women to pursue their dreams. In doing so, we can promote positive outcomes. Mentors, I challenge you to continue to mentor new women. Also, follow up with previous mentees, even after the mentorship relationship has run its course. Mentees, I challenge you to give back to the profession and or organization in which you have been mentored and offer to mentor others. Let's bridge the mentorship gap!



From left, Meharry's Dr. Kimberley Perkins-Davis, AAWD President Elect Dr. Daphne Ferguson-Young, and AAWD Past President (2006) Dr. Sandra Harris participate in Dr. Solange Johnson's hooding ceremony during her 2019 commencement at Meharry Medical College.



Left: Dr. Solange Johnson meets with her mentee, Kaidranae Dallas, 11, whom she met while serving with the Jamaica Awareness Association of California this summer. Dr. Johnson donated a scholarship for Dallas to cover her expenses to complete high school.



Right: Dr. Johnson (left) and Meharry School of Dentistry fourth-year student Ryanna Robinson (2020) perform dental exams during their recent mission trip to Jamaica with the Jamaica Awareness Association of California.

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2019 AAWD Annual Conference An Oasis of Collaboration

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New Session Added, Spaces Filling Up Quickly for Annual Conference

AAWD's 98th Conference is growing even more exciting, with each added event. A new session, Women in Leadership: The Unique Dynamic of Women in Dentistry, has been added to the schedule. Led by Amy Kinnamon, RDS, MS, this two-hour session constitutes parts 3 and 4 of the PULSE Leadership Certification Program.



Amy Kinnamon will lead "Women in Leadership: The Unique Dynamic of Women in Dentistry," from 10 a.m. to noon, Sunday, September 29, during the AAWD Annual Conference.

Women have certain innate strengths that make them highly effective in their approach to healthcare. Women in leadership roles tend to come from a more interactive, cooperative mindset that creates a stronger spirit of teamwork. Strengths, such as but not limited to creativity, communication, and collaboration, contribute to the ability to engage highly effective team cultures, as well as patient experiences. Women in leadership roles sometimes tend to conform to the male leadership model, sacrificing their own strengths and personal power. Identifying unique strengths and understanding what women bring to the table as leaders will be the focus of this course.

See page 23 for more information about the People Using Leadership Skills Every day, or PULSE, Leadership Certification Program.



Have you reserved your spot for the AAWD Supper Club: A Phoenix Fiesta? Tickets are almost sold out!

Go to the AAWD website and register now to secure your spot in Phoenix!

For information on the 2019 Conference and to register, please go to <https://www.aawd.org/2019-aawd-conference/>.

AAWD Member News (continued)

Mentoring Students at the State University of New York at Stony Brook

Written by Sharon Pollick, DMD

It was February in Albany, and I had been here before; it was like déjà vu. Dentists from all over the Empire State were presenting for the same reason, to support the rights of patients and to support our profession. The familiarity was uncanny, flanked by dental students learning the process and making this experience memorable, we've all done this before. Imparting our knowledge to students is a great way to pass the baton. Teach them how to recognize what's important and how to approach the situation. Practicing a little "tell, show, do," dental students are naturals; they've been paying attention and know the issues. They have good critical thinking skills. One of them, a student at SUNY Stony Brook, asked me and my endodontic colleague, Dr. Maria Maranga, "Dr. Pollick, can you sit as speakers, experts, for a 'roundtable discussion' on Women as Specialists?" Their class wanted our perspectives as women dentists; I felt honored. The evening went very well.

Until just recently, women were underrepresented in dental school applications, and although we've surpassed our male counterparts, we still lag behind in acceptance into universities. According to American Association of Oral and Maxillofacial Surgeons (AAOMS) and American Association of Endodontists (AAE), there are significantly fewer females in specialty training programs, like oral and maxillofacial surgery and endodontics. Women comprise 8 percent of AAOMS membership and 15 percent of the residency spots. AAE membership is 26 percent female, while 40 percent are female resident members. This is certainly a good reason for women in dentistry to support other women within our specialty sections.

Giving back in my teaching roles and as a mentor has always

been important to me. I've worked with students in a traditional teacher-student interaction, but I've always wanted to create an event for mentees, to support their goals and create enthusiasm to make it desirable for them to be involved. Lending a warm hand; who wouldn't want that?

My grandmother was the same, and she passed on those same values to me. As an immigrant from Ireland, she didn't always have it easy, losing her mother at age 7 and being sent to another household to act as a nanny. When she got a little older, she had the good fortune and opportunity to move to the United States and eventually attend Temple University in Philadelphia and received a degree in bookkeeping during the 1930s. At the time, women were to be home supporting their spouses or families, during the war. Her aunt was her role model, a stout strong domineering woman, who guided my grandmother into her career. My Nana didn't realize that these skills would be necessary later in her life. As my role model, I realize she used her grit and talent to get a job years later, as a parent, after she lost her own husband. During this time, public assistance wasn't available. She became the head of the household; it meant she had to be the earner to support her and her two teen daughters. Her story, her life, she motivated and fascinated me, and she always taught me to be a kind person and to help others.

My original motivation to write this started with me "thinking like a girl," and realized I wanted to include my female dental friends with me. Each new day, challenges and endeavors start with awakening the mind body and spirit. How do we express this emotional display throughout the day? With a smile! This was my vision for the "Clean Face of Dentistry," for the dental students and residents, to host an event with local women dentists.



Dr. Sharon Pollick (far left) helped organize the Clean Face of Dentistry for SUNY Stony Brook dental students and local women dentists. The event was recently held at Clinique of Macy's, Smit Haven Mall, Lake Grove, New York. Pictured with dental students and the Clinique staff are AAWD member and Stony Brook faculty Dr. Sharon Pollick and AAWD Director of Academic Affairs Dr. Maranga (standing, fourth from right).



SUNY Stony Brook School of Dental Medicine held a "Women in Dental Specialties" roundtable discussion recently. Pictured are AAWD Director of Academic Affairs Dr. Maria Maranga (front row, second from left) and AAWD member and Stony Brook faculty Dr. Sharon Pollick (center).

Every Day Is Ladies Day at AAWD



Above: Drs. Renee Joskow, Brittany Bergeron, Isabel Rambob and Mary Beth Reidy, got together for an AAWD Paint Night at Muse Paintbar in Owings Mills, Maryland. They painted an ocean scene called "Serenity" and are looking forward to their next get together.



Above: Dr. Mary Martin, 2019-20 Smiles for Success president and AAWD past president (1995, 2016), presents Kaylee Speer, with the Mary Martin Scholarship from the Oklahoma Association of Women Dentists.

Below: AAWD Past President Dr. Martin and Dr. Winifred Booker, president of the Society of the American Indian Dentists, take a photo together at the University of Oklahoma College of Dentistry. The carrot Dr. Martin is holding is part of the "Dental Care in a Carrot" set manufactured by Dr. Booker's company Brushtime Enterprises Inc.



Above: Past and present Massachusetts Dental Society presidents at the Massachusetts Dental Society House of Delegates meeting. From left, are Drs. Andrea Richman, 2007-08 president; AAWD member Janis Moriarty, 2019-20 president; MaryJane Hanlon, 2019-20 president-elect; Meredith A. Bailey, 2019-20 vice president; and Paula K. Friedman, 2012-13 president. Two female presidents of MDS flank the newly elected president and the next two presidents, for a historic three female presidents in a row.

AAWD Member Befriends Dentist from Yemen

Written by Karessa Kuntz, DDS

As a Midwestern mother of two with a solo practice, a typical day for me begins as follows. I am awakened by my daughter, who is flinging her arm in my face before my alarm rings. Shortly after, I receive a text from my assistant stating that she is sick. The day has been over-filled with an emergency squeezed in. All of this is, of course, after a night of both kids not sleeping well. (You know those days). As my sister says, "It's a day to pull up the big girl pants."

After meeting Zia, I realize those days are a gift. When I put my little ones to bed (hoping they stay there until morning), I often check out dental blogs, and through one, I met Zia. (I am calling her Zia for her protection.)

We have been chatting online for about a year now. She's a dentist in Yemen. Yemen is one of the poorest countries in the world and has been at war since 2015. Hearing her story and the hurdles she faces is eye opening. I thought I'd share some of her story through this mini interview.

How has the war affected you?

War in Yemen is horrible. Since I work in a public dental clinic, I used to have salary of \$100 dollars per month. Now there is no salary. I feel depressed from time to time because of the lack of money and the right dental job, but I still have hope about the situation, that it will not last.

I started writing poetry to distract myself from the horrors of war and the dilemmas at work and in my life. I also write daily journals. I plan to write short stories and publish them. I am still looking for a scholarship to study dentistry abroad. I am even looking for an additional job; however, during war, it is really hard to find, because most dentists in private practice have sold their clinics and left Yemen. This enabled them to work in another country, away from this terrifying position and the unbearable taxes that the Houthis ask for in order to collect money from people who have private jobs. It is a desperate situation, but again, I am not going to give up or stop.

Why did you become a dentist?

I wanted to become a dentist to relieve patients' pain and suffering.

What events were the greatest help for you to complete your education in dentistry?

The greatest help was praying to God and my mother, who was my greatest advocate, despite the opposition from the rest of my family.

What were the biggest hurdles for you in completing your education and becoming a dentist?

The biggest hurdle in the completion of my education was the fear that my father would not pay for my education, but he had to since the court ordered him.

What is it like to be a female dentist in Yemen?

Being a female dentist in a strict community like Yemen is a tremendous obstacle. Here our families and culture side with men in education, work, and even in marriage. Men are considered superior to women, and they control everything. Girls now only finish their high school education, and the ones who live in rural areas do not go beyond primary education. Very few go to university or continue their education until graduation. I thank God who helped me in finishing my education, despite the opposition from my oldest brother. The biggest dilemma that I face as a female dentist is gender discrimination. It is still occurring in the work place. My manager always listens to the suggestions of male dentists. Also, I feel disrespected by male patients, who look down on working women. I know my society's stereotype is wrong and backward; however, to be honest, good education can be empowering to women.

Zia has hope when all around her is falling apart. I am in awe of her strength and courage. I hope hearing some of her story provides you with strength and courage, too.



At left is war-torn Yemen, where Zia resides and practices dentistry. Click here to follow Zia's story:

<https://www.worldpulse.com/community/users/wala>.

Dr. Kuntz received her DDS from the University of Michigan. She owned her own practice, Smile Beautiful Dentistry, in Monroeville, Pennsylvania, until recently moving to Boston.



Student Chapter News: Awards

University of New England's Yalda Rostamnezhad Named AAWD 2019 Student of The Year

Yalda Rostamnezhad, a fourth-year student at the University of New England College of Dental Medicine, in Portland, Maine, is named AAWD 2019 Student of the Year. Originally from Westwood, Massachusetts, Rostamnezhad attended Westwood High School. Afterward, she attended the Massachusetts College of Pharmacy and Health Sciences, where she received her bachelor's degree in biology with a minor in public health.



UNE's Yalda Rostamnezhad is the AAWD 2019 Student of the Year.

According to her nominator, AAWD chapter faculty advisor Dr. Michelle W. Tsao, assistant clinical professor, Rostamnezhad was nominated for her "unwavering dedication to her AAWD student chapter." The nomination states that Rostamnezhad has been a member of the UNE AAWD chapter since 2016, when she entered dental school, and has been a pivotal player in the successes and achievements of the chapter. Tsao continues, "From the beginning, she has supported the chapter to flourish into what it is now through her community service efforts, spearheading of chapter events, and recruitment of new members." Rostamnezhad helped lead and organize all of her chapter's events and played a pivotal role in increasing membership numbers this year by more than 40.

Rostamnezhad states, "Receiving this award is a tremendous honor for me, as AAWD has been a substantial part of my dental school experience."

AAWD President Dr. Brittany Bergeron states, "When I first met Yalda, I knew immediately she was different from other dental students I had encountered. She is a radiant star in our industry, and I'm delighted to be able to present her with this award!"

University of Florida College of Dentistry Named AAWD 2019 Chapter of the Year

The AAWD Chapter at the UF College of Dentistry is the 2019 Chapter of the Year. One of the most active organizations in the College of Dentistry, the AAWD chapter hosted more than 30 community service and social events last school year. The chapter recruited alumni and successful women in dentistry to speak and inspire their members to reach their full potential, as well as serve as mentors. They also instituted tutors and big/little mentors to help with transitions year to year in dental school. Additionally, the chapter hosted multiple residency panels of women dentists and residents, who will be or are currently pursuing a career in a specialty field. The panels helped to promote the advancement in education of women dentists ranging from periodontics, orthodontics, prosthodontics, oral and maxillofacial surgery, and pediatrics.

The UF AAWD Student Chapter supports several volunteer organizations throughout the Gainesville, Florida, community. For Girl Scout Patch Day, local scouts were invited to their campus for a program to teach them about oral hygiene and healthy diets to earn their dental patch. Members also participated in the Guest Chef Fundraiser for Peaceful Paths, a local shelter for victims of domestic violence. At the Gainesville Rabbit Rescue, students provided care for rescued and abandoned animals. A joint service project at the Alachua County Humane Society was undertaken with Smiley Gators, UFCD's pre-doctoral student organization for pediatric dentistry. The UFCD Super Sealant Saturday harnessed the efforts of the entire student body, as well as faculty volunteers. AAWD also hosted a women's oral health booth to educate and support mothers about oral health for their children. Through community service programs, the UF AAWD was able to provide opportunities for all of its members.

Other events the chapter hosted included socials, painting parties, a "Friends-giving" Dinner, pottery parties, and a "GALentine's" social, which brought members together to share unique experiences. Their chapter also placed an emphasis on improving the mental and physical health of their members through events and socials, such as Yoga in the Park, Friday Pamper Night, Pool Social, and Finals Week Sheet Masks.

Faculty advisor Dr. Susan Nimmo states, "I am inspired by these dedicated young women, who are not only passionate about dentistry but also support each other through the trials of dental education."



AAWD 2019 Chapter of the Year: University of Florida College of Dentistry. From left are Jessica Brewer, president; Courtney Fridella, vice-president; Dr. Susan Nimmo, faculty advisor; Katharina Buckley, treasurer; and Lauren Arguelles, past president and 2018 AAWD national student representative.

Student Chapter News: Awards (continued)

AAWD 2019 Bushee Award Winners Announced

The Eleanor J. Bushee Senior Dental Student Awards celebrate graduating women dental students who exemplify qualities of high achievement, strength of character, ingenuity and enthusiasm in the dental profession. This year AAWD presented 47 deserving students with Bushee Awards, which include a one-year complimentary membership in AAWD.



Hilary Allen
Kalimah Anderson
Blaire Arnold
Mariah Aron
Kimberly Baumgardner
Amanda Beck-Slumka
Samantha Ben-Ezra
Nicole Buzzi
Jennifer Ashley Caughey
Julia Collazo
Madison Day
Nancy B. Epstein
Wendy Fang
Lisa Fredrickson
Madeleine M. Gamble
Mina Ghorbanifarajzadeh
Uzma Hajiyani
Niki Haj Hariri
Jennybeth Hendrick
Tessa Eleanore Holmes
Chelsea Alexandra Hope
Diana Huynh
Samantha Nicole Lee
Keni Leonce
Ava Kathryn Miller
Audrey Elizabeth Morrison
Katie Oates
Elizabeth A. Patrick
Amanda Phan
Nhung Christy Phan
Linda K. Powers
Mary Alexandra Ricker
Lindsey Roberts
Angelyn Rosenberger
JaTerra Ross
Zuleima Santiago
Rana L. Shammass
Erin Standish
Surabhi Swarup
Hailey Taylor
Iriff Keisha Ulep
Pamela Vainer
Molly Wagenknecht
Kelsey L. Wittorf
Jennifer Matika Wood
Lauren Ziegler

The Ohio State University College of Dentistry
Meharry Medical College School of Dentistry
University of Kentucky College of Dentistry
UCLA School of Dentistry
Case Western Reserve University School of Dental Medicine
University of Michigan School of Dentistry
Rutgers School of Dental Medicine
Boston University Henry M. Goldman School of Dental Medicine
The University of Pennsylvania School of Dental Medicine
Nova Southeastern University, College of Dental Medicine
University of Utah School of Dentistry
Tufts University School of Dental Medicine
Stony Brook School of Dental Medicine
University of Connecticut School of Dental Medicine
University of Minnesota School of Dentistry
University of Florida College of Dentistry
Oklahoma University College of Dentistry
New York University College of Dentistry
University of Mississippi School of Dentistry
Marquette University School of Dentistry
UT Health San Antonio School of Dentistry
University of Tennessee Health Science Center: College of Dentistry
University of the Pacific, Arthur A. Dugoni School of Dentistry
Howard University
Arizona School of Dentistry and Oral Health
Texas A&M College of Dentistry
Western University of Health Sciences
University at Buffalo School of Dental Medicine
University of Iowa College of Dentistry and Dental Clinics
University of Nevada Las Vegas School of Dental Medicine
University of Maryland school of Dentistry
Indiana University School of Dentistry
University of Alabama School of Dentistry
University of Missouri Kansas City School of Dentistry
Southern Illinois University School of Dental Medicine
University of Puerto Rico School of Dental Medicine
The University of Texas School of Dentistry at Houston
University of Louisville School of Dentistry
Virginia Commonwealth University School of Dentistry
University of California, San Francisco School of Dentistry
Herman Ostrow School of Dentistry of USC
Columbia University College of Dental Medicine
Missouri School of Dentistry and Oral Health
Creighton University School of Dentistry
Virginia Commonwealth University School of Dentistry
James B. Edwards College of Dental Medicine, Medical University of South Carolina



Student Chapter News (continued)

University of Florida College of Dentistry

Lilian Fundora Pelayo (2022), Class Secretary



The University of Florida College of Dentistry AAWD chapter has been working hard to support and recognize the hard work of all its members! Our AAWD graduating seniors of the Class of 2019 were recognized in our Senior Send-Off Party, in which their efforts were acknowledged by all members, as well as our faculty advisor Dr. Susan Nimmo. This event provided a formal setting for all AAWD seniors to be celebrated; they all received a shirt with their names engraved as Doctor of Dental Medicine. Likewise, it was an important event for continued mentorship and networking among members while refreshments were provided.

Left: Graduating seniors from University of Florida College of Dentistry's AAWD chapter are recognized in a special Senior Send-Off Party.

Starting the summer semester, UF AAWD offered a pottery painting workshop to all its members. This event was very successful among our members because it encouraged networking and creativity, while relieving stress from school work. This event offered a space for our members to paint and design their own pieces of art.

As part of the activities organized by UF AAWD this summer, the members had the opportunity to attend a blueberry picking and wine tasting event. This was a great opportunity to enjoy being outdoors in Gainesville, while picking blueberries with friends. As well, this event was a great setting for networking outside of the dental school and for releasing stress.



Students from the AAWD chapter at the University of Florida College of Dentistry enjoy a day bonding over blueberry picking in Gainesville.

Student Chapter News (continued)

Boston University Henry M. Goldman School of Dental Medicine Hosts Spring Events

Laura Callan (2020), Secretary (2019-20) and Past President (2018-19)

The Boston University chapter of AAWD participated in a Global Days of Service event on April 11, 2019. We partnered with Dress for Success, which aims for change through empowering women to obtain safer and better futures through self-sufficiency. Dress for Success provides clients with professional attire to secure employment and offers programs that help inspire personal and professional confidence. Partnering with the BU Women's Leadership Council, BU AAWD volunteered at the biannual closet sale. We volunteered to help sort donations, stock sale racks, help with clothing selection and greet guests at the door. This opportunity was enriching—to see the programs in place to help the advancement of women in the work force and also to connect with our community. It was a fun and interactive way to give back.

Boston University AAWD also hosted its 10th Annual Tri-School AAWD Brunch on April 7, 2019. Together, Massachusetts Dental Society President Dr. Janis Moriarty, faculty advisor; AAWD Editor Dr. Kady Rawal; GSDM Dean of Students Dr. Joseph Calabrese; faculty and staff from BU, Tufts, and Harvard; undergraduates from Boston University, University of Massachusetts Boston; and dental students from BU, Tufts, and Harvard celebrated “Phenomenal Women,” while engaging in a lively panel discussion. The panel for discussion was comprised of recent graduates in different residency or general practice careers. Oral Surgery was represented by second-year oral surgery resident Dr. Rola Rabah, endodontics and GRP residency was represented by Dr. Tamanna Gandhi, and periodontics and education was represented by AAWD member Dr. Lea El-Hachem. This tri-school event was a great opportunity to network and connect with other AAWD members in the area.



Far left: Incoming BU AAWD president and national student representative Haley Harris (2020) is pictured with outgoing president Laura Callan (2020), who will serve as secretary for 2019-20.

Left: Pictured at the brunch of the executive board of BU AAWD are (from left) Dr. Kady Rawal, Marisa Borchardt (2020), Kerin Gustafson (2020), Haley Harris (2020), Laura Callan (2020), Vidhi Patel (2020), and Cassandra Pierre-Jerome (2021).



Left: Pictured are (second row, from far left) Dr. Suppatriya Chutinan (Tufts AAWD Faculty Advisor); National Student Representative Haley Harris; (first row, from left) AAWD Board Editor Dr. Kady Rawal; AAWD's Dr. Janis Moriarty; AAWD's Dr. Lea El Hashem (BU perio and faculty); with many other students and faculty members of the AAWD student chapters of New England dental schools.

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Announcement

AAWD Partners with Crest/Oral B to Offer Leadership Certification Program

AAWD began offering members a 10-course P.U.L.S.E. Leadership Certification Program with its first successful webinar held July 30. The program is being provided to AAWD members by Proctor & Gamble's Crest and Oral B. This 10-hour series explores the "Everyday Leader" and what it means to find personal and professional success. Please join us for 10 hours of in-depth learning to be and create everyday leaders. Look for an email soon containing information needed to register for the next session, "You Are the Leader: A History," which is scheduled for August 27.



P.U.L.S.E. Leadership Certification

Today it is critical to look at leadership in a way that transcends the personality tests and descriptive definitions. Having a grasp of personality and strengths as we understand ourselves as leaders is important, but is that all there is to creating a team that is submersed in the leadership principles of collaboration? NO. Leadership is a multifaceted, dynamic, everchanging phenomenon that comes from our culture, background, belief systems, geographic location, and even generation. With 5 generations in the workforce, more than 50 percent of graduating dental students being women, and an increasingly diverse population; the definition of leadership must evolve to meet the current status of the workplace. The journey to leadership that meets the requirements of today begins with an inward look at self. Once we define our leadership journey and where it comes from, only then can we apply it to the world in which we work and collaborate with co-workers in a meaningful and productive environment.

This 10-hour series explores the "Everyday Leader" and what it means to find personal and professional success. Please join us for 10 hours of in-depth learning to be and create everyday leaders.

- There's No Traffic on the Extra Mile: Exploring leadership and relating it to your organization
- You the Leader: A history, present, and future
 - The multifaceted dynamic of leadership and your personal journey
- Your Unique Brand of Leadership: What you bring to the table
- Leveraging the power of you: Getting the most out of your personal dynamic and the personal dynamic of your team
- Building a Team of Everyday Leaders
- Women in Leadership: A unique dynamic (Part I)
- Women in Leadership: The Positive of "No" (Part II)
- Leadership Metaphors: A Guide for the Journey Forward

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There's No Traffic on
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August 27, 2019
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You the Leader:
A History

September 29, 2019
10 A.M.-Noon MST
Live at Annual Meeting
Women in Leadership

October 29, 2019
8 P.M. EDT
Your Unique Brand of
Leadership

February 4, 2020
8 P.M. EDT
Women in Leadership
(Part I)

March 3, 2020
8 P.M. EST
Women in Leadership
(Part II)

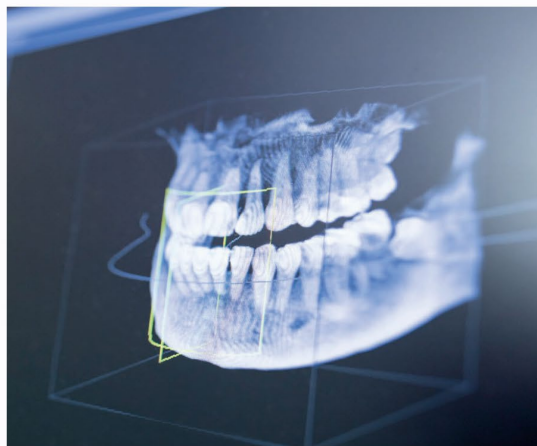
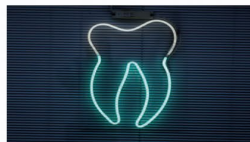
April 7, 2020
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YOU

May 5, 2020
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Everyday Leaders

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AAWD Welcomes Its Newest Members

WEST

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Eugenia Roberts	Glendale, AZ	Faculty	Alexandria Aitken	Denver, CO	Student
Audrey Imperial	Surprise, AZ	Student	Simone Favor	Denver, CO	Student
Anchita Venkatesh	Fremont, CA	Post Graduate	Meghan Gahm	Greenwood Village, CO	Student
Lynne Thomas	San Diego, CA	Active	Caitlyn Menicucci	Reno, NV	Post Graduate
Margeaux Black	Aurora, CO	Student	Jessica Jackson	Eugene, OR	Active
Jaclynn Spencer	Brighton, CO	Active	Sandrine Couldwell	Salt Lake City, UT	Post Graduate
Katharine Sumerfield	Broomfield, CO	Student			

SOUTHWEST

Alexandria Schreiner	Hasting, NE	Faculty	Vicky Hua	San Antonio, TX	Student
Cassi McCarthy	Omaha, NE	Post Graduate	Erin Kauffman	San Antonio, TX	Student
Katrina Leslie-Puhuyaoma	Farmington, NM	Active	Andrea Le	San Antonio, TX	Student
Joy Beckerley	Edmond, OK	Retired	Claudia Lehker	San Antonio, TX	Student
Samantha Collins	Oklahoma City, OK	Faculty	An Ly	San Antonio, TX	Student
Angela Whipple	Oklahoma City, OK	Student	Connor Marshall	San Antonio, TX	Student
Pratyusha Malireddy	Austin, TX	Student	Trish Mendiola	San Antonio, TX	Student
Monica Montgomery	Fredericksburg, TX	Student	Shahla Mousavi	San Antonio, TX	Student
Kelsea Kellumen	Houston, TX	Student	Gala Myers	San Antonio, TX	Student
Kim Turnbow	New Braunfels, TX	Active	Grace Okotie-Eboh	San Antonio, TX	Student
Kelli Creel	Sabine Pass, TX	Student	Tina Pham	San Antonio, TX	Student
Christina Adame	San Antonio, TX	Student	Celia Rathmell	San Antonio, TX	Student
Caroline Brown	San Antonio, TX	Student	Medya Roshanrou	San Antonio, TX	Student
Katherine Bynum	San Antonio, TX	Student	Mariyam Shah	San Antonio, TX	Student
Sabrina Chavez	San Antonio, TX	Student	Kara Tapangan	San Antonio, TX	Student
Alaa Asim Diab	San Antonio, TX	Student	Cassidy Taylor	San Antonio, TX	Student
Victoria Diggs	San Antonio, TX	Student	Stephanie Anh Nhung Tran	San Antonio, TX	Student
Nojood Elbaage	San Antonio, TX	Student	Meredith Turbeville	San Antonio, TX	Student
Joelle Foster	San Antonio, TX	Student	Cynthia Uzoukwu	San Antonio, TX	Student
Monica Gerges	San Antonio, TX	Student	Lynn Xie	San Antonio, TX	Student
Nivia Grajeda	San Antonio, TX	Student	Kristi Morris	Sugar Land, TX	Student
Madeline Hart	San Antonio, TX	Student	Sonia Chong	Socorro, TX	Student
Kara Hegwood	San Antonio, TX	Student	Hannah Reed	Whitehouse, TX	Student

MIDWEST

Kacie Jo Dillow	Coralville, IA	Student	Megan Coffroth	Leawood, KS	Post Graduate
Stacey Vanscoyoc	Bloomington, IL	Active	Jannah Cummings	Bloomfield Hills, MI	Student
Jennifer Milhalopulos	Carbondale IL	Active	Nona Aryan	Detroit, MI	Student
Aalieyah Billings	Chicago, IL	Student	Jasvir Ajimal	Grand Blanc, MI	Student
Solmaz Forutan	Chicago, IL	Student	Lorraine Hanna	Kalamazoo, MI	Active
Mary Hayes	Chicago, IL	Retired	Farinaz Sepahifar	Royal Oak, MI	Student
Christine L. Culp	Glenview, IL	Active	Madeleine Gamble	Minneapolis, MN	Post Graduate
Emma Anderson	Avon, IN	Student	Angelyn Rosenberger	Florissant, MO	Student
Erica Chhokar	Dyer, IN	Student	Ayanna Williams	Cleveland Heights, OH	Student
Amanda Crummett	Indianapolis, IN	Student	Caroline Miller	Shawano, WI	Post Graduate
Stephanie Kawak	Indianapolis, IN	Student			

SOUTHEAST

Jasmine Mack	Linden, AL	Student	Daria Diaby	Charlotte, NC	Post Graduate
Niariah Fields	Davie, FL	Student	Julia Khatibzadeh	Durham, NC	Student
Jacqueline Fetner	Jacksonville, FL	Post Graduate	Bria Greene	Greensboro, NC	Student
Shavne Rhoden	Jacksonville, FL	Student	Solange Johnson	Clarksville, TN	Post Graduate
Erika Ware	Pensacola, FL	Student	Awbrey Landon	Clarksville, TN	Faculty
Christine Elliott	Riverview, FL	Affiliate	Brittney Levsey	Clarksville, TN	Active
Minal Sampat	Sarasota, FL	Active	Dominique Oliver	Hendersonville, TN	Student
Jennette Obryhim	Grovetown, GA	Federal	Sabrina Porcher-Fennell	Hendersonville, TN	Active
Tonique Reynolds-Morgan	Lawrenceville, GA	Active	Kelsey Knight Cody	Knoxville, TN	Active
Patricia Homer	Stockbridge, GA	Active	Joyce Barbour	Mt. Juliet, TN	Faculty
Sarah Chhadh	Lexington, KY	Student	Joanne Gaydos	Murfreesboro, TN	Active
Sandra Onekhen	Lexington, KY	Student	Madison Bowler	Nashville, TN	Student
Varsha Patel	Lexington, KY	Student	Tiffanie Brown	Nashville, TN	Student
Danielle Pickinpaugh	Lexington, KY	Student	Essence Campbell	Nashville, TN	Student
Priyanka Shrestha	Lexington, KY	Student	Jasmine Clyde	Nashville, TN	Student
Allison Stump	Lexington, KY	Student	Alexandria Cobb	Nashville, TN	Student
Hannah Voelker	Lexington, KY	Student	Medgine Etienne	Nashville, TN	Student
Allison Wright	Lexington, KY	Faculty	Aundrea S. Goodman	Nashville, TN	Student
Emily Brown	Louisville, KY	Active	Wafa Hamid	Nashville, TN	Student
Barbara Theiss	Versailles, KY	Faculty	Amber Mark	Nashville, TN	Student
Rhonda Pruitt	Ruston, LLA	Active	Lexis K. Phillips	Nashville, TN	Student
Jennybeth Hendrick	Corinth, MS	Active	Martiyha Simmons	Nashville, TN	Student
Caroline Mikaloff	Chapel Hill, NC	Federal			

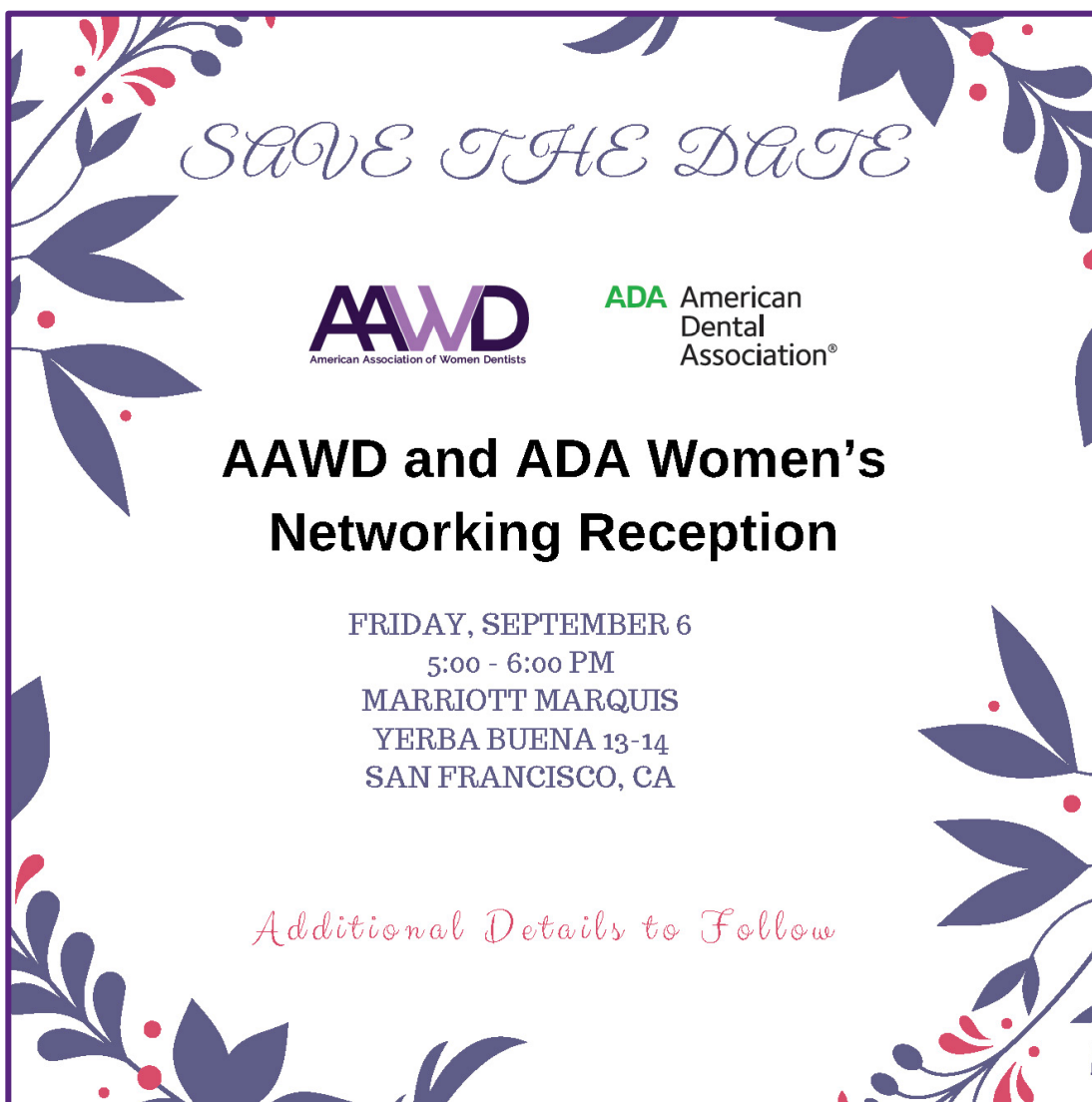
AAWD Newest Members (continued)

NORTHEAST


Nnyeko Griffiths	Washington, DC	Student	Ashley Armao	Cliffwood Beach, NJ	Student
Yemisi Thomas	Washington, DC	Student	Rachel Rachuba	Somers Point, NJ	Federal
Karessa Kuntz	Belmont, MA	Active	Divya Thakor	Springfield, NJ	Student
Ellen Hoang	Boston, MA	Student	Hima Desai	Verona, NJ	Student
Vasiliki Maseli	Boston, MA	Faculty	Sharon Pollick	Medford, NY	Retired
Mary Chalino	Worcester, MA	Student	Renae Smith	Monroe, NY	Student
Marcia Henson	Baltimore, MD	Active	Jean Furuyama	New York, NY	Retired
Jermelle Dolne	Clinton, MD	Student	Patricia Gonzalez	New York, NY	Active
Kimberley Comeau	Fallston, MD	Post Graduate	Allyson Brennan	Stormville, NY	Post Graduate
Sameera Bhandari	Portland, ME	Student	Ethel Esianor-Mitchual	Mt. Joy, PA	Faculty
Kimberlee Sell	Portland, ME	Student	Arlene Perry-Wright	Dumfries, VA	Active
Rabia Shamim	Portland, ME	Student	Lynne Leggett	North Chesterfield, VA	Affiliate
Kailee Williams	Portland, ME	Post Graduate	Milca Mendoz-Ceballos	Richmond, VA	Student
Michelle Kalil	Windham, NH	Post Graduate			

INTERNATIONAL

Cheryl Cable	Edmonton, Canada	International	Nicole Rivera Torres	Arecibo, Puerto Rico	Student
Nada Albatish	Newmarket Canada	International	Valerie Linera Asemcio	Bayamon, Puerto Rico	Student
Shelby Koschuck	Windson, Canada	Student	Bianca Espinosa Lopez	Caguas, Puerto Rico	Student
Nikolina Milidrag	Windsor, Canada	Student	Coralie Rivera Aponte	Gurabo, Puerto Rico	Student
Jayniz Mendez Feliciano	Aguada, Puerto Rico	Student	Yina Carrion Abreu	San Juan, Puerto Rico	Student
Zuleima Santiagodeltoro	Aguada, Puerto Rico	Student	Luisana Pagan Bolivar	San Juan, Puerto Rico	Student
Diana Villanueva Bula	Arecibo, Puerto Rico	Student	Maria G. Moya Ledesma	San Juan, Puerto Rico	Student
			Alejandra Rieradejesus	San Juan, Puerto Rico	Student



SAVE THE DATE



ADA American
Dental
Association®

**AAWD and ADA Women's
Networking Reception**

FRIDAY, SEPTEMBER 6
5:00 - 6:00 PM
MARRIOTT MARQUIS
YERBA BUENA 13-14
SAN FRANCISCO, CA

Additional Details to Follow

For reception tickets, please visit <https://www.eventbrite.com/e/aawd-and-ada-womens-networking-reception-tickets-66234612509>.



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Are you thinking about becoming a partner of AAWD but haven't made the commitment yet? NOW is the time! Women dentists are the future of dentistry, and AAWD is growing. Join us now and show women dentists your support. Contact AAWD at info@aawd.org for more information, or click [here](#) for information on partnering with us.

Calendar of Events

August 2019

National Breastfeeding Month

August 7

Purple Heart Day

August 26

Women's Equality Day

September 2019

Ovarian Cancer Awareness Month

National Preparedness Month

Dental Infection Control Awareness Month

September 2

Labor Day

September 4-8

American Dental Association and FDI joint meeting
San Francisco

September 25

National Women's Health and Fitness Day

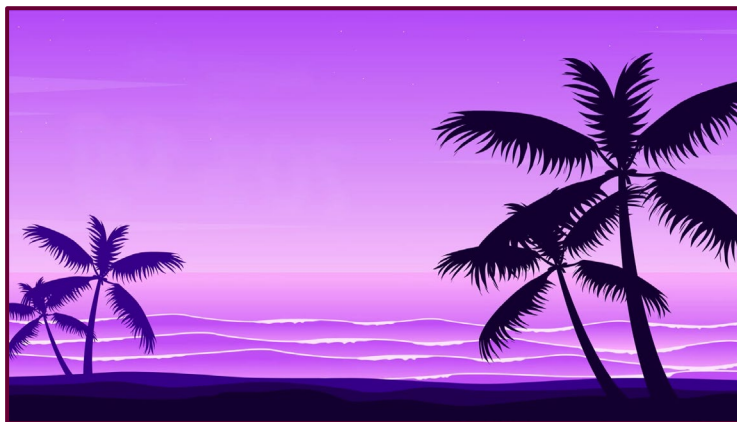
September 26-29

AAWD Annual Conference
Phoenix, Arizona

October 2019

National Breast Cancer Awareness Month

National Dental Hygiene Month



October 3-6

Ohio Dental Association Annual Meeting
Columbus, Ohio

October 10-11

Southwest Dental Conference
Dallas, Texas

October 14

Columbus Day

October 11

International Day of the Girl Child (United Nations)

October 21-25

National Health Education Week

October 31

Halloween

October 30-November 2

American College of Prosthodontists
Miami, Florida

November 2019

November 2-5

American Academy of Periodontology
105th Annual Meeting
Chicago, Illinois

November 18-24

Antibiotic Awareness Week

November 28

Thanksgiving Holiday

November 29-December 4

Greater New York Dental Meeting
New York, New York



It's time to update your Local Chapter information!

Access your new chapter forms by visiting the chapter resources
section of our website at:
<https://aawd.org/local-chapters>